

B.o.B. rocks Wise, student gets rocked

By Todd Galyean
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Hip-hop recording artist B.o.B. rocked the David J. Prior Convocation Center this weekend. A crowd of around 700 people gathered Saturday night to hear the artist who opened with his hit song "Magic."

More magic would hit the stage later on in the concert, when senior business administration major Brandon Aird rushed the stage wearing a Magic Johnson Jersey.

For the few seconds before Aird was confronted, he attempted to pump up the crowd and looked like a guest rapper rather than an unwelcomed guest. Those few seconds were fleeting though, and Aird was soon tackled to the ground by a B.o.B. security guard.

Following the incident, Aird was arrested on a drunk in public charge and transported to the Southwest Virginia Regional Jail in Duffield.

Aird said his onstage antics were driven by opportunity.

"I didn't see any type of barrier from the stairs going down to the stage and there wasn't any type of barrier from the ramp leading up to the stage or security guard or sign saying, 'you can't come up here,'" Aird said. "I went up there to see a reaction like how far I could get if I could get up there and hopefully B.o.B. would notice. I'm pretty sure he noticed."

His opportunity would lead to a quick tackle to the ground by a B.o.B. security guard and a toss off the stage. Aird said the tackle, which was the talk of the crowd, wasn't as painful as it looked.

"It was surreal. At the same moment it was like one of those, 'wow this is really happening' moments," he said. "I didn't expect to get tackled I just thought I was going to get escorted off."

While Aird was escorted to Duffield, his goal was fulfilled and B.o.B. certainly took notice replying to Aird's Tweets.

To Aird's initial tweet at the hip hop artist, ("I was the dude who got tackled off stage, not trying to be sketchy just trying to say wassup") B.o.B. replied, "I like risk takers! it's cool u puttin on for ur school but I bet

see Aird page 4



Josh Weaver The Highland Cavalier

Hip-hop recording artist B.o.B. performed for a crowd of around 700 people Saturday night in the David J. Prior Convocation Center. B.o.B. received an unexpected guest appearance from senior business administration major Brandon Aird when he rushed the stage in a Magic Johnson jersey. Aird was subsequently tackled, thrown off the stage and arrested on a drunk in public charge. Aird was transported to the Southwest Virginia Regional Jail in Duffield. A Youtube video titled "Meanwhile at a B.o.B. show" of a security guard tackling Aird on stage had more than 8,000 views as of Monday.

Huntley, former student, found guilty

By Jeff Lester
The Coalfield Progress

A judge has found Melquan Huntley guilty of involuntary manslaughter for firing the bullet that killed Jahnae Foster.

County Circuit Court Judge Chad Dotson said last week that prosecutors did not prove Huntley acted with malice when his 9 m.m. Glock handgun discharged on Nov. 21, 2012, striking Foster on the forehead and piercing her skull.

Foster, 18, of Big Stone Gap, died seven days later at Johnson City Medical Center.

Instead, evidence indicates that Huntley, 22, acted carelessly, negligently, allowing a gun to be pointed at his guest when he wasn't certain that the chamber was empty, Dotson concluded.

In any event, the incident is a tragedy, he said. Taken was the life of "a completely innocent, blameless victim," the judge told Foster's mother Alecia Holley, who brought a container holding Jahnae's cremated ashes to court as witness to the proceedings. "The heart breaks to think about it," he said.

Prosecutors had charged Huntley with second degree murder, punishable by up to 40 years in prison, and using a firearm in the commission of a felony, punishable by up to three years.

Along with finding guilt of involuntary manslaughter, punishable by one to 10 years, the judge dismissed the firearms charge.

Sentencing was set for Nov. 25.

NOT IN DISPUTE

Huntley, who lived in Newport News and Hampton, was a University of Virginia's College at Wise student and football player. In November 2012, he and fellow student Steve Fuller shared a rented residence at Greene's Mobile Home Park on Kentucky Avenue in Norton.

Prosecutors and Huntley's defense attorneys agreed that on Nov. 21, Foster was visiting Fuller and Huntley, as was Huntley's former girlfriend Kaechelle Boldonato.

Huntley, an Army National Guard member, met Boldonato, a Colorado resident, in basic training. They stayed in touch after breaking up, both said, and she had been visiting him for about three days.

Huntley, Fuller and Boldonato testified that

Huntley and Boldonato had argued that day, with the tension escalating to the point that Boldonato threw a mixed drink in Huntley's face and he grabbed her arm. Foster then stepped in and told him not to put his hands on a woman, all three acknowledged.

All agreed that at one point the women left to cool down and traveled to Walmart, and that at another point the men left to get some food, also trying to let the tension dissipate.

All three said that later, the women were talking in a back bedroom and Huntley kept asking them not to close the door, but they wouldn't stop.

And all agreed that no one was looking at Huntley when the gun in his hand went off.

That's where the differing versions of events begin.

POLICE, PROSECUTOR

Norton police Sgt. Bucky Culbertson responded to a call about a shooting at 10:35 p.m. that night.

Arriving at the mobile home park, he saw Huntley running up to him, panicked. Huntley

see Huntley page 4

Upcoming

Voting portal open

The portals will be open through tomorrow for students to vote on the proposed SGA expansion of four senators.

Give Thanks Day

A Give Thanks Day event will be held Friday from 10 a.m. to 2 p.m. in the SSC atrium for scholarship recipients to write thank you notes to donors.

Dollywood Registration

Pre-registration for the Dollywood Trip on Nov. 16 will be open from Nov. 4 to Nov. 8. Students can register on the third floor of the SSC.

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Campus Red Flag mystery revealed

By Todd Galyean
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Red flags first found spotted across campus before fall break were a mystery for students and seemingly for college officials according to their online video that debuted before break. But, when students returned from break the mystery, was solved.

Posters, literature and another video found on the UVA-Wise website, this one much more serious, informed the campus about the realities of dating violence, both physical and mental. The initiative, part of the Red Flag Campaign, was conducted by the Center of Student Development and the Student Development Advisory Board in partnership with Frontier Health, Family Crisis and Support Services of Norton and Hope House of Scott County.

The program is to help students see their own "red flags" so that dating violence isn't a mystery on the UVA-Wise campus.

Counselor Tabitha Smith said that one in five college relationships experience some sort of dating violence.

"We are all impacted in some form daily by the relationships that are a part of our lives no matter if those are healthy or unhealthy ones," Smith said.

She said that in the UVA-Wise counseling center, relationship issues are always at the top of the needs that she assists students with.

The Red Flag Campaign has been conducted by colleges throughout the state and region including Emory and Henry College and East Tennessee State University. Created through a proposal from the Virginia Sexual & Domestic Violence Foundation to the Verizon Foundation, the Red Flag Campaign seeks to increase public awareness using the "bystander intervention" strategy to encourage friends and campus community members to "say something" when they see warning signs, or "red flags", for dating violence, according to the campaign's website.

The "red flags" each focus on particular components/continuations of violence often found in dating abuse: emotional abuse, coercion, excessive jealousy, isolation, sexual assault and victim blaming.

Smith said the multiple facets of the red flags are used to show that dating abuse isn't just physical and the type changes with every situation making awareness all the more important.

Smith said she hopes UVA-Wise students take notice from the campaign that dating violence, both physical and mental, happens everywhere even on campus. She said students shouldn't ignore the red flags in their friend's and own relationships when they occur.

"The point of the red flag campaign is to encourage friends to not be a bystander, and to say something if they witness the abuse while lending an ear if needed," Smith said. "Don't force the issue, but allow your friend to confide

in you at [their] own pace. Focus on supporting your friend's right to make their own decisions and also guide them to counseling services on campus or to community services."

Senior business administration major Nathan Rasnake, who helped out with the campus initiative from its early beginnings in July with the SDAB, said he's received a positive response from the campus community from the red flag campaign.

"You always get people that just say they don't understand, but I've gotten a lot of feedback from people emailing or messaging me on Facebook or people that have talked with Tabitha because they really appreciate it," Rasnake said. "It's something that doesn't really get brought up and people don't want to talk about it. It's a dark subject that needs to be brought into the light so more people are aware of it and spot it because if you see something you should say something."

For more information regarding the Red Flag Campaign, students can visit www.redflag-campaign.org.

For more information about what constitutes dating violence, how to help, or to find out how to get help for a friend or yourself, students can visit Counseling Services on the bottom floor of Cantrell Hall. Appointments with Smith or Counselors Rachel Rose or Sara Schill can be made in person or by phone at 276-376-1005.

SGA hosts local high school students

By Megan Gray
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The eighth annual High School Leadership Retreat was hosted by the Student Government Association last Friday.

High schools from Dickenson, Wise, Russell, Buchanan, Washington and Smyth Counties were invited to the event, and over 60 students and teachers from those schools attended. The purpose of the retreat is to teach high school students leadership skills.

"The SGA funded the event and did all of the work to plan it," junior senator and elementary education major Katie Holman said. "My committee worked on who would lead the sessions, who would be the keynote speaker during lunch, and putting together the handouts and schedules for each student."

According to Holman, the retreat consisted of several sessions, ranging from internet posting to communication skills, teamwork and leadership. The students were also able to tour campus and listened to a speech from Chancellor Donna Henry.

This year, the students also had roundtable discussions. The retreat finished with the high school students attending the weekly SGA meeting.

"The retreat had excellent planning," Dean of Students and SGA advisor Jewell Worley said in her address to the high school students. "It was well executed. If you are interested in the SGA, I advise you come to the University of Virginia's College at Wise. Many members [in SGA] were involved in [Student Council Associations] at their high schools."

During the meeting, the high school students saw how the college's SGA worked.

Some of what they witnessed was budgeting, the chartering of a new organization, Spirit Haven, and allocations for transportation costs for some campus organizations including the National Society for Leadership and Success. Many of the students appreciated the



Over 60 high school students were hosted by SGA on campus last Friday for the eighth annual High School Leadership Retreat. Students went through different sessions throughout the day on communication skills and teamwork. The day concluded with the high school students sitting in on SGA's weekly meeting.

advice the leadership retreat offered.

"We had sessions on how to uphold your image such as how posting things on the internet can come back and haunt you because most people do not realize how easy it is to find out what is posted on sites such as Facebook," Holman said.

As the meeting finished senior senator and senior political science major Brett Hall gave the students a final complement and farewell.

"We really appreciate you guys being here today," Hall said. "Your teachers see something in you all, that is leadership qualities."

Money raised to help Pound child

By Megan Gray
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The Preprofessional Club's third annual Halloween party's proceeds went to benefit a local child.

Ian Boggs, a 6-year old boy from Pound, was born with a dislocated spine and turned feet. He has already had 16 surgeries, but he still needs his home to be made wheelchair accessible. This includes installing ramps and lifts to the house among other things.

Altogether, the projected cost for the home renovations is \$32,000.

Several organizations in the area are also

raising money for this cause.

More than \$200 was raised for Boggs through entrance fees to the Halloween party, as well as donations, given to his family by the Preprofessional Club.

Normally, proceeds benefit the Preprofessional Club's activities throughout the year funding tours to medical and other professional schools, as well as community service projects such as Project Linus.

The Preprofessional Club has no need for the money this year, however; they placed second in the Silver Saber Spirit Competition and received \$400 of prize money.

"Since we already got the money, we have no reason to keep this money," said Emma Span-

gler, a senior biology major and club president. "Still, this is probably the most [attendance] we've ever had."

"Nightmare of Science Hill" in the Sandridge Science Center regularly features costumes, dancing, food and cornhole. The academic building is transformed into a creepy atmosphere, with cobwebs, skeletons and signs saying "Dead Inside."

Food served this year included brain cupcakes, "blood" punch, and an assortment of candy.

Costumed attendees to the party included an Arrow, a Pokemon Jessie and James combo, and the Dude and Walter from the cult classic "The Big Lebowski."

Because we are citizens, because we can

Submitted by Donna Hale

Citizens have both rights and responsibilities; one of the most important responsibilities of a citizen is voting. We Americans believe that voting is very important, and that we should exercise that right.

However, as the old saying goes, we should "put our money where our mouths are."

According to the U.S. Election Project, the percentage of voting-age Americans who voted in the 2012 Presidential Election was 53.6 percent, and in the 2010 midterm elections, the turnout was 37.8 percent.

On November 5, 2013, Virginia's voters will have the opportunity to elect the three highest officers of the Commonwealth, which include the Governor, Lieutenant Governor and the Attorney General, and all 100 members of the House of Delegates, the lower house of the General Assembly. Virginia chooses to hold her state elections in odd-numbered years in order to focus attention on state-level offices rather than national offices; the downside to this is low voter participation.

Politics is a very messy process, and this year the gubernatorial election in Virginia is very messy indeed. Both major party candidates, Republican Ken Cuccinelli and Democrat Terry McAuliffe, are rated unfavorably by Virginia

voters more often than they are rated favorably.

Negative advertising is the norm for both candidates. The Richmond Times Dispatch has refused to endorse any candidate, and the Charlottesville Daily Progress has endorsed a write-in vote for Bill Bolling, the current Virginia Lieutenant Governor.

According to numerous polls, Robert Sarvis, the Libertarian Party's candidate for Governor, is favored by 8 to 10 percent of potential voters; this is a high percentage for a third-party candidate.

However, he faces the same problem as candidates for Lieutenant Governor, E.W. Jackson (R) and Ralph Northam (D), and candidates for Attorney General, Mark Obenshain (R) and Mark Herring (D)—lack of name recognition. Sarvis also lacks the huge sums of money that it takes to fund a successful state-wide campaign.

According to the Virginia Public Access Project, on October 24, 2013, the candidates' primary campaign accounts showed that McAuliffe had raised \$26,345,763, Cuccinelli \$16,807,323, and Sarvis \$93,920. Despite these issues, the votes for Sarvis and Bolling, if he receives support as a write-in candidate, could well determine the outcome of the election for Governor of Virginia.

Given these facts, why should we make the choice to go to the polls on Nov. 5? The best an-

swer is because we can. Politics is messy; it is messy because people have different views and the ability to freely express those views.

The United States is a republic with a constitution that guarantees freedom of speech, press and assembly. We are citizens, not subjects, and we have the right to disagree. For those who think politics is too messy, there is a perfect solution—a totalitarian government.

Those who live under such a government don't have to concern themselves with voting, because they are not permitted a choice of leaders. They don't have to bother with thinking, because free thinking is not allowed. These people are subjects, not citizens; they have responsibilities without rights. Is this a better type of government? I think not.

In this messy 2013 election, the best action for Virginians is to educate ourselves about the candidates, their parties, and their different positions on significant issues. The next step is to select the candidates with whom we agree on the issues that matter most to us and vote for them.

Why should we do this? The answer is a simple one: Because we are citizens of a republic, we can.

Hale is an adjunct political science and administration of justice professor.

Do student fees cost too much?

By Kande Wallace
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A question I have heard on occasion is, "Why are our student fees so expensive?"

After wondering this for quite some time myself, and eventually getting to the point of anger thinking about it in relation to other universities' fees, I decided to actually look into it.

At one point, I had heard that Radford University fees were a mere \$60 whereas ours were more than \$1,000.

That is where I should have known something was wrong with the information I was receiving, but I was so enraged that I was paying hundreds more for what I thought was a bunch of stuff that didn't pertain to me and I did not need I didn't really pay attention.

After meeting with Vice Chancellor for Finance and Administration Sim Ewing, I discovered not all funds were being misused and funneled into crap like I had once thought.

It turns out the state pays for all academic buildings, but does not grant funding to places like Cantrell and the student center.

Funds from our student fees go toward these types of programs and several other organizations.

When you sit down and think about if the funding to these programs and organizations is really important, you will probably come to the conclusion that, yes, they are indeed necessary.

Without our fees and funding, the free health care and counseling in Cantrell, SGA bettering our campus and improving student life and the lovable "Free Fridays" that SAB plans merely for our enjoyment would not happen.

While these may be taken for granted, one doesn't truly realize how needed these things are until they need them themselves.

These programs add a new element to our campus other than just academic life. Having these services and organizations makes it easy on students to do anything from join a new club to keep from being so isolated, get professional healthcare (for free might I add), and simply de-stress, all of which can negatively impact our academics.

Being at a college we realize that we are here for an education and nothing else, but all these programs benefit that aspect in some way or another.

While you may think our fees and tuition are too expensive, though, you probably have no idea how cheap this university actually is.

We are the second lowest university in Virginia when it comes to tuition costs (\$4,801) and 6th out of 15 when it comes to student fees, which account for \$3,708 of our total tuition. That means overall, we are still on the lower end of tuition and fees costs in Virginia.

Having such low tuition rates benefits the students in many ways Sim Ewing said. He was very pleased to point out that instead of moving back home to pay off loans and get their life started, students could immediately begin to follow their dreams and get a good career upon graduation due to the low amount of student debt.

After talking with Ewing and getting educated on the subject, I have to agree with him. Before we scrutinize how "expensive" our school is, we should probably take into account that our school is actually really cheap as compared to others and those fees definitely are not "useless" as some may think.

5 ways to tell it is Halloween in College

Compiled by Kande Wallace

1. You can no longer wear an average costume, but instead are expected to wear its slutty counterpart.
2. Many girls' costumes consist of them wearing animal ears, face paint, and everyday clothes, but still calling themselves that animal.
3. It's the only time of year when miniature candy bars are ever acceptable.
4. Those things you hate keep knocking on your door. Kids. We're talking about kids.
5. The money you could have spent on Halloween candy went straight toward purchasing your badly flavored 99 bananas vodka.

**Be smart.
Be safe.
Make plans
for a driver on
Halloween.**

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LIGHT PRINTING

Student train enthusiasts

By Kandee Wallace
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A couple of UVA-Wise students have a very distinct hobby: Train photography.

Ryan Markham, senior business administration major, and Andrew Milwee, a senior art major, said they've been interested in trains all their lives, and were in and around trains as children.

Markham got into the subject in recent months by taking a photo for a website, but Milwee has been doing this for seven years now.

The two like to shoot photos together and met through a Facebook group for train enthusiasts.

The pair said they were interested in locomotives because of the history trains hold and their importance to the area.

"The fascinating history behind all of it is amazing," Milwee said of trains and the region. "Without trains, we wouldn't be where we are today."

Markham said he thought his interest in trains was fate. "The most famous railroad engineer, Casey Jones, had his final run on the day I was born," he said. "My middle name is Casey. I even wore a train outfit home from the hospital."

The two agree that the community has a big interest in trains, but when it comes to shooting the subject one has to be very careful. Milwee recalls being approached by police and said, "You just can't trespass. There will always be a sign."

"Tracks and so many feet on each side are considered railroad property," Markham said. "Trespassing is actually a felony. One exception is the Santa Train when they actually encourage you to step on the rails and get close to the train."

When it comes to their actual photography, Milwee isn't picky. Markham says he is still in the learning process and at first liked to mainly focus on the train.

He said he has begun experimenting, looking for things out of the ordi-

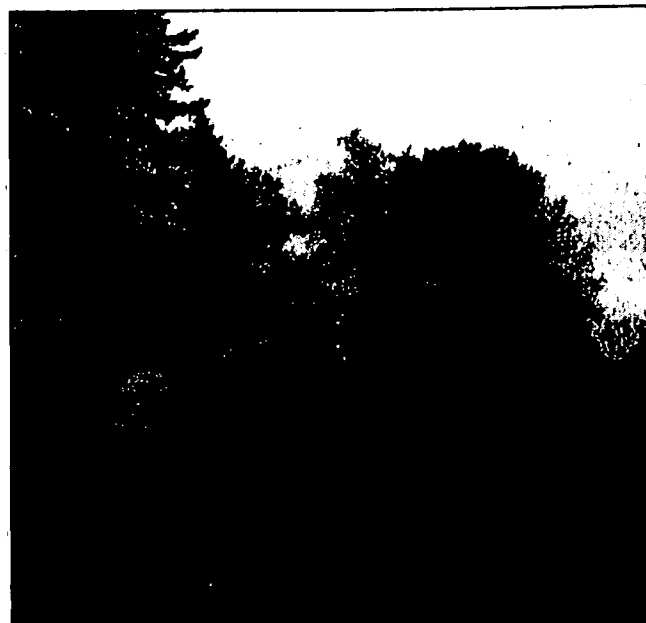


Photo courtesy of Ryan Markham

Senior business administration major Ryan Markham snaps a photo of an incoming train. Markham and senior art major Andrew Milwee both travel across the region working on their train photography.

nary, and trying different settings on his camera.

Milwee said he had gone as far as Florida and Markham to West Virginia to photograph and view trains. The pair agreed they would love to travel the country to see different places, tracks, backgrounds and locomotives.

They said they encourage people to get into this hobby for the ease of seeing the subject and its low cost.

"The most expensive part of this is gas to get there," Milwee said.

Aird

Continued from page 1

u'll think twice b4 stepping on stage again! Lol." Aird replied back with, "Haha I'll tell you what, next time you come to Wise bring me up on stage so I don't have to get rocked again!!!!"

Aird also received Twitter fame from the greater UVA-Wise community with the hashtag #freebrandon trending. Aird said the Twitter love was unexpected.

"I didn't even have my phone when I was at Duffield and I turned my phone on and the next thing I know I have a bombardment of tweets from all these people favoriting and retweeting stuff about me," Aird said.

Aird said while the situation is being taken as a comical event in the collegiate community, he apologizes to Chris Davis, Mark Dixon, the entire convocation center staff, the Chancellor and UVA-Wise for his actions and their reflection on the school. No action has been taken by school officials regarding Aird's behavior.

While there has been some negatives from his guest appearance, Aird said he will never forget the moment when he hopped on stage in a Magic Johnson jersey with B.o.B.

Aird said the jersey selection was no accident.

"I thought it was going to be really hot in the convocation center and I wanted to have something without sleeves and that just happened to be the first thing I saw in the closet," he said. "I'm a huge Magic Johnson fan."

Huntley

Continued from page 1

said, "I pointed it at her and it went off," according to Culbertson, who found Foster lying on a bed in the back bedroom.

During a taped interview later in Culbertson's patrol car, the officer said, Huntley told several versions of what happened. One story was that he had told Foster and Boldonato that he applied for a position with Norton Police Department and was showing them his pistol when he dropped it and it went off.

Chief Investigator Capt. Roger Cooke took over the interview, he said.

Huntley first said the gun fell and went off, according to Culbertson. Later he said he was clearing the weapon and it went off, he said. But at one point, Huntley said he wasn't around when the gun went off.

Culbertson said Huntley asked police whether the incident would affect his ability to test for the police department, but he never asked about Foster's condition.

Wise County Chief Deputy Commonwealth Attorney Adrian Collins testified that he was present for parts of the interview. He concurred that Huntley claimed the gun fell and went off, but later said he was trying to clear a cartridge when it fired. Further, Collins said he heard Huntley express concern about still being able to test for the police force.

Collins was called to testify because Cooke passed away about a month after Foster died, and an additional witness was needed to verify statements that were made to Cooke. The need to have Collins testify caused the Wise County prosecutor's office to hand off the case to Lee County Commonwealth Attorney Shawn Hines.

State forensic lab firearms technician Wendy Gibson testified that safety features on the Glock prevent it from firing if it is dropped. Only squeezing the trigger will discharge the

weapon, she said.

Investigators found a shell fragment on a windowsill behind where Foster was struck. It had shattered the window, and they concluded that it broke off when the bullet hit her skull. They also found a shell casing in the hallway just outside the bedroom, wedged between a washer and dryer. Police concluded Huntley was in the hallway with the gun, beside the washer and dryer, when it went off.

WITNESSES
Boldonato said that when everyone was tense, she decided to pack her belongings and leave, but Huntley asked her to stay. She was in his bedroom, talking to Foster, and Huntley, in another room, kept getting upset that they repeatedly shut the door.

But everyone had calmed down later, she said, and she decided to unpack. Huntley started telling them about his career plans and showed them his gun. Then he was trying to clear the gun, but Boldonato turned her head and was looking away when she heard the bang. She turned around, didn't see Huntley and found him in the hallway. He began to freak out and asked her to tell police that he dropped the gun, Boldonato claimed.

Fuller claimed that when the women kept shutting the bedroom door, Huntley asked him if he should get his gun and scare them so they would stop. Fuller advised against it. Huntley also threatened to shoot through the door, he claimed. Things got quiet but suddenly, Fuller heard the gunshot.

But Huntley testified that he never asked about using the gun to scare the women and he didn't threaten to shoot. While he admitted that he doesn't like for doors to be closed for no reason, the back-and-forth about the door was playful, not angry, he claimed.

News Brief

Jimson Weed to premiere

Dean Rader, a professor of English at the University of San Francisco will headline the premiere of the Fall 2013 edition of the Jimson Weed at Coffee Night on Nov. 7 at 6:30 p.m. in Chapel of All Faiths.

Rader an awarding winning poet, will share from his most recent work of poems, "Work and Days" and from his forthcoming collection "Landscape Portrait Figure Form."

Rader will also present a lecture entitled "Can Poetry do Anything? And If So What?" Nov. 8 at 1 p.m. in the chapel.

For more information contact Gillian Huang-Tiller at gch7u@uvawise.edu.

-Todd Galyean

How to email a little better

By Todd Galyean
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I can't imagine college email without college email headaches.

Before I get to all of the misuses of college email, I have to first mention a group that if this article were an email they would never see it.

Yes, those people who check their email once a semester.

First off, are you serious? How do you even function? To be fair, I have to break this category into two divisions: people who actually do not check any form of email and people who exclusively still check their Google or Yahoo email.

Hey, I understand that superjeff15 username makes a chill address, but its time to see other people, particularly your @uvawise.edu account.

You can still use them both, but for campus relations use your campus email.

Back to that first group, again are you serious? Regardless if you're involved in a campus organization where someone is trying to contact you (many of you are), professors are always emailing class changes.

All I see is people on smartphones all over campus, set your email up on them and receive and delete messages instantaneously.

Now to those people who use email but don't care if you will not be able to make to the meeting. In a small group this could fly, but not in any setting with more than five people. Email the messenger, not the receivers.

Pro tip 1: When a professor or organization head emails a large group of people about a development don't hit "Reply All" to respond. I don't care if you will not be able to make to the meeting. In a small group this could fly, but not in any setting with more than five people. Email the messenger, not the receivers.

Pro tip 2: Your email signatures are not your resumes. Include your contact information and your primary position - possibly two positions if they are of high enough regard and the majority of your correspondence is evenly focused between them.

However, the entirety of your collegiate memberships, part-time jobs, where you summer and your cat's name isn't necessary. That filling is for resumes. If you want to give people a chance to find out more about your experiences, include a link to your LinkedIn account at the bottom.

Pro tip 3: Who hasn't been in that organization where you receive the same email message from three different people? Have some communication people. If John tells me the meeting was moved I don't need confirmation from Dick and Harry.

Pro tip 4: Make the email subject the summary. "Hey" might work for your best friend but not for someone receiving a ton of emails. Be

concise, and let the reader know what they're clicking on.

Pro tip 5: I admit I'm guilty of this one, but don't write a novel length email. Have some consideration for the receiver and be as concise as possible.

Optional Pro tip 6: Delete your emails. This is more of a pet peeve than anything, but I hate seeing a campus inbox with 345 unopened. Not to mention, at a certain point, people can't even email you when your inbox becomes too full.

There's not that many coming in. Delete as you receive and read.

Optional Pro tip 7: Lose the quote. I've heard some worthy counter arguments over this one that a campus is a more relaxed environment and a quote at the bottom helps personalize the flatness of email.

I respect this argument, but I still can't help but see it as cheesy. At very least, don't have the quote type a different color or a larger font than everything else in the email.

Hopefully, some of this information will benefit campus communications, and maybe, just maybe, we can all email a little better.

FORWARD THIS ARTICLE TO 15 PEOPLE AND A NORWEGIAN BANKER WILL TELL YOU ABOUT THREE PENNY STOCKS THAT WILL ALLOW YOU TO CORNER THE MARKET.



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Walking Dead Review Episodes 1-3

By Kande Wallace
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The much awaited show "The Walking Dead" has hit televisions once again.

In case you didn't know, the show comes on at 9 p.m. and 11 p.m. on AMC every Sunday night and is a huge hit.

If you aren't caught up through the third season, spoiler alert. Do not read ahead.

This season's first episode was slow starting, which is to be understood considering the producers have to get everything set up for the season. As seen in the last episode, members from Woodbury joined the group at the prison. This gets explored in the first episode along with other new leadership ideas of the group and anti-zombie traps around the premises.

Other than just getting set up for the season, introducing a few new members of the group and a few minutes of zombie-killing action, the first episode is pretty laid-back.

That is, until the last two minutes of the episode when a little intrigue gets thrown in and a new member of the group mysteriously dies.

Of course this happened at the very end of the episode when your head is about to explode. The next episode picks up from the last and the action spikes.

Producers and cast members say the season just keeps growing in terms of action and suspense throughout the season.

We see the newly deceased member of the group ... Walking around the cell block.

No one notices until the next day, and then of course things go crazy, people are dead or dying, and then comes the loss of several members of the group and the usual meeting of survivors or leaders to figure out what to do.

The episode comes to the conclusion that there is some sort of mystery virus going around, but doesn't know how it spreads.

As the episode comes to an end, perimeter repairs are needed and the episode ends with yet another crazy cliffhanger.

In other news, #TeamKillCarl has been trending after each of the episodes as has #TheWalkingDead.

The third episode opens with the crew trying to figure out who would have done such a horrendous thing to fellow cell block mates.

Tension rises and escalates to a fight between a couple members but while this is happening, people with the mystery virus are being quarantined in another cell block.

In order to help these people, Darrell and several others head to a veterinary clinic 50 miles away in attempt to find some antibiotics since most hospitals and pharmacy have been cleaned out.

Herschel on the other hand cannot wait for them.

He heads out on his own to find herbal remedies.

While the crew is out, they run into an entire army of zombies and can't get through them and eventually have to abandon their car and run for their lives.

Back at camp, Carol has realized they are out of water, tries to fix the supply, and tries to live with herself and the happenings at the prison.

The season is off to a very steady and good start and has definitely grabbed some attention. The action is intense and the mysteries are enough to make you scream when the episode is over.



Graham Siegfried | The Highland Cavalier

The staff of The Highland Cavalier poses in the John Cook Willie Library in their Halloween costumes. (From left to right) Sports Editor Jordan Childress as "Head Football Coach Dewey Lusk," Photo Manager Josh Weaver as "a Highland Cavalier newspaper," Editor-in-Chief Todd Galyean as "The Canadian," Highland Cavalier enthusiast and junior psychology major Heather Nichole Hunnington as a "Lady Bug" and Opinion Editor Kande Wallace as "Bob Ross."

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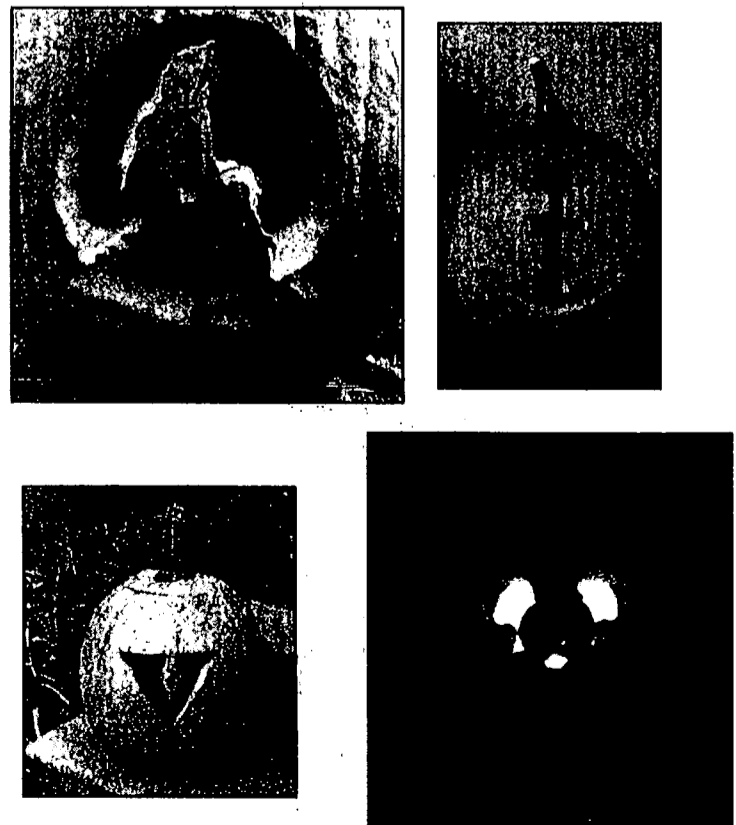
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Pumpkin photo submissions



Submissions from The Highland Cavalier Pumpkin Carving Contest: (from top to bottom) Kristin Foley's "The Little Mermaid" themed pumpkin, Jaime Robinson's AST anchor themed pumpkin, Chancellor Donna Henry's daughter Margaret's school spirited pumpkin and Kristi Longworth's Mickey Mouse pumpkin.

Spooky Movie Picks

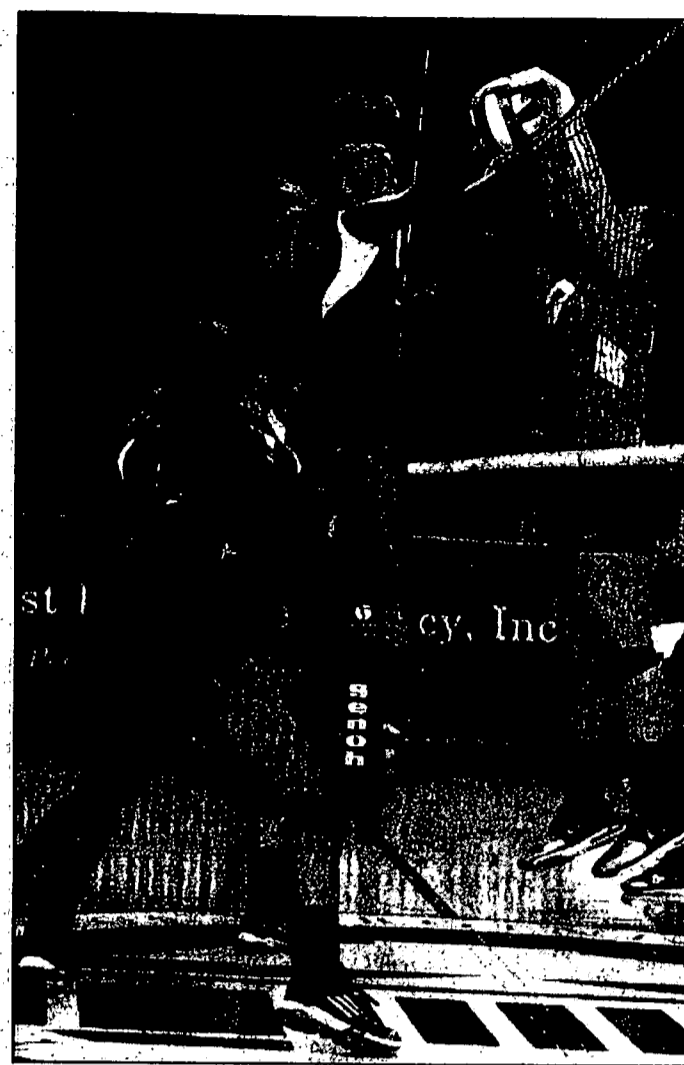
By Kande Wallace
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It's tough to find a good movie, let alone a good Halloween movie. If you just can't go out this Halloween holiday, here are a few good picks to watch.

- "Halloween" (1978)
- "The Amityville Horror" (1979)
- "Poltergeist" (1982)
- "Paranormal Activity" (2007)
- "The Grudge" (2002)
- "The Ring" (2002)
- "Evil Dead" (1981)
- "The Texas Chainsaw Massacre" (1974)
- "Panic Room" (2002)
- "Hocus Pocus" (1993)
- "Hallowentown" (1998)
- "The Nightmare Before Christmas" (1993)
- "Insidious" (2010)
- "28 Days Later" (2002)
- "The Sixth Sense" (1999)
- "Orphan" (2009)
- "Wrong Turn" (2003)
- "Sinister" (2012)
- "Rest Stop" (2006)
- "Mama" (2013)
- "Tucker and Dale vs. Evil" (2010)
- "The Birds" (1963)
- "Dawn of the Dead" (2004)
- "The Mothman Prophecies" (2002)
- "The Fourth Kind" (2009)

Volleyball looking to start having more fun

By Josh Weaver
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Josh Weaver | The Highland Cavalier
Freshman standout Karley Allen (2) goes up for a spike against Brevard College on Oct. 22. Allen leads the Cavs in kills with 298 on the season.

a total of one set in the matches mentioned.

The UVA-Wise Cavalier volleyball team finally returned to the Prior Center last week to play in front of the home crowd after almost a month on the road.

The Cavaliers (6-13) were overpowered by the front line of Brevard College (6-12) in the first match due to a lack of size at the net.

The volleyball team started the first set slowly and fell behind 3-8 before battling back to even the score at 13-13. Brevard did not look back after that point. They went on to win the set 25-17 and won the next two sets fairly easily (25-12, 25-16).

The volleyball team also dropped matches against West Virginia State and the University of Charleston last week, both matches 0-3.

The team has been transitioning into the Mountain East Conference and after a strong start to the season the team has hit a wall.

The Cavaliers have lost the last five matches and have won

The team has been searching for an answer which has yet to come.

Freshman hitter Karley Allen believes, the team is putting too much pressure on themselves to win.

"It seems like we have been getting worse but that's not the case," Allen said. "We are getting back to making [volleyball] fun again."

Allen led the Cavs with 13 kills and four digs, while freshman Jessica Henry recorded a team-high 13 assists.

The Cavs will return home against West Liberty University on Friday at 7 p.m. in the David J. Prior Convocation Center.

Remaining Home Games

Nov. 1 West Liberty U.

Nov. 2 West Va. Wesleyan

Nov. 5 Concord University

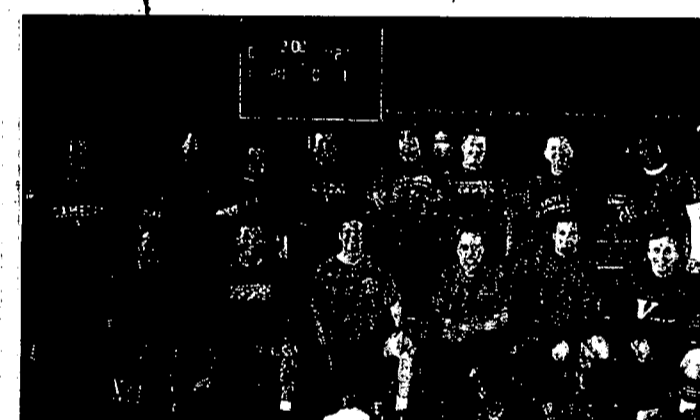
Nov. 8 U. of Charleston

Nov. 9 West Va. State

Intramural men's and women's flag football champions



The Has Beens is your 2013 intramural women's flag football champions. Has Beens defeated Victorious Secret 45-18 on Oct. 27. (from left to right): Kendra Potter, Kristen Salyer, Nichole Davis, Renee Renz, Shelley Newton, Kerri Meadows, Katie Van Hofwegen. Not Pictured: Hannah Powers, Mikaela Anders, Chelsea Cluesman, Meghan Dennehy, and Kristin Kunzman.



The Staff Infection is your 2013 intramural men's flag football champions. Staff Infection defeated GMEAT 27-6 on Oct. 27. Pictured kneeling left to right: Scott Kiser, Joe Kiser, John Adrian, Phil Shelton, Erik Lenley, Chris Davis. Standing left to right: William Rutledge, Steven Fuller, Nick Marshall, Jack Wayland, Jarrod Burton, Mark Dixon, David Anos, Scott Lawson, and Brandon Moore.

X-Country wraps up inaugural season

By Jordan Childress
Sports Editor
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The UVA-Wise men's cross country team capped off a very successful season in its first year competing as an NCAA Division II school in the Mountain East Conference.

The Cavs were selected to finish seventh in the preseason, but instead finished in fifth place in the MEC conference championship on Oct. 26.

The Cavs were led by Sophomore Shaquon Wilkins who finished in 7th place with a time of 27:29, which was good enough to earn First Team All MEC honors.

Wilkins was also named MEC Runner of the Week earlier in the season for his efforts in winning the Golden Eagle Invitational.

Head coach Donald Leech got a promising finish out of freshman Will Young and Anthony Walls. Young finished in 17th place while Walls finished in 18th place, both earned second team honors.

The UVA-Wise women's cross country team finished in 8th place to wrap up their first season in the NCAA Division II MEC level.

Leech got a strong finish out of freshman Sarah Ebon who finished in 28th place with a time of 27:26 to pace the Cavs.

The men's and women's teams turned in solid seasons in which they will learn off of leading up to the 2014 fall season.



Photo courtesy of Lorenzo Rodriguez
Sophomore Shaquon Wilkins finished up a stellar season for the Cavs with All-MEC honors.

Upcoming home games

Football

The UVA-Wise football team will travel to Concord University Saturday for a 2 p.m. kickoff. Cavs return home Nov. 9 to take on West Liberty for Senior Day with kickoff set for 1 p.m.

Volleyball

The UVA-Wise women's volleyball team will host West Liberty Friday for a MEC match set for 7 p.m. The Cavs will then host West Va. Wesleyan for another MEC match-up on Saturday with the match starting at 11 a.m.

Men's Basketball

The UVA-Wise men's basketball team will kick things off Saturday with an exhibition match-up on the road against former rival UPIke with tip off set for 2 p.m. The Cavs' first home game is Nov. 20 versus Virginia U. of Lynchburg.

Women's Basketball

The UVA-Wise women's basketball team open up on the road Nov. 8 at Ohio Valley University and on travel to Virginia U. of Lynchburg on Nov. 12. First home game for the Cavs will be on Nov. 23 against Urbana U.

