Proposed SGA fee reaches final decision.

Congressman Griffith visits Wise

By William Yearout
Senior Features Writer
wmy2m@gmuwsl.edu

On March 21, UVa-Wise hosted Congressman Morgan Griffith in a town hall style meeting. Griffith answered questions from the audience, took their concerns one-on-one during a reception, and shared what he is doing in Washington to help the people of his district. Griffith, a Republican from Salem, Va., was first elected in 2010 and ousted 28-year incumbent Rick Boucher, a Democrat. He won his second election in 2012, defeating Democratic challenger Anthony Flaccavento.

Griffith's term in the United States Congress has been very along the party line, with the Congressional monitoring website GovTrack calling him a "rank-and-file Republican."

"It wasn't too hard [to get Griffith]," said College Republican President Zachary Canter. "Dr. Stratton handled negotiations with his office, and we just organized this event, got catering and all that setup."

Victor Scott, vice president of the group, said that U.Va-Wise has hosted other political representatives - notably Teny Kilgore, a graduate of the college. He considers this event special, however, because Griffith is such a rising star in the Republican Party. "He doesn't personally come down too often," Canter said, "I feel that one thing that would be nice is if he could come down to this area of Virginia more."

After arriving, Griffith spoke one-on-one to a number of people and groups including The Highland Cavalier. On the topic of voter apathy Griffith said, "I tell you what [students and politicians] need to be paying attention to. I don't know what we can do to get them to, but here's the bottom line. We are $17 trillion in debt."

Cyber-security expert informs campus

By Darrian Pickett
Senior News Writer
dnp6a@uvawise.edu

Everyone can keep themselves safer in the digital world by keeping software updated and keeping eyes peeled for scams, a security blogger and journalist told students, faculty and staff in a lecture this month.

Brian Krebs spoke March 20 in the Leonard Science Center as part of Department of Mathematics and Computer Science's Digital Rebels Speaker Series about the dangers of "underground" hackers. Krebs was a writer for the Washington Post before he started his own blogging site where he reveals the identities of companies who have undergone a security breach in which valuable information has been compromised. According to Krebs, such information can include the email addresses, phone numbers and credit card numbers of that company's customers.

"Part of the reason I like focusing on the underground is that if you want the data points about what's going on in the real world, they are there," he said. "If you dig deep enough, they'll tell you some really surprising things."

Protecting personal information is something that everyone has to learn about at some point, Krebs said. "It starts with awareness," he said. "There are people out there that are going to try to get access to information that has value, and maybe isn't as well protected as it should be. That usually starts with awareness about how to keep your own computer secure. I talk a lot about that on my site."

He said a lot of that has to do with keeping the programs that plug into your browser up to date. "Everyone runs Adobe Flash or Adobe Reader; that stuff gets compromised all the time, and people have to update."

Upcoming

- SGA Officer Elections
  Vote online for SGA officers April 7 - 11 on the student portal.

- Angels In America

  The U.Va-Wise theatre division will premiere "Angels in America" April 11 in the black box theater.

- TJ birthday party

  The Founders Day celebration will take place Apr. 14 at noon in the Crockett Hall Sunken Garden.

Index

news page 2
at colors page 4
opinion page 6
sports page 8
The College Board of Visitors turned down the Student Senate Association’s proposed student fees increase for the Homecoming Concert at a meeting on March 21.

The main issue, the board said, is that they like the idea but do not want to charge the students for it. They invited the SGA to think of other means to procure the funds.

Student Member of the Board and SGA Senator Rachel Person presented the final idea for a free-at-the-door Homecoming concert paid through a $60 raise in student activities fees.

“Well be paid through student fees, so no money can be lost,” Person said, in reference to the B.O.A. concert loss last fall.

Person also brought up the online survey that students completed online. Although there were around 650 students who voted, Person believed this was a good turnout.

“We stick true to that one in four Americans vote,” Person said. “We also held five student forums in which we had around 50 students attend, small but engaging groups.

According to the minutes for the meeting, this raises in-state tuition from $4,862 to $4,862 and out-of-state tuition from $19,100 to $19,664 for the 2014-2015 academic year.

This will be effective July 1, and increased by four percent for in-state, out-of-state, and foreign study students per academic year.

By Megan Gray

Editor-in-Chief
Meggfay@uvawise.edu

The biannual Coffee Night to debut in the newest edition of the campus literary magazine is to occur on April 14 at 6:30 p.m. in the Chapel of All Faiths.

Rita Stins Quillin, an award-winning Appalachian poet and novelist, has previously attended Coffee Night and returns with her new historical novel “Hiding Ezra.”

Several students will be presenting their work that will be published in the Spring 2014 “Jimsion Week: Winners of the Jimson Week/Highland Cavalier Writing Contest.” Those students will also be announced.

It is a cultural credit event, coffee and small snacks will be served.

Megan Gray, Editor-in-Chief

Contact Advertising Manager
Gdcba@uvawise.edu.

Wise County...A GREAT place to Play' n' Stay!

Wise County is...the perfect place for a weekend getaway or a family vacation. You'll discover a really great place to play and stay. Whether you want to spend your time enjoying the outdoors or relaxing indoors, you can have a great time in Wise County.

Visit Wise County at www.VisitWiseCounty.com

Want to write for the Highland Cavalier?

Email us at highlandcavalier@uvawise.edu or stop by our office.

Contact information for Congressman Griffith and his various offices can be found at moigangriffith.house.gov.
Commuters get week of appreciation

By Jason Ferguson
Staff Writer
jcj@uvawise.edu

Student Government Association senior Senator Brett Hall was one of the catalysts behind the introduction of Commuter Appreciation Week at UVa-Wise and he can certainly relate to that terrible feeling of not fitting in.
The academic demands of university life are taxing to any college student. On top of all that stress and frustration is the reality, for some commuters, of feeling left out of the college community because they don't live on campus.
"When I was voted to be SGA Senior Senator, I looked into what other universities around the country did to honor commuter students," Hall said. "Commuter Appreciation Week became one of those ideas that the other Seniors and E-Board rallied around. We tested Commuter Appreciation Week for the first time in the Fall of last year. It went over so well, that we knew it was a must for the spring."

Hall reflected on his first two years at UVa-Wise; socially, they were difficult for him.
"I am a local resident, and for my first three years here, I noticed a definite divide between 'us' and 'them.' It seemed as though the two factions really kept students from getting to know one another on campus," Hall said.
During his sophomore year, he became so dependent on his family and friends that he had a hard time interacting with his peers.
"I felt as though I couldn't make friends... It seemed as though residential, and former residential, students had a positive rapport with others, while I hadn't. I felt that if I had lived on campus at some point, I too would have felt more involved. Long story short, I stayed in school and decided to work as hard as I possibly could in order to make committees, and future commuters, feel more involved in the family."

Hall's efforts seem to be paying off. More funds were allocated for this Spring's Commuter Appreciation Week.
Events and activities for the week included a free commuter breakfast at the Smith Dining Commons, a free popsicle give-away, and prize drawings at the SGA Office.
He continues to be optimistic about the future of commuter-directed events on campus.
"If we can make sure that this event keeps the momentum it has... within the next four or five years, we would be surprised if Commuter Appreciation Week becomes one of the biggest events on the UVa-Wise campus," Hall said.

"We have the numbers on our side...We are very fortunate to have so many people drive to and from this great school. We are simply showing that these students recognize and appreciate the effort they put in to receiving a top-notch education."

Want to work for The Highland Cavalier?

Openings for:
Editor-In-Chief
Managing Editor
News Editor
Features Editor
Sports Editor
Layout Editor
Online Editor

Photo Editor
Opinion Editor
Ad Manager
Copy Editor

Fall 2014 paid positions
Applications available online at highlandcavalier.com and outside The Highland Cavalier's office in the SSC
Submission deadline: April 16, 8 p.m.

For more information contact
Allie Gibson at agr2q@uvawise.edu

The University of Virginia's College at Wise hosted "Take Back the Night" on March 19, to bring awareness for sexual violence and to support survivors in their healing process.
The event began at 7 p.m. in the Gilliam Sculpture Garden and consisted of a march across campus followed by a candlelight vigil. It was designed to end sexual assault, domestic violence, dating violence, sexual abuse and all other forms of sexual violence.
The program was sponsored by the Center for Student Development and the Student Development Advisory Board and was designed to inform the campus and surrounding counties. Family Crisis Support Services was also heavily involved in the program.

Students join the Chancellor, the Center for Student Development, and Student Development Advisory board to march for "Take Back the Night" to bring awareness to sexual violence.

The goal for this year is 1,000 pounds of food, and the person who donated the most will be named Chancellor for a Day on April 9.
The event began to bring food to the needy, and now it helps the community at large, but also to have a chance to experience something that not everyone gets.

Today is the last day to donate for a chance to swap places with Chancellor Donna Henry next week.
The National Residence Hall Honorary's Chancellor for a Day food drive ends this afternoon.
Most food items get the opportunity to switch places with the Chancellor for one full day.

Every year the student who brings in the most food items gets the opportunity to switch places with the Chancellor for one full day.
The National Residence Hall Honorary participates in Chancellor for a Day so students of the college can give back to food banks in town by donating food items, particularly

Staff Writer

By Danian Pickett
dnp6a@uvawl5e.edu

The event began during Chancellor David Prior's time at Wise, and now Henry keeps the tradition going with NRHH and the students.
This year's food drive is on the verge of being as successful as last year's, according to Scott.
"The goal for this year is 1,000 pounds of food, so the request for student participation is higher.
Scott said that this year the food drive has been successful, but last year they were able to raise over 700 pounds of food, so they are hoping to raise even more food this year.

Want to work for The Highland Cavalier?

Openings for:
Editor-In-Chief
Managing Editor
News Editor
Features Editor
Sports Editor
Layout Editor
Online Editor

Photo Editor
Opinion Editor
Ad Manager
Copy Editor

Fall 2014 paid positions
Applications available online at highlandcavalier.com and outside The Highland Cavalier's office in the SSC
Submission deadline: April 16, 8 p.m.

For more information contact
Allie Gibson at agr2q@uvawise.edu

The University of Virginia's College at Wise hosted "Take Back the Night" on March 19, to bring awareness for sexual violence and to support survivors in their healing process.
The event began at 7 p.m. in the Gilliam Sculpture Garden and consisted of a march across campus followed by a candlelight vigil. It was designed to end sexual assault, domestic violence, dating violence, sexual abuse and all other forms of sexual violence.
The program was sponsored by the Center for Student Development and the Student Development Advisory Board and was designed to inform the campus and surrounding counties. Family Crisis Support Services was also heavily involved in the program.

"Take Back The Night!

Students join the Chancellor, the Center for Student Development, and Student Development Advisory board to march for "Take Back the Night" to bring awareness to sexual violence.

The goal for this year is 1,000 pounds of food, and the person who donated the most will be named Chancellor for a Day on April 9.
The event began to bring food to the needy, and now it helps the community at large, but also to have a chance to experience something that not everyone gets.

Today is the last day to donate for a chance to swap places with Chancellor Donna Henry next week.
The National Residence Hall Honorary's Chancellor for a Day food drive ends this afternoon.
Most food items get the opportunity to switch places with the Chancellor for one full day.

Every year the student who brings in the most food items gets the opportunity to switch places with the Chancellor for one full day.
The National Residence Hall Honorary participates in Chancellor for a Day so students of the college can give back to food banks in town by donating food items, particularly

Staff Writer

By Danian Pickett
dnp6a@uvawl5e.edu

The event began during Chancellor David Prior's time at Wise, and now Henry keeps the tradition going with NRHH and the students.
This year's food drive is on the verge of being as successful as last year's, according to Scott.
"The goal for this year is 1,000 pounds of food, so the request for student participation is higher.
Scott said that this year the food drive has been successful, but last year they were able to raise over 700 pounds of food, so they are hoping to raise even more food this year.
Studying abroad, great experience

By Hannah McNew
Staff Writer
hmcnew@uwavwise.edu

Here you have ever wanted to travel the world, experience different cul­tures, spend time with other people, or maybe just see what’s all out there? There are so many opportunities that are right at your fingertips. Studying abroad is one of them.

The University of Virginia’s College at Wise offers opportunities for students to study over 400 programs in 65 countries. UVa-Wise also offers programs at sister institutions. Some of these include United States and the United Kingdom.

These programs range from a semester to a year, but they can also be for a month depending on your preference.

One thing that people get confused with studying abroad is that you absolutely, no questions asked, have to know a foreign language in order to study abroad. That is not the case. Many of the programs are offered in English.

Though, knowing a foreign language would certainly help you when you are actually living in a place in which not everyone speaks English. That can be exciting in its own way as you will have the opportunity to either be living on campus, with designated families, or in an apartment with other international students.

Even Tinoco is a senior with a double major in premed education and interdisciplinary studies. Going to the United States was not her first time studying abroad. Her first experience was for a two-week summer program in Ireland. She was only 17 years old.

Reflecting on her initial thoughts of leaving her family, Tinoco said, “I was scared but excited to think about a whole new world, you can be who you want.”

Throughout her time studying abroad, Tinoco realized that it is not all for study. Certainly there are classes that you take that toward your major, but it is much more than that. Tinoco learned to move, talk, and think like the people around her. She spent time going to museums and concerts, all the while creating friendships and bonds with international students.

I know what you are probably thinking: “Okay Hannah, I’m gunning for this study abroad thing. You’ve talked me into it, but what about the cost? Do I think you have thousands of dollars just lying around?”

Well of course not, silly. That’s where scholarships are for. If you receive financial aid while you are on campus, you will receive the same aid as you would if you were to study abroad. Also, you are encouraged to visit the financial aid office for additional scholarships that are based on financial need.

So what is holding you back? Are you afraid to leave what is familiar to you?

Here’s a thought. There are other people who study abroad who are just like you. They don’t know what they are getting themselves into any more than you do. If the only thing that is stopping you is fear, then you need to take a fear straight in the eye, and ask Elza would say, “Let it go.”

Let go of your fears of the unknown. Let go of your fear to travel. Explore. See what is out there.

Elevator abuse

By Kandace Wallace
Opinion Editor
kwallace@uwavwise.edu

While sitting in the student center a few weeks ago, I realized how truly lazy the student population at UVa-Wise really is.

I sat in the student center during the lunch break, from 11 a.m. to 12 p.m., class started on Monday. At first, I had intended on going to the 3rd floor, but what happened really caught my attention.

The scene had its usual between-classes buzz but it seemed student life could go nowhere without the elevator because the stairs had been closed for maintenance, except not really.

In the 15 minutes I sat there, I saw the line for the elevator went out the doors and then only five people took the stairs. The rest waited patiently to cram, into the elevator even when it was only two minutes until classes started.

What was even more annoying is while the able-bodied masses waited in line for the elevator, no sign was put up on the stairs on which people could go. You may think that’s not very good for your health. It’s there for the purpose of those who couldn’t get up and down those stairs even if they wanted to. Besides, if you go out of your way to wait and wait 10 minutes to catch the elevator for too long, you’re probably going to get tired waiting for it.

The only bit of exercise you get taking the stairs isn’t going to kill you. In fact, it’s a bit better for your health. (Oh, another tip: for those taking the elevator to the gym, don’t take it directly. We’ve all guilt of abusing the elevator at some point or another, but it’s time we have an intervention for some people on campus.)
Cavs timely hitting leads to 4-0 in MEC play

By Jordan Glidewell
Sports Editor
jleg6x@uvawise.edu

After playing its first 19 games on the road, head coach Karen Bitter's UVa-Wise Softball team was happy to be in a familiar play. Cavalier Field. The Cavs went 13-6 on the road to start the season.

The Cavs returned home March 22 to host the Shepherd University Rams in the first ever Mountain East Conference softball game in school history. It wasn't long until the Rams were history as the Cavs powered their way to a 11-0 and 12-3 wins over the Rams in the doubleheader.

In game one of the doubleheader, the Cavs got off to a fast start by loading the bases. Senior Charity Lawson belted a grand slam to clear the bases and give the Cavs an early 4-0 lead. Senior Megan Dillon followed suit by picking up a solo home run extending the Cavs lead to 5-0 after the first inning.

The Cavs would go on to score six more runs in game one of the doubleheader highlighted by a two-RBI double by Lawson in the second and a two-RBI triple by sophomore Christina Ziemba in the third to give the Cavs a 11-0 win over the Rams.

Lawson led the Cavs with six RBI on the day while senior Rachel Hargreaves held the Rams scoreless while scattering around three hits.

In game two, the Rams Jumped out to an early 2-0 lead highlighted on four hits off of freshman starter Hailey Glover. The Rams lead was short lived as senior Kristina Romualdo crushed a three-run shot to left field to give the Cavs the lead back.

The Cavs would score three runs in the third and four in the fourth. Dillon highlighted the fourth with another home run run playing two.

Romualdo came to the plate in the bottom of the sixth with the Cavs needing two runs to rule-run the Rams. Romualdo hit a monstrous two-run home run over the scoreboard into the parking lot in center field to give the Cavs a 12-3 win and the sweep.

Sophomore Kellie Waycaster picked up four strong innings of relief to pick up the win as she allowed one run on three hits.

The Cavs would battle back and tie the game at seven apiece in the top of the seventh on a Lauren Lewis solo home run. The Cavs answered back with the walk-off win as freshmen Alexia Hernandez lined up a bunt hit up the middle plating Dillon to give the Cavs a thrilling 9-7 win over their MEC rivals.

In game two versus the Mountain Lions, the Cavs would again plate six runs in the bottom of the first inning. The Cavs would later add four runs in the third as they cruised to an easy 10-2 win and the sweep of the Mountain Lions.

With the two doubleheader sweeps, the Cavs moved to 17-6 on the season and 4-0 in MEC play.

The Cavs will be back in action today as they host Fairmont State University for a MEC doubleheader starting at 12 p.m.

Cavs Individual Statistics As Of April 1st

| BATTING AVERAGE | CHRISTINA ZIEMBA | .440 | SARAH WILTSHIRE | .418 | KRISTINA ROMUALDO | .417 | CHARITY LAWSON | .353 | MINDY COMBS | .333 |
| RUNS SCORED | SARAH WILTSHIRE | 29 | KRISTINA ZIEMBA | 27 | MEGAN DILLION | 26 | KRISTINA ROMUALDO | 21 | MINDY COMBS | 18 |
| Hits | CHRISTINA ZIEMBA | 37 | SARAH WILTSHIRE | 33 | KRISTINA ROMUALDO | 30 | MINDY COMBS | 26 | MEGAN DILLION | 26 |
| Doubles | MEGAN DILLION | 8 | KRISTINA ROMUALDO | 7 | CHARITY LAWSON | 6 | SARAH WILTSHIRE | 4 | ALLYSSA ZEBROWSKI | 4 |

| HOME RUNS | CHARITY LAWSON | 4 | KRISTINA ROMUALDO | 4 | SARAH BEAMER | 3 | MINDY COMBS | 3 |
| Runs Batted In | CHARITY LAWSON | 26 | KRISTINA ROMUALDO | 27 | MEGAN DILLION | 21 | MINDY COMBS | 16 | CHRISTINA ZIEMBA | 16 |
| Slugging % | SARAH BEAMER | .742 | KRISTINA ROMUALDO | .708 | MEGAN DILLION | .675 | CHARITY LAWSON | .675 | CHRISTINA ZIEMBA | .671 |
| On-Base % | SARAH WILTSHIRE | .489 | KRISTINA ROMUALDO | .489 | CHARITY LAWSON | .484 | RACHIE PIESNER | .472 | CHARITY LAWSON | .422 |

| EARNED RUN AVG | TAYLOR BRANDT | 1.63 | HAILEY GLOVER | 2.10 | RACHEL HAWKS | 2.40 | LANNIE JOHNSTON | 3.23 | KELLY WAYCASTER | 4.39 |
| Win | TAYLOR BRANDT | 9 | RACHEL HAWKS | 8 | KELLY WAYCASTER | 1 | LANNIE JOHNSTON | 1 | HAILEY GLOVER | 0 |
| Strikeouts | TAYLOR BRANDT | 64 | RACHEL HAWKS | 29 | HAILEY GLOVER | 5 | KELLY WAYCASTER | 5 | LANNIE JOHNSTON | 2 |
| Opp. Batting Avg | TAYLOR BRANDT | .207 | RACHEL HAWKS | .242 | HAILEY GLOVER | .285 | KELLY WAYCASTER | .281 | LANNIE JOHNSTON | .300 |