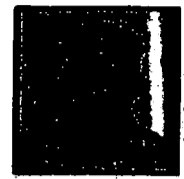


Inside



Six students from UVa-Wise are currently deployed in Iraq. Read thoughts from one of those student-soldiers on page 3.



The women's basketball team won their first tournament of the season last weekend. Check out the story on page 5.



The volleyball team lost their last game of the season on Nov. 5. Check out the season review on page 6.

Upcoming

Registration
Registration for freshmen begins today for the spring 2012 semester.

Men's Basketball

The men's basketball team will play Bluefield College tonight at 6 p.m. at the Appalachian Wireless Classic.

Women's Basketball

The women's basketball team will play Virginia Intermont College tonight at 6:30 p.m. in the Milligan Tournament.

Weather

Friday



47°F / 33°F

Saturday



59°F / 38°F

Sunday



62°F / 48°F

Weather courtesy of www.weather.com

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Study: suicide top student killer

By Abby Meredith
The (University of Virginia) Cavalier Daily, via UWire

The leading cause of mortality in college students is suicide, a University of Virginia researcher found in a study released Nov. 2.

Alcohol-related incidents were the second major cause of death among students.

James Turner, executive director of the Elson Student Health Center at UVa, conducted the study by collecting data from 157 four-year institutions across the nation.

Turner studied the mortality

rates among students between the ages of 18 and 24.

He found that six in every 100,000 students committed suicide, while fewer than five in 100,000 students died from alcohol-related incidents.

"The thing that surprises everyone is that suicide is the most common cause of death among college students," Turner said.

Still, the rate of suicide was 47 percent lower among college students than among the general population of 18- to 24-year-olds, Turner said.

Similarly, alcohol-related deaths were 60 to 76 percent

lower among college students as compared to the same general population.

"Clearly there's something happening on college campuses preventing suicide," he said. "This is all speculative on my part, but I do know that we've set up very elaborate and effective counseling and medical help, which perhaps allow us to intervene to prevent some of these tragedies."

The study found that schools in rural areas have more alcohol-related vehicular deaths than schools in urban areas.

Males also had a higher rate of suicide than females, which

Turner attributed to the higher rate of suicide among men in general.

No differences were found between races in either alcohol-related deaths or suicides.

Turner said he hopes his research will help establish a baseline for future studies of college mortality.

He also wants to call attention to the importance of detecting and intervening in cases of major depression, even though media tends to focus on alcohol-related deaths among college students.



Study finds no "fresh 15"

By Julie Stoddard
The (Brigham Young University) Daily Universe, via UWIRE

Despite repeated warnings about packing on the dreaded "freshman 15" and rising obesity rates in the United States, a recent study says most college students do not gain 15 pounds in their first year.

"The 'freshman 15' is a myth," said Ohio State University research scientist Jay Zagorsky, co-author of the study that is believed to be the first nationwide look at the purported phenomenon. "There is no 'freshman 15.'"

His research, to be published in the December issue of the journal *Social Science Quarterly*, found the average student gains between 2.4 and 3.5 pounds freshman year.

For women, the average weight gain was 3.1 pounds, while men gained an average of 3.5 pounds.

All-you-can-eat cafeterias, high-calories drinks and a lack of time to spend at the gym all contribute to these few extra pounds.

However, the research found that most students don't even gain 15 pounds during four years of college. Women gained an average 8.9 pounds over four years of college, while men gained an average 13.4 pounds.

The study found the average freshman gains less than a pound more than someone the same age who didn't go to college.

Just under 10 percent of college freshmen do gain 15 pounds or more; 25 percent of freshmen lost weight, and the average person gained 1.5 pounds a year in each of the first four years after college, the study found.

The survey was conducted for the U.S. Department of Labor by the Ohio State's Center for Human Resource Research.

Pot charges head to grand jury

By Jordan Fifer
Editor-in-Chief
jf3u@uvawise.edu

Two former students alleged to have shipped \$16,000 worth of marijuana to Wise will have their cases heard by the county's December grand jury.

Police charged Yussiff N. Thulla, 25, and Henry D. Holmes Jr., 22, with conspiracy and possession of marijuana with the intent to distribute, both felonies, after they said the men worked together to ship the drugs to Wise in bags of Lay's wavy original potato chips.

The pair were in Wise County General District Court on Nov. 2 for a preliminary hearing, court records show.

A judge found probable cause to certify their charges to the grand jury, which will determine if there is enough evidence for the case to go to trial.

Thulla and Holmes were arrested June 16 outside the Norton post office after a Roanoke-based police drug sniffer sniffed out marijuana in a package later retrieved by Thulla, police have said.

The package was discovered in Roanoke the day before, after the Norton postmaster alerted postal inspectors to a series of suspicious packages that had been picked up by students from the UVa-Wise between January and April, according to a search warrant filed in June in U.S. District Court.

Based on that tip, a Roanoke-based postal inspector recognized the mailing address on the package during a routine search when the box passed through Roanoke in June, according to the warrant.



Courtesy of the Wise Police Department

Police seized nearly \$6,000 dollars in cash and \$16,000 worth of marijuana that they said was shipped in bags of Lay's wavy chips.

He asked a Roanoke Police Department K-9 handler to have his dog sniff the box.

Thulla later picked the package up after officers brought it to the Norton post office, records show.

Holmes, who had driven Thulla to the post office, had \$3,700 in cash in a shoe box in his trunk as well as more marijuana and documents show-

ing money transfers for the drugs, investigators said. Holmes had \$1,900 in cash on his person.

Officers searched Holmes' mobile home in Wise and found more marijuana, police said.

Police said at the time that up to 35 pounds of marijuana had been shipped to Wise between January and June using similar techniques.

News Briefs

Speaker paid \$10K for lecture

The college paid author and scholar Stanley Fish \$10,000 to speak on campus on Oct. 27, officials said.

The money came primarily from the Colgate Darden Endowed Lecture Series fund, funds set aside specifically for that type of big-name lecture, said Provost Sandy Huguenin.

About 200 people came to hear Fish speak on the value of a liberal arts education. The lecture was the first academic event to be held in the new convocation center.

Huguenin said he hopes to use the fund to draw a well-known speaker to campus each year.

College enrollment climbs

Fall enrollment at UVA-Wise rose 3.9 percent this year over last, according to data provided by the college.

The school had 2,067 students registered at the beginning of the 2011-2012 academic year, the numbers show. That figure is up from the 1,990 enrolled in the 2010-2011 year.

The last time UVA-Wise saw more than 2,000 students enrolled was 2009, when 2,015 people registered.

VOGA endows scholarship

A new scholarship will aid students who work in the oil and gas industry, college officials said.

The Virginia Oil and Gas Association funded the scholarship, which will also go to students who are dependents of those who work in the industry, according to a college news release.

"We wanted to give back to the people of Southwest Virginia," VOGA member Lawton Mullins said. "Endowing a scholarship for deserving UVA-Wise students whose families work hard to meet Virginia's energy needs seemed appropriate."

The news release did not say how large the initial endowment would be.

The SSC is alive with the sound of jazz



Hayley Galloway/The Highland Cavalier

The UVA-Wise Jazz ensemble performs their Campaign Celebration on Monday in the atrium of the Slemp Student Center.

SGA hosts canned food drive

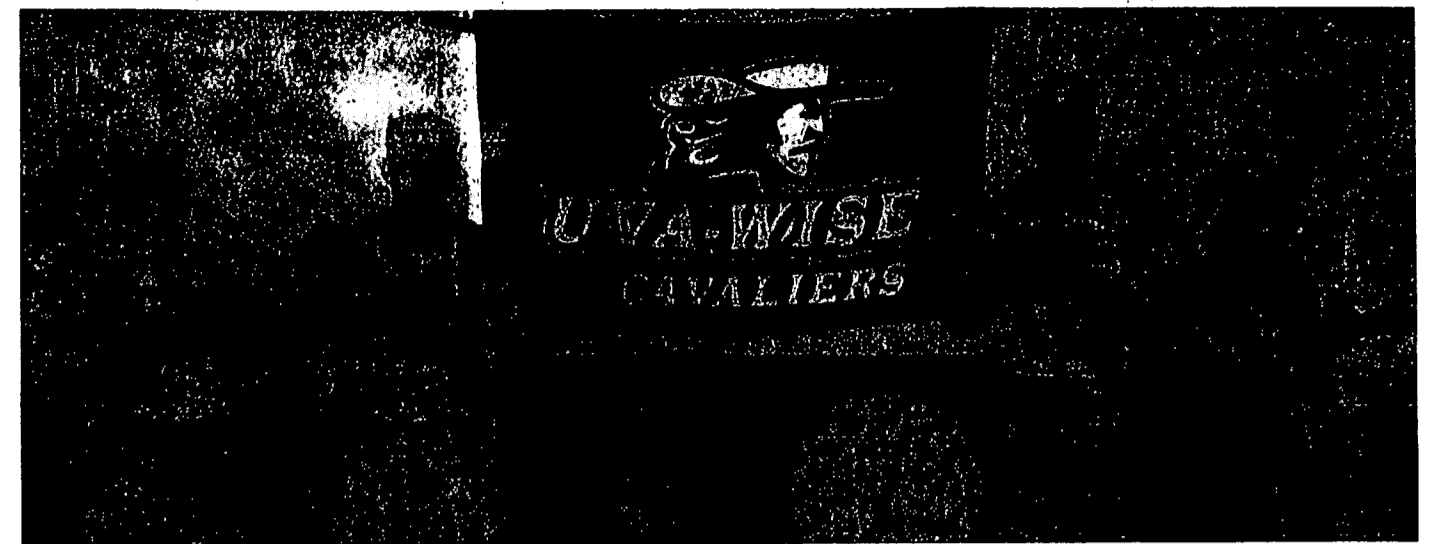
The Student Government Association is sponsoring a canned food drive to benefit the Homeless Shelter and Hope House in Norton, which are in urgent need of donations. The drive will run from Nov. 8-17.

Participants will be entered to win a \$50, \$25 or \$15 bookstore gift card. Each donated item gives you one chance to win one of the three gift cards, or two chances per canned item from the participating stores.

Gift cards can be given to cash registers on the third floor of the Slemp Student Center. For more information, contact SGA Vice President Luke Rhamler at lrhamler@uvawise.edu or SGA President Justin Lee at jlee@uvawise.edu.

For more information, contact SGA at sga@uvawise.edu.

Letters from war: life as a warrior-student



Courtesy of Michael Hartmann

Junior Michael Hartmann (second from left), a student at UVA-Wise, is currently on active military duty in Iraq. Hartmann is among at least five other students from the college on active duty.

Junior Michael Hartmann is one of six UVA-Wise students currently deployed in the military and based out of An Nasiriyah, Iraq. In this occasional column, Hartmann, writes about life at war and his experiences abroad.

Command).

We entered our theater of operation a month later and began our mission.

There are six active students on deployment from the college. Spc. Nick Stapleton and Spc. Tyler Carroll have been leaders in their respective platoons and were just recently awarded with early promotions for their work. Pfc. Ethan Brinkley has been a rock of consistency out here, and someone everyone in the company has learned to depend on. Pfc. Keith Linville has set the standard with his unmatched with his work ethic. Sgt. Harrison Newton has been chosen to the prestigious position to lead the scout element in his convoy escort team and has excelled in

this position. He was recently injured on a mission and was medevaced to Germany, though he's now in good health and stateside.

The extent of the college's influence has been amazing, even thousands of miles away from the institution.

There are soldiers in an upper echelon of our leadership who are alumni from the college who still proudly represent the college and make us feel like family.

For all the drastic adversities we have endured, I believe we will come out of this as stronger people.

We received an opportunity to sacrifice for the things we love and have become better evolved and well-rounded. These ideals are something

we learned to strive for coming out of our prestigious liberal arts school.

Last week the sorrow of war hit home for some in the community, with the passing of an outstanding citizen and father. He was a great mentor for us and it is a huge blow to our unit. Our condolences go out to all his family and friends.

Lastly, we all just wanted to thank everyone back at school for all the support for us out here.

There were a lot of tough moments when your support through letters and care packages really carried us through.

It has really made a world of difference and our gratitude can not be expressed enough.

5 things students think about during lectures

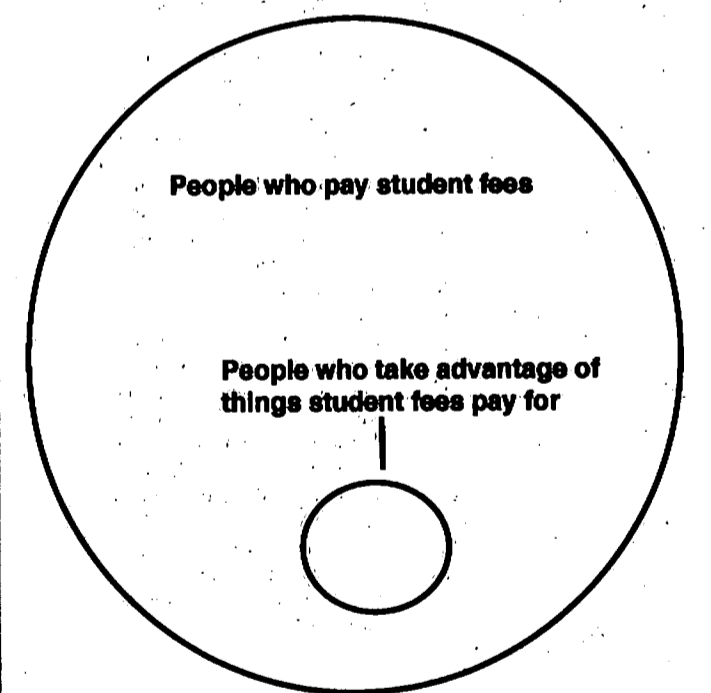
Compiled by Todd Gaylean, opinion editor

1. "Rachel Ray, Ben Affleck and Mark Zuckerberg did not finish college and are rich and famous. I can cook. I was in my church's Christmas play and I use Facebook every day. Where do I go to drop out?"
2. "Doodling instead of taking notes will surely lead me to a career as a cartoonist. Won't it?"
3. "Did that guy/ girl just check me out? Pretty sure they did. I'm adding someone on Facebook after class."
4. "Did I leave the iron on? Wait, I don't have an iron. Well, maybe I should leave class and go check anyway."
5. "Pretty sure my professor wore that outfit last class and the class before, though that meal still stinks."

The Wise Graph

An occasional series charting life at UVA-Wise

Student fees



Graph by Jordan Fifer, Editor-in-Chief

CRUTCHFIELD

Where Great People Work

Looking for a paid internship that will provide you with the type of experience and skills that can make your resume stand out from the rest of the pack? An internship here will pay dividends far beyond the check you take home. Crutchfield is a national catalog and internet retailer, named one of the country's top 10 retailers for e-commerce customer service. Crutchfield's outstanding service has been recognized by Consumer Reports, Forbes, Time, Smart Money, BizRate, and the Direct Marketing Association, among others. We offer the opportunity to work in a fast-paced, friendly environment, with industry experts as your mentors. Previous interns have rated their internships at Crutchfield as "tops," "hard work but fun," and "a fantastic learning opportunity." Here's what we're looking for:

IT Development Intern- Summer in Charlottesville, VA

As a Development Intern, you'll be developing applications that support our catalog call center, retail stores, distribution processes, and our award winning corporate internet site. You will be integrated into one of our four development teams and work on real-world tasks defined by Crutchfield business units. This is a unique opportunity to hone your skills as a true part of an innovative application development group. Experience with programming in a Microsoft environment is required. MS SQL/ASP/C++/VB/.NET experience are all significant pluses!

IT Systems Support Intern- Available now in SWVA and Charlottesville

As a Systems Support Intern at Crutchfield, you will be working in a direct support role for our internal customers including a catalog call center, retail stores, and distribution facilities. Experience supporting Microsoft Operating Systems (XP, Server 2003), application installation and troubleshooting, and PC hardware configuration are required. Experience in a Windows2k3 domain environment and/or networking experience are pluses!

IT DBA Intern- Available in SWVA and Charlottesville

As a DBA Intern at Crutchfield, you will be working with a team of seasoned Microsoft SQL Server professionals in supporting 50+ SQL server instances. You will find the database environment here to be varied, fast paced and exciting, with the opportunity to provide input to and gain experience from real-world tasks. As a member of an innovative and professional team you will have the opportunity to develop skills around multi-tasking, communications, database administration and database development. Experience with relational databases, especially Microsoft SQL Server 2005 and/or 2008, is a definite plus!

For this position, please submit your application materials in one of the following ways:

Email: jobs@crutchfield.com (please have subject line read "Resume: (position applying for)")
 Mail: Crutchfield Corporation
 Personnel Department / (position applying for)
 1 Crutchfield Park
 Charlottesville, VA 22911
 Fax: 434-817-1010

THE HIGHLAND CAVALIER Correction

Michael McNulty directs "Yerma," while Michael Hunt directs "Woyzeck." A Nov. 4 story about the theater productions listed their roles incorrectly.

Topic: "The Future of Lunar Science"
 \$200 Prize



Upcoming Games

Men's Basketball

The men's basketball team will travel to Pikeville, Ky. to compete in the Appalachian Wireless Classic. Today the Cavs will face Bluefield College in a 6 p.m. game. Tomorrow the Cavs will face Miami-Middletown for a 6 p.m. tipoff.

Women's Basketball

The women's basketball team will travel to play in the Milligan Tournament today for 5:30 p.m. game against Virginia Intermont College. The Cavs will also go up against the host Milligan College Buffaloes tomorrow.

Football

The Highland Cavaliers travel to Lindsey Wilson College for a 1:30 p.m. kickoff tomorrow. The game can be heard on WAXM 93.5 FM.

Quick Hits

Cluesman reolves hardware

Junior forward Chelsea Cluesman was named MVP of the Morris College Tournament in Sumner, SC. Cluesman scored 33 points in the tournament.

Bratton wins another award

Junior defensive back Marcus Bratton was named Beyond Sports Special Teams Player of the Week. Bratton returned a 97 yard kickoff return in a Cavs 42-6 loss to Campbellsville.

Men open convo center with a slam



Jordan Fifer | The Highland Cavalier

Senior guard Norris Gaskins (4) goes up for a shot on Bethel University junior forward Tyler Holt (33) on Nov. 5, while senior forward Josh Jordan (33) looks for the rebound for the Cavs in the 72-63 win over Bethel.

Berry, Jordan lead Cavs in opening games

By Jordan Childress
Sports Editor
jsc6x@uvawise.edu

The men's basketball team opened the new convocation center in style with a 102-76 win over the Cincinnati Christian College Crusaders.

Senior forward Josh Jordan got the tip for the Cavs and senior guard Travis Berry hit a three-point shot. Jordan and Berry scored the first 14 points of the Cavs' first 16 points.

Cincinnati took their first lead of the game with 14:26 left in the first half when freshman Courtney Edwards hit a three-pointer at the 14:26 mark.

Both teams remained at a stand-still for almost three minutes. Edwards hit a three pointer to break the tie for the Crusaders.

Freshman guard Tyler Garrison hit a three to give the Cavs their first basket in almost seven minutes to pull within three points of the Crusaders. Garrison scored 11 points in his first collegiate game.

"I was nervous going into the game," said Garrison. "I just tried to not think about it and just go out there like practice."

Garrison's basket seemed to fire up the Cavs. For the next few minutes, both teams seemed to answer one another with made baskets.

Crusaders forward Greg Howard gave the Cavs fits in the first half by scoring 18 points and battling hard for rebounds. Howard hit a three-pointer to send the game to halftime with Crusaders leading 42-41.

Travis Berry and Josh Jordan led the Cavs with 13 points each.

The second half saw Howard and Berry hitting back-to-back shots for their respective teams. The game was seemingly turning in the Cavs' favor when Garrison hit a three-pointer to give the Cavs a 65-59 lead with 10 minutes left in the game.

Senior guard Jermaine Wright brought the crowd to their feet with a huge slam dunk over Edwards. A steal by sophomore forward James Turner, a Wright dunk and a layup and a three-pointer by sophomore guard Darius Smith gave the Cavs a nine-point swing.

The Cavs pulled away and increased the lead to 19 with five minutes left in the game. They held the Crusaders to shooting 35 percent from the floor, down from 47 percent in the first half. After gaining the big lead, the Cavs never look backed.

Howard led all scorers with 30 points for the Crusaders and Antonio Fairbanks followed with 22 points for the Crusaders, combining for 52 of the Crusaders 76 points.

Berry led the Cavs with 26 points and Jordan followed with 23 points and 9 rebounds.

"I was on the glass today and I wanted to finish all the possible shots I had today," said Jordan.

Smith filled out the stat line for the Cavs, scoring 15 points, grabbing seven rebounds and dishing out five assists.

Cavs coach Lee Clark was content with his team's performance in their first game.

of the young season.

"We're going to give up points," he said. "We really don't want to be in a half-court knockout drag-out game."

The Crusaders are not recognized by the NAIA, but the game was a great opportunity for the Cavs to start the season.

The men's team went on to face off against the Bethel University Wildcats Nov. 5 in the second round of the Cavalier Classic.

The Wildcats began the game on a 7-0 run until Cavs senior Josh Jordan put back senior guard Travis Berry's missed shot for the slam. The Cavs were down early in the game, trailing by as many as nine points in the first several minutes of play.

Freshman guard Tyler Garrison changed the dynamic when he entered the game and hit a three-pointer to put the Cavs within four. Back-to-back layups in transition by sophomore forward James Turner put the Cavs within one point of the Wildcats. Senior guard Jermaine Wright gave the Cavs their first lead of the game with a layup at the 8:01 mark. A minute later, Wright tipped in a missed shot to give the Cavs a three point lead of 19-16.

Berry fouled junior Wildcat guard George Coleman shooting a three-pointer and Coleman made all three free throws to tie the game a 19 apiece at the 7:11 mark. The teams went back and forth in the final minutes of the first half, but two free throws by Garrison put the Cavs up eight

see Basketball, page 5

Runners wrap up regular season

By Jordan Childress
Sports Editor
jsc6x@uvawise.edu

The men's and women's cross-country teams finished up the season on Nov. 5 with the Mid-South Conference Championship hosted by Shawnee State.

The men finished sixth out of nine total teams. Senior Collin Skeen returned from an illness and finished his final collegiate race with a time of 28:52 for 33rd place.

Matt Parker completed his stellar sophomore season by finishing in 44th place with a time of 30:10.

Sophomores Tyler Morris and Christian Bresnock finished neck and neck, with Morris edging out Bresnock for 55th place while Bresnock took 56th place.

Sophomore Landry Mullins rounded out the Cavs with a time of 32:10, finishing in 60th place.

The women's team finished in seventh place.

Freshman Megan Hilliard finished out a

great first season by finishing in 40th place with a time of 22:31. Brittany Butler ended her junior season by finishing just behind Hilliard in 42nd place with a time of 22:35.

Sophomore Emily Brock finished with a time of 23:23 for 50th place. Freshman Samantha Balthis and senior Kayla Balthis finished back to back in 53rd and 54th place.

Sophomore Natalie Filzen finished in 57th place with a time of 25:42 in what was only her second meet this season.

Freshman Brandi Bailey rounded out the team in 63rd place with a time of 34:14.

Both teams will return several experienced runners next year.

Seniors Collin Skeen, Brittany Butler, and Kayla Balthis finish up their career and hope to leave behind knowledge and leadership for the younger runners.



Balthis



Butler

