

THE HIGHLAND CAVALIER

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THE UNIVERSITY OF VIRGINIA'S COLLEGE AT WISE

SEPTEMBER 5, 2008

Faculty and staff victims of recent thefts on campus

By Daniel Robinson
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Five female faculty and staff members were victims of theft on Tuesday, Sep. 2 when an unidentified person or persons entered their offices between 10 and 11 a.m. and stole cash, wallets and car keys.

Those affected included Rhonda Bentley, faculty secretary in Zehmer Hall; Margie Tucker, a professor of chemistry; Tammy Jenkins, an instructor in chemistry; Catana Turner, an associate professor of education; and Jennifer Wilson, an instructor of mathematics.

Campus Police Chief Steve McCoy could not be reached for comment but did send out an e-mail on the same day to faculty and staff.

"There have been several incidents today [Tuesday] pertaining to thefts from faculty offices," the message said. "Please keep all office doors locked when vacant and report all suspicious person(s) to Campus Police."

As of Thursday afternoon, there had been no arrests made in connection with the crimes.

The college last experienced a string of similar thefts in fall 2006 when six female faculty members had their purses and wallets stolen in the same manner.

Wilson said her purse was stolen out of her desk when she left her office to go to the restroom. She estimated that the theft occurred between 10:30 and 10:45 a.m.

"The Honor Code applies to all areas of student life," said Wilson, who also serves as faculty adviser to the Honor Court. "I hope it wasn't a student, but if it was it's just disheartening because I feel like that's a personal violation."

She said she discovered that her purse was missing after returning and was able to cancel her credit and debit cards and report the theft to campus police.

"Campus security was on this immediately and I feel confident that they can catch who did it," she said.

Wilson said she was thankful the theft occurred the day it did.

"If it had been a teaching day, I wouldn't have discovered it until 4 o'clock that afternoon."

Turner said cash was taken out of her wallet but nothing else was stolen.

see *Thefts*, page 2

Balancing Act: UVa-Wise cafeteria goes trayless



Photo by Jessica Price

Students at the caf on Wednesday have more room without trays cluttering up the tables, but must juggle their plates if they are to make it from the line to the table safely. UVa-Wise has stopped using trays in attempt to save water.

By Allie Robinson
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It is at once both an environmental and economic concern. If also they leave students standing in the caf scrambling their heads in confusion with one hand while balancing plates and dishes in the other.

UVa-Wise has joined a nation-wide movement in eliminating cafeteria trays from college dining facilities. First Lawson, director of Dining Services, wrote in a e-mail that sustainability on college campuses is

a growing trend and that UVa-Wise and the college's food service provider, Chartwells, are taking steps to get on board.

He said that the first step in the process was to focus on reducing food waste, as well as water, chemical and energy usage.

"Already this year I have seen our dishwashing chemical usage cut in half by going trayless," he said.

He said that the dishwashing cycle uses 1.3 gallons of water per plate, and since trays can be washed at a time. Therefore, by going trayless, the cafeteria is saving 200 gallons of water per day, or approximately

see *Trays*, page 4

He's Not Gonna Write You a Love Song...



Photo by Allie Robinson

Juniors Michael Robertson and Brad Graboyes and sophomore Danzeng Ceren spend an evening in the student center atrium listening to the piano strains played by freshman Benjamin Danso on Sept. 3.

Problems with loan lender not a cause for concern

By Kristie Montgomery
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About 100 UVa-Wise students have been affected by a financial crunch impacting the popular loan lender EdAmerica and will receive their student funds later than expected.

"Students shouldn't panic," said Bill Wendle, director of financial aid. "The money will be here well within the time frame that financial aid processes loans."

Although EdAmerica's funds were supposed to be dispersed to students on Aug. 26, a letter sent the following day apologized for the delay and issued a new timeline for disbursement in mid-September.

Contrary to rumors spread around campus that the Knoxville-based EdAmerica didn't have the funding to back up its promised student loans, Wendle said that isn't the case at all.

"EdAmerica will definitely have the funding to cover their loans," he said. "They are just delayed from the national

credit crunch."

Recent changes taking place in the national economy put additional stress on the student loan program, Wendle said. Private lenders began revoking participation in loan programs or cutting back funding, leaving other lenders to pick up the slack, therefore creating uncertainty in the student loan program.

"It's part of the reality of the market right now and there have been things put in place to accommodate that," Wendle said.

Earlier this spring, the federal government passed the College Cost Reduction and Access Act, promising to provide resources and funding to lenders who remained in the lending program.

"Because resources are scarce, this act has insured that the federal government will back [lenders] and provide them with the resources they need," Wendle said.

Affected students should have been contacted by EdAmerica but any additional questions can be directed to the Office of Financial Aid.

INSIDE



THE LADY CAVS VOLLEYBALL TEAM PLAYED THEIR FIRST HOME MATCH OF THE SEASON LAST WEDNESDAY. SEE HOW THE YOUNG TEAM FARED ON PAGE 6.



HAVING TROUBLE REMEMBERING NEW FACULTY AND STAFF MEMBERS? REFER TO OUR LIST ON PAGE 2 FOR HELP REMEMBERING ALL THE NEW FACES.

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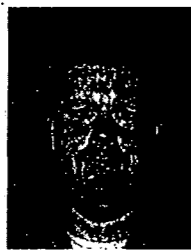
UVa-Wise Welcomes its New Faculty and Staff



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Assistant Professor of Public Relations and Advertising



Ed Ford
Teaching Fellow in Mathematics



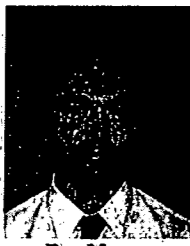
Robert Hatch
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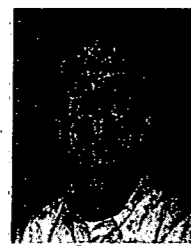
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Donald Leech
Assistant Professor of History



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Technical Director of Theatre



Gregg Newschwander
Professor of Nursing and Nursing Chair



Rut Roman
Assistant Professor of Spanish



Eric Smith
Assistant Professor of Political Science



Donnie Sorah
Teaching Fellow of Music



Kathy Still
Assistant Director of College Relations



James Wardell
Director, Center for Teaching Excellence

Not Pictured: Kristine Hoffman, Teaching Fellow in Biology; Reginald Mungrue, Head Athletic Trainer; Stephanie Perry, Director, Human Resources

Photos provided by Dianne Cornett

College to implement new student information system

By Mariah Redden
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The college has selected a new student information system and plans to have it fully operational by April 2009.

The new system, produced by the software vendor and developer Jenzabar, will replace the current student system, CoCo, and will bring together the college's registration, admissions, financial aid, advising, student affairs, and cashier's office into a new and improved system.

"Jenzabar's solution will not only give students better access to their personal college information but also give UVa-Wise a new system that will grow with us as the college

grows," Vice Chancellor for Information Technology and Chief Information Officer Keith Fowlkes told *The Highland Cavalier* in an e-mail.

The college used a bidding process to determine which vendors would have the opportunity to present their products to campus leaders, Fowlkes said. A "committee of potential users" reviewed all of the products and "decided that Jenzabar most closely offered the product we expected," Fowlkes said.

"Jenzabar was the most user-friendly, had a better degree audit module and the company's references gave them very high marks in being responsive to the needs of their customers," said Shelia Cox-Combs, the college's registrar and assistant dean.

Theater department to present "Alice in Wonderland"

By Sandra Cook
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The Theater department has announced the cast for the 2008 Fall performances of "Alice in Wonderland," adapted from the story by Lewis Carroll, and "A Slight Ache," by Harold Pinter. The dates for the performances have yet to be released.

Auditions were held on August 26 and 27. Associate Director of Theater Michael

McNulty said that 22 students came to audition for the Fall performance.

Jade Bolling, Darcy D'Amato, Alex Head, Sam Lovin, McKenzie Martinez, Ellie McDonnell, Joe Necessary and Selinda Stanley were all chosen to be a part of "Alice in Wonderland," the story of a young girl named Alice who falls down a rabbit hole into a fantasy world populated by peculiar creatures. The roles for the play have yet to be decided.

"A Slight Ache" is about a man filled with fears of growing old and losing his identity and his frustrated wife as they encounter a mysterious matchseller. Roles have been cast with Matt Trogovac playing Edward, Teresa Griffen portraying Flora and Josh Fleanor rounding out the cast as Matchseller.

Anyone interested in being a part of the Fall performances can contact the Theater Department at 328-0226.

Twelve freshman still reside in local hotel

By Julie Kaye Shortt
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The largest freshman class in the college's history doesn't even fit on campus.

Due to a lack of room space in residence halls, approximately 12 students have been housed at the Wise Best Western since the beginning of the semester. The college is required to provide housing for students who do not reside in Wise County or the city of Norton, and the available space on campus simply wasn't enough this year.

Director of Residence Life Angie Lemke said that this year has been more difficult than expected, but that students seem to be enjoying the ame-

nities that come with living in a hotel. "We are trying our best to make it the most positive experience we can for them there," she said.

Sophomore Norris Gaskins lived in the Best Western until a room was found for him in Henson Hall.

He said that he enjoyed living in a hotel because of the big-screen TV, the maid service and the continental breakfast. However, he said he found waking up early to take the shuttle to campus inconvenient, especially since he had to stay on campus all day.

The hotel has been assigned an RA, Eric Kellogg, who stays at the hotel and helps transport students to and from campus.

Lemke said that college officials are working to get students into rooms on campus as soon as possible.

Thefts

Continued from page 1

"We have an open campus and that's what campuses should be," she said. "But nevertheless, people take advantage of the fact that we do have an open campus."

Turner said that acts like these could be prevented with cameras in buildings.

"We do desperately need...cameras in the hallway," she said. "It's not invading anybody's privacy to have a camera in the hallway. We've moved to the state where we're going to have to have cameras. It's a shame."

"A camera itself is not going to stop a crime, but it does help deter a crime."

Like Wilson, Turner said she hoped the thief was not a student.

"It's sad, and it would be even sadder if it turns out it was a student because we talk a great deal about honor around here," she said. "But a thief has no honor."

Tucker said her wallet was stolen sometime between 10:00 and 11:00 a.m.

"I was in [my office]...and I only got up twice and left the office," she said. "I walked down the hall...and checked my mail, turned right around and came back. The other [time] I left to go to the bathroom at the end of the hall. And during one of those two periods of time somebody came in here, got into the drawer where I keep my pocketbook, got into the compartment where I keep my wallet, took the wallet out and they were gone by the time I came back out because I didn't see anybody."

"I was not out of the office for more than two minutes."

Tucker said she did not see anyone in the hallway when she left her office either time.

"This hall was pretty well deserted...and if there had been somebody walking down the hall when I came out to go to the bathroom or sitting on one of the benches I would have noticed it," she said.

A short while later, Linda Davidson, the secretary in Darden notified Tucker that she had her wallet.

"I didn't know it was gone," Tucker said.

Davidson was the one who first contacted Campus Police about the incident.

"Catana [Turner] had gotten out of class and she comes in here and says... 'Somebody has been in my office and taken my money,'" Davidson said. "I called the police...and the next thing I know I hear Jennifer Wilson had had her billfold stolen."

Davidson said she remembered when there were thefts in the fall of 2006, the thieves had thrown the purses in the garbage can. She said she looked in the Darden women's restroom but didn't find anything. She did, however, look in the Darden stairway near the Science building because she said it looked like a good place to drop something.

She said she took the lid off the trash can and saw Tucker's black billfold.

"I immediately called Marge [Tucker]," she said.

"If it hadn't been for Linda, I would have been in big trouble," Tucker said. "Whoever it was took the cash...but they didn't take any of the credit cards or anything else that I can tell, and just threw the wallet away."

Jenkins said she does not carry a pocketbook, but her keys were stolen from her office. She said the whoever took her keys apparently found her car using the key fob and searched the vehicle. Jenkins said she didn't notice that anything had been taken from her car, but her keys are still missing.

She said she thought the thief entered her office between 9:30 a.m. and 11:30 a.m. During that time, Jenkins said she was directly across the hall teaching a class.

Kevin Jansen, an associate professor of biology, said that he did not see anyone suspicious in the halls that day but he did say that Tuesday was the first day classes were held in Science 100 this semester. He said the science building was crowded with new students trying to find the lecture hall and it would have been hard for him to notice if anyone was out of place.

Anyone with information about the recent crimes should contact Campus Police in their office (328-0190) or through the cops' line (328-COPS).

OPINION

Facebook vs. MySpace The Age-Old Debate

By Marissa Jones
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Everyone has pondered the question several times: Facebook or MySpace?

While several individuals have succumbed to opening accounts on both social networking sites, each has definite pros and cons. In that spirit, let us explore the question in a bit more detail.

Round One: Communication with "friends."

Both networks allow account holders to add as many "friends" as they'd like. If you randomly meet a person on the street one day and learn that they have Facebook or MySpace accounts, odds are they'll be your "friend" within 24 hours.

Each network offers a public wall on which friends can post, as well as a personal inbox for private messages.

Neither social network has a certain feature that puts them ahead of the other.

As a result, round one is a tie.

Round Two: Security.

Have you ever encountered a "friend" who knew too much about you personally? Odds are all of us have blocked someone on either of the social network systems at some point in time.

As far as blocking others, each network is equal. Both have features allowing an individual to completely block themselves from all searches, if desired.

MySpace, however, trumps Facebook with yet another security feature: If an individual wants, they may put a restriction on their account. If the person adding them does not know the friend's last name, e-mail, or cannot type of a random sequence of letters and numbers to prove they are not a robot, access will be denied.

So, while both networks allow extreme security measure MySpace wins due to its added interest in keeping its users safe from spam and stalkers.

Round Three: Expression.

What do you want to be on your account? In all reality, the options are endless.

On MySpace, you can pick a color or decorating scheme for the entire layout of the page. The "About Me" section can be littered with as many photos and quotes as desired, along with lists of your heroes and the people you'd most like to meet. You can also add your own music playlist, as well as education information, employment history, relationship status, sexual preference, drinking/smoking preference and personal horoscope. An account holder can even pick a personal mouse pointer for their page—it could be anything from a bunny to a skull and crossbones to a bunny—that visitors must use while surfing your profile.

All in all, MySpace gives you plenty of opportunity for expression.

While Facebook has areas for the above mentioned information (i.e., relationship status) everyone's profile is set up exactly the same as far as color, layout, and mouse pointer. A white background with the traditional dull blue dominates the design on each profile.

While individuals may move boxes around to distinctive areas in their profile and add endless applications that reflect personal interest (i.e. Pieces of Flair), changing your profile color scheme isn't an option.

Sure, Facebook gives just enough options to make you feel like you have a decent means of expression, but you're cut short if you want a personal profile. Round three goes to MySpace—here's to polka-dotted profiles and heart-shaped mouse pointers.

Round Four: Classy Appearance.

As mentioned in round three, both Facebook and MySpace offer diverse means of expression. With this in mind, which social network offers the classiest view of your personal self and which network comes off looking a little

trashy?

While MySpace offers personal profile layouts, they may become jumbled. Likewise, an individual could have too many applications for your personal taste on their Facebook profile.

However, the deciding factor on classy appearance comes down to a small triangle located on the far left end of any Facebook application. If you move your mouse over the small triangle and click once, the application will collapse and be forever removed from your view, until you wish to resuscitate it. Volla!

However, if visiting a profile of a friend on MySpace who is obsessed with Paris Hilton and you want to collapse the 30 pictures of her obscuring the page, you're out of luck.

Thus, Facebook wins classiest appearance, while MySpace is considered a tiny bit trashy, because of its ever-present junk.

Round Five: Applications.

Speaking of the ever-present applications littering Facebook, which social network system offers the most applications?

Facebook wins this round hand down. While MySpace is incorporating some of the applications seen on Facebook (such as Bumper Sticker) MySpace has nowhere near the quantity of applications as Facebook. Finding applications through a simple search process yields results in areas ranging from sports teams to your own personal fish tank.

Sorry, MySpace. Facebook wins round five.

Tiebreaker.

So far, Facebook and MySpace both tally two wins each, with round one being a tie. The tiebreaker for the competition will be what everyone secretly does, but no one wants to admit: stalking and the ability to stalk others.

Since the development of the news feed on Facebook home page, along with the mini feed displayed on each ac-

Do You Prefer Facebook or MySpace?

Amanda Meade
Freshman
Undecided

"MySpace because I've had it longer than Facebook."

Brittany Salyers
Freshman
Undecided

"MySpace because I don't have a Facebook."

Allyshea McReynolds
Freshman
Undecided

"Well, I don't have a Facebook so I like MySpace better."

count holder's profile, stalking ability is better than ever.

Now, when I say stalking, I don't mean actually harming an individual. I'm talking about knowing when your friend updated an album, commented on someone's wall, is attending an event, joined five new groups, or is "totally frustrated," all in one day.

MySpace has yet to incorporate a mini-feed on profiles, lessening the ability to know what is happening 24/7 on this social network.

So, the tiebreaker goes to Facebook.

In the age of social networking systems Facebook triumphs over MySpace due to its mature presentation and fun, addictive applications.

Better luck next time, MySpace.

From the Editor's Desk

Our Very Own Pearl Harbor

It always amazes me how fast the years seem to go by. It literally seems like yesterday I was scared to death to go to freshman orientation.

I can't believe it's been 18 years since I first experienced the Star Wars movies.

It's weird knowing that this will be my third year working on this newspaper.

And it's shocking that it has been seven years since two jets crashed into the World Trade Center towers, completely altering our lives.

We all remember where we were that day

and exactly what we were doing when it happened. Whether it was walking down the hall of our high schools (or middle schools for most of you) or going to our jobs, we'll never forget where we were the "day the world stood still."

The fact is that almost every generation has a moment like Sept. 11. That one day when the impossible happens and everything seems like a bad dream.

For our grandparents, it was the bombing of Pearl Harbor.

For our parents, it was the assassination of John F. Kennedy.

And for us, it was the day we all realized that America is not an invincible force that crushes even the largest of opponents.

Some of you may have not thought of this, but American history changed that day. Think of all things that might have been different if Sept. 11 was just another day like Oct. 6 or May 13.

While the most obvious change would be that we wouldn't be involved in a war, it's interesting to ponder other things.

Would George Bush have been elected to a second term?

Would we even consider such diverse presidential candidates as Barack Obama and Hillary Clinton?

What would air travel be like?

Would we care so much about illegal immigrants entering from Mexico?

What would be the average price of gas in the country?

Would movies like "Harold & Kumar 2" ever be made?

Perhaps the biggest question is if Sept. 11 had never happened, what would have been the resulting event have been worse? Would a nuclear strike have been more probable?

No matter how many questions I can come up with to "make you think," it real-

ly doesn't matter. The fact is that the worst foreign attack on American soil can never be changed or reversed. It can't even be said for certain that we are better or stronger for it. Sure, we all came together and had a "kum bah yah" moment on Sept. 12, and I in no way tend to diminish that, but are we any better today—7 years after the fact?

Our troops die everyday on a foreign battlefield that seems to be incapable of peace.

Terrorist sects thrive on martyrs and blind belief.

Negative stereotypes of Muslims run rampant across the country and in the media.

I suppose, if nothing else, we are a more aware generation than we were before. But that comes from experience. And experience is the one thing we can never pass on to our children and our children's children.

Based on past events, however, we won't need to. They too will have their own Pearl Harbor.

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The *Highland Cavalier* is the official student newspaper of The University of Virginia's College at Wise. The newspaper is published weekly on Fridays. It functions to inform, educate and entertain readers accurately and responsibly. It does not necessarily reflect the opinions of the college's administration, faculty or staff. Also, the opinions expressed on the Opinion Page are those of the individual writers and do not necessarily reflect the opinions of newspaper editors and staff members.

The *Highland Cavalier* welcomes all contributions, which can be delivered to the Editor-in-Chief Daniel Robinson in person (317 Sloop Student Center); by standard mail (Campus Box 4682, The University of Virginia's College at Wise, 1 College Avenue, Wise, VA 24293); by phone (376-0170); or via e-mail (highlandcavalier@uvawise.edu).

Letters to the editor can also be e-mailed to Opinion Editor Marissa Jones (highlandcavalier@uvawise.edu). All letters to the editor must be signed—including the writer's department or major, address and telephone number. Letters may be edited for length, grammar, clarity and libel.



Campus & Lifestyle

Award-winning author to speak as part of lecture series

From Staff Reports

A pioneer of the "voluntary simplicity" movement—which asked individuals to simplify their lives by cutting back on consumption, easing their busy schedules, and living life with purpose—will speak on the changes we can make in our personal, professional and civic lives in order to contribute to a more promising and meaningful future on Sept. 9 as part of the Chancellor's Lecture Series.

Duane Elgin, the author of "Voluntary Simplicity" (1981), "Awakening Earth" (1993) and "Promise Ahead" (2000), will talk about "The Tipping Point—A Hopeful View of Our Future" at his 7:30 p.m. address in the Chapel of All Faiths. The lecture is free and open to the public.

Elgin has worked as a senior social scientist with SRI International and has

co-authored studies on the long-range future for the National Science Foundation and the President's Science Advisor. He was also a senior staff member of a joint Presidential-Congressional Commission on the American Future.

Over the last 25 years, Elgin has co-founded three nonprofit, transpartisan organizations concerned with media accountability.

In 2006 he received the Gol Peace Award from the Gol Peace Foundation, acknowledging his "outstanding contributions toward the realization of a peaceful and harmonious world for all life on earth."

Elgin earned an MBA from the Wharton School and a master's degree in economic history from the University of Pennsylvania.

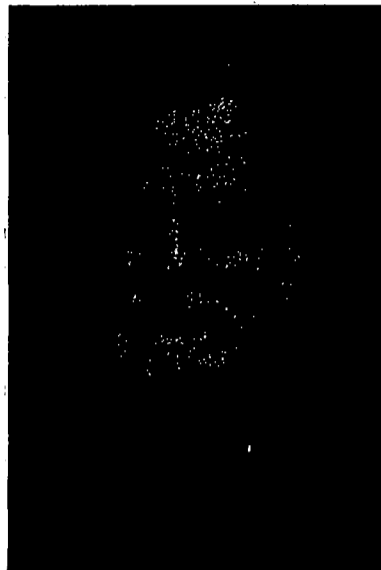


Photo provided by College Relations

Campus Calendar

Greek Recruitment Week
Freshman Seminar Giveaway 8-28

Saturday, Sept. 6
OREC Wet-n-Wild White Water Adventure

Volleyball at Asbury Quad

Sunday, Sept. 7
INT NCAA Football Tourny, 7 p.m. SSC, Jefferson Lounge

Monday, Sept. 8
CSD Suicide Awareness, 9 a.m. SSC

INT NFL Fantasy Draft, 7 p.m. SSC, Jefferson Lounge

Tuesday, Sept. 9
Volleyball at Bluefield College

Bookstore Textbook Buyback

Career Development - "Advice & A Slice" SSC, 5th Floor, 5 p.m.

SAB Xbox Tourny, SSC, Jefferson Lounge, 6 p.m.

Wednesday, Sept. 10
Last Day to Drop a first 7-Week course

Bookstore Textbook Buyback

BSM Super Supper, BSC, 5 p.m.

INT Dodgeball Reg. Deadline, SSC 3rd Floor 5 p.m.

Thursday, Sept. 11
INT Homerun Derby, Intr. Softball Field, 5-7 p.m.

Friday, Sept. 12
Volleyball vs. Tenn. Wesleyan, 6:30 p.m.

Campus Bulletin

Want to experience TRUE darkness? Go caving with your friends, on Sept. 20.

Sign-ups start Monday, Sept. 8 and drawings will be held Monday, Sept. 15 if needed. Only \$10 per person, direct any questions to Joel Williamson, 3rd Floor SSC.

LAST CHANCE to sign up for the Canoe Trip, on Sept. 13.

Sign-ups will run until noon on Monday, Sept. 8. Only \$10 per person, to see the beauty of The Billmore Estates from the French Broad River. Direct any questions to Nick Marshall, 3rd Floor SSC.

All Campus Championship Rosters are available on the 3rd Floor of the SSC.

Think you can De-throne the reigning champions?

Contact the Office of Intramurals, Direct any questions to Joel Williamson or Nick Marshall.

There will be an X-Box 360 NCAA Football 2009 tournament on Sunday, Sept. 7.

The tourny will start at 7PM in the Jefferson Lounge. Winners will receive a free T-Shirt. All Campus Event.

The Dodgeball Season Captain's meeting will be on Wed., Sept. 10 at 5:30 on the 3rd floor of the SSC.

There will be a slow pitch softball Homerun Derby on Thursday, Sept. 11 at the Intramural Softball field.

Participants can show up anytime between 4 and 6 p.m.

The Center for Student Development will host "Advice & a Slice" on Sept. 9 between 5 and 6 p.m.

A senior law school representative will be on campus to provide information on the law school application process. All students considering law school need to attend to get current information on applications, essays,

LSAT, and the LSDAS. Students must register in the Center for Student Development in advance.

Contact Kathy Elkins at 328-0126 or by e-mail at k_elkins.edu for more information.

Each year colleges and universities receiving federal funding are required to sponsor a Constitution Day activity commemorating the signing of the U. S. Constitution on September 17, 1787.

This year's activity at UVA-Wise will be an online experience.

Starting Monday, September 15, students, faculty, and staff will receive e-mails directing them to the National Constitution Center's webpage to view: Centuries of Citizenship: A Constitutional Timeline.

Additional information will follow via e-mail.

Academic schedules and eating patterns vary for every student here at UVA-Wise. To accommodate every student's needs,

Chartwells Dining Services provides a variety of Meal Plans.

Here's the Meal Plans Available!

Block 80- The perfect plan for commuters who want to eat an average of one meal a day on campus throughout the semester. This plan includes 80 meals to be used at any time during the semester. (\$437)

Block 50- Ideal plan for commuters who want to eat an average of three meals a week on campus throughout the semester. This plan includes 50 meals to be used at any time during the semester. (\$286)

Block 25- The perfect plan for people who are unsure of their schedule. This plan includes 25 meals to be used at any time during the semester. (\$150)

Dining Points- A dollar amount can be purchased and placed on your CAVS Card to be used at Papa Joe's or Cantrell Dining Hall just like Cash! You can add more points to your card anytime throughout the semester!

Trays

Continued from page 1

56,000 gallons by the end of the school year. The energy typically used washing all those trays daily is also saved.

Cindy Greene, who works at the Menutainment station in the cafeteria, said that last year she saw whole hamburgers and wraps being thrown away.

"If you have trays you tend to take more food," she said. "This has probably cut down on waste because students take less to begin with."

A study published this year by food services giant Aramark reported that food waste was reduced by 1.2 to 1.8 ounces per person per meal when the trays were eliminated from mealtime. This represents a 25 to 30 percent reduction in food waste per person.

Lawson said that going trayless also helps reduce the waist, in addition to reducing waste.

"Carrying only one [plate] at a time helps [students] make healthier choices in the dining hall," he said. "When we are at a buffet we see a variety of food...and want to try some of each. With a tray in our hands we have plenty of room to pile on some of each kind of food whether we think we are hungry enough to eat it or not."

The response to the lack of trays is varied. Sophomore Mackenzie Martinez said that she can see why eliminating trays is a good thing—it helps people limit portions and eliminates clutter on the tables—but that overall, it is an inconvenience.

"You have to keep getting up to get food," she said.

Tim Golden, a sophomore, said that not having a tray will not keep students from piling up food. "You'll eat as much as you want," he said. "If anything, it causes more potential accidents on the floor because you have to balance everything."

Junior Nicholas Marcos said he eats in the caf twice a day and that the disappearance of the trays did not change his eating habits.

"You eat the same regardless," he said.

Entertainment

THIS WEEK IN ENTERTAINMENT

Movie
(All released on Sept. 9)

"Bangkok Dangerous"
(Lionsgate)
Starring: Nicolas Cage
Rating: R
Genre: Action
A hitman is sent to do a job only to fall in love with a local woman and befriend his errand boy.

DVD
(All released on Sept. 9)

"Extreme Movie"
Starring: Frankie Muniz, Michael Cera, Justin Kennedy
Rating: R
Genre: Comedy
Plot: This sketch comedy movie explores the embarrassment and hilarity of being a teen.

Music
(All released on Sept. 9)

"The Dark Romantic"
Genre: Indie Rock
Lupo Recordings
Genre: Indie Rock

Gym Class Heroes
"The QUIT"
(RCA)
Genre: Alternative Rock/Hip-Hop

ED Cool
"Exit 13"
(Del Jam/Violator)
Genre: Hip-Hop

Metallica
"Death Magnetic"
(Warner Bros.)
Genre: Metal

Jessica Simpson
"Do You Know"
(Columbia Nashville)
Genre: Country

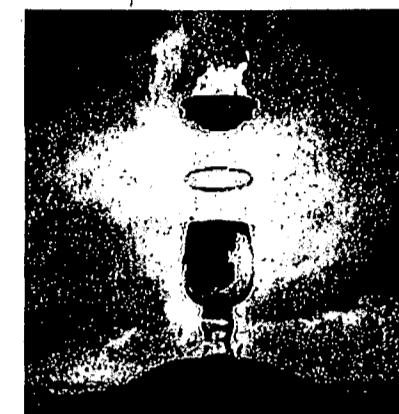
Video Games
"Shrek 3"
(Capcom)
"Super Mario Galaxy"
(Nintendo)
"The Sims 2: Pets"
(Electronic Arts)

NHL '09
(EA GAMES)
(EA)
"The Sims 2: Pets"
(Electronic Arts)

TV
(Sept. 9-10)
"The Simpsons"
(Fox)
"The Simpsons"
(Fox)



The Classic Crime shows their musical layers with "The Silver Cord"



By Aaron Collier
Feature Editor
aac7x@uvawise.edu

Tooth and Nail recording artists, The Classic Crime, is a band with multiple depths.

Their debut album, "Albatross," showed the group as an alternative rock band that specialized in writing powerful and meaningful anthems. Then came the "Seattle Sessions" EP that painted a stripped down, mature version of the band with its deep lyrics and blues-inspired, acoustic-driven sounds.

When the band announced that a new album, "The Silver Cord," would be released in 2008, I was excited to see what they would deliver next.

Would they return to their alternative roots or continue with the softer, lyrically smarter versions of themselves that they had recently discovered?

To my surprise, The Classic Crime once again added another layer to their landscape by taking the best of both of their past albums and combining them to make a record that will please fans of both albums and garner them mainstream attention with their radio-friendly alternative sounds.

"We wanted to show that we enjoy and are capable of different styles of music," said lead singer Matt McDonald in an interview with PlugInMusic.com. "It may have been risky, but we'd rather have integrity musically than worry what people might think," he said.

It's the "risky" that helps this album succeed. The band's decision to alter their already established and polished alternative sound was a bold one to say the least. But songs like "Salt in the Snow," "Medisin," "Closer than We Think," and "The Beginning" work to make both the band and the album sound more mellow without alienating the core fan base that the band has built over the years.

The band does return to their rock origins with tracks like "Grave Digging," "Abroaders," and "Just a Man." Fans of the band's alternative melodies will play these tracks over and over, singing at the top of their lungs with each re-playing.

Even though I referred to the songs on this album as "radio-friendly," that doesn't mean that the band has no soul behind its music. Each song deals with something that is easily relatable to the

listeners. The track "Everything" touches on finding that one true love that you want to be near at all times. "God and Drugs," on the other hand, shows that even religion can be used as a "quick fix" drug for our sorrow and pain.

"We've never done anything this thematic before," MacDonald said. "I've always just written what comes natural. I think the strength of this album lies in conceptual depth."

"The Silver Cord" delivers a sound of maturity that doesn't trample over veteran fans for the sake of making new ones. With an immense 15 tracks, The Classic Crime presents something for everyone to enjoy.



Photo obtained from purevolume.com



Randazzo explores the dark side of professional wrestling in "Ring of Hell"

By Aaron Collier
Feature Editor
aac7x@uvawise.edu

I have always been a wrestling fan. I was there for "Hulkamania," the birth of the New World Order (NWO) in World Championship Wrestling (WCW), and "Stone Cold" Steve Austin blurring the line between the "good guys" and the "bad guys." As I grew older and discovered that the matches were predetermined, I became enamored with the business side of wrestling.

The backstage politics became the real entertainment as I gradually became a "smart wrestling fan." At the same time, I searched the Internet for all traces of news and rumors about the wrestling world that I could find.

Then there's the celebration of the real "workers" of the business—the guys that climb in the ring and try their best to make it look as painful as humanly possible. The majority are undersized and have no choice but to throw caution (and their bodies) to the wind in order to gain adulation from the crowd. True wrestling fans love these guys (and girls) who truly personify the athleticism that it takes to be a great wrestler and entertainer.

One of those favorite "workers" of wrestling fans was Chris "The Crippler" Benoit.

Within wrestling circles, Benoit was what fans wished every wrestler was: A tough guy who fans loved to see succeed because of his small stature and aggressive style in the ring. To fans, he personified what wrestling should be.

But behind the façade, Benoit was a disturbed individual who committed one of the most heinous crimes in recent memory when he murdered both his wife, Nancy, and his small son, Daniel, before taking his own life. A man that was personified for his masculinity, he will be remembered, only and rightfully, for turning his back on the one thing every human should hold sacred: family.

Author Matthew Randazzo explores the life of Benoit and the culture of professional wrestling in his book, "Ring of Hell: The Story of Chris Benoit and the Fall of the Pro Wrestling Industry," published by Phoenix Books.

After reading this book, I can say for the first time in my life that I am ashamed to be a wrestling fan.

The book looks at Benoit's early life and his unhealthy infatuation with Tom "Dynamite Kid" Billington and his kamikaze-style of wrestling which Benoit mimicked throughout his career. Billington was also a small man and thus felt he had to punish his body by taking crazy falls to get noticed, resulting in numerous concussions and other severe injuries. Benoit's idol worship of Billington also led him to developing a more dangerous habit: chronic steroid use. Billington lost his legs due to a mix of pain medication abuse and massive steroid intake; Benoit lost his sanity.

Randazzo blends the world of Benoit and the wrestling business seamlessly, showing that once someone makes the decision to be a wrestler, the business becomes their life. Benoit was no different.

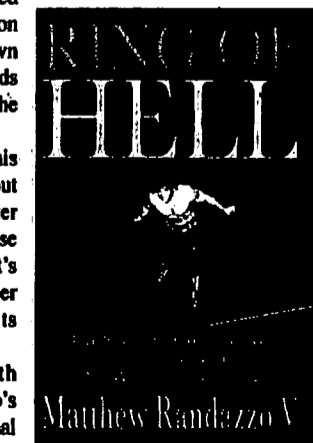
The book dives into the brutal "ribbing" that takes place in the wrestling world. From the torture of the Harts family training camp dubbed "The Dungeon," to the unmerciful treatment in the New Japan Pro Wrestling Dojo that led to the cover up murder of a young trainee by a former NJPW world champion.

Randazzo illustrates that even though Benoit is more than responsible for his actions, the industry he worked for helps to lead to death and destruction for all those that choose to walk down its path. The wrestling industry breeds cruelty that Benoit and many others in the industry have taken up as "tradition."

Randazzo shows no restraint in his contempt for the wrestling enterprise, but does it in a way that doesn't sound bitter or angry. Instead, he writes with a purpose to expose an industry that neglects its workers and places the "business" over physical and mental well being of its employees.

With in-depth interviews with former wrestlers and writers, Randazzo's exploration into the world of professional wrestling is insightful and horrifying.

From the chronicling of Benoit's spiral into oblivion, to the uncovering of the maniacal behavior of WWE owner Vince McMahon, Randazzo is relentless in bringing the truth about professional wrestling to the surface.



Girls & Sports

By Justin Borus & Andrew Feinstein



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