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By JuUeKayeSbaitt
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UfnU'Of'itnw'and anxiety and^basafTcctedliis academics:
|bhowever, be8aid'hB i8iip for the challenge.

"It is hard torana campaign' whUe wotldng towards
giaduMion in May," he said

Dickenson CSouty boiders Wise Oounty to the nmth. h is
imade up ofthetownsonriGUndico,Hay8i, and Clintwood and
cbiuiists irflvseparate voting di^ct&

His childhood in GIntwood;<hi8,passioa for the commu-
n is and iidcrest in politics are whatmade Evans decidetoran
for pobUo office;

"I. decided to^ran for office because I love Dickensra
Goimty and^r wanttosee itfproqwr inilbeifuture so my peers
andil can have a better life in.DickeosontGQimty and not bb
roicedltoleaveito find a job;" he said.

Evans saldihis goal; if elected, is toaggresdvely recruit
Jobs and Industrytothe area.

"Iifediour ecoaoinic devek)pmnt programs have let our

citizens down, especially our young;peq)le," Evans said

The education system is also an important priority for
Evans.

"I want to balance the budget'in Dickenscm County so we
can increase tile salary for school teachers in ordertoimprove
the educadon system," he said

Evans said'local government was very Important and he
thinks youogipetqile sfaould'be invcdved with their own local
government.

"I want to encourage young people to <be more attentive
andiinterested'in what goes on in their local goveroent be-
cause it affects them in several diflereot ways," Evans said

Evans saidthis career at the college has helpedUm pre-
peiefor his campaign.

"Professor Kieisey [inthe Departmem of SocialandiBe-
havioral Sciences] helped me to polish my debating skills,"
Evans said fHie class curriculum at the college has really
^ded my knowledge (rf how local government operates and
how a budget should pt<^)eriy operate."

. Evans said Hiat If he is elected there will be many changes
in Us We, bm he is ready for the transitiofi into a new phase.

"If electedI am not sure of the impact it will have on my
life," said'Evans. " I will have to make some important deci-
sions like whether or not I will goto graduate school."

Polls wiDiopen all over the state of Virginia on l^iesday,
Nov.d

PhotobyDanieiRoUmai

JotMiua Evans, a senior nutforing In
aovenunent and public admlnlstra-
Hon, Is hoping to gain a seat next
nionth on the Dickenson County
Board of Supervisors

Stedeiil-riin TV show to return m spring'

By Stephanie Skeen
Stair Writer
smi)9ax@uvawise:eihi

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The colic's student televislaa shoWi
what was formerly known M Oav>TV, is DOW
in its.flrst stages of a piomiring new year,
and it's ptamng on a new approachto pro-
grammlng.

"We are working to completely reinvent
jthe channel and the service," Keith Fowlkes,
vice chancellor of informatcm technology,
said in an e^inail. Fowlkes is one of the peo-
ple in charge of the stwfio this yeat

The jH^giamming win coitfiiMie to be
tuuifM and newstcenterd but will now have
new segment' ideas and brand new equip-
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usei, Fbwlkes said during an informatloaal
meeting Mniday.

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new digital'tprodiKtioa equipment and soft-
ware tobiing the stodi'iq>to ccurrent digital
standards," Eowlkes sald'in the e-mail;

In additknto new equipment, new ideas
for programmfag were discustedi at Mon-
day's raeedDg.

Coverage (rf campus activities, such as
SaA meetings, is being dMught over, as well
as a segment showing random students' doim
rooms, muchilike MTV's "Cribs." A spin off
on "The Today Show's" "Wherein the World
is Matt Lauer?" is bdng considered also,
wUch wUlifeature different landmarks in the
regiontoqnrk students'curiosity.

Another idea bdng tHscnsed'is having
a dpeitmental m ^ spotUgbt, which will
featwe information>oa'diffe(ent majors and
interviews with faculty and studeits within
each department-som^Ung' that may even-
tually end'up>on:a DVD for future (nospec-

tive students.

Showing daily news pieces at certain
times ofthe day aiMjmd dh v; *^^
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sldered as well, Fowlkes said

III'fact, the college chumel is expected
to remain mostly the same, with mudi of the
studiocootent'beingiput on the Internet, said
Rachel Tighe; associate prdessor of com-
munication and communication'depaitineot
head

Working with the studio Is not Just for
communication studeiris either:

"A group of iiMerested students from>
several disciplines, onnmuait^lioii faculty^,
and Media Services stalhave met s e v ^ .
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something .that w« can all be pnMid><rf here
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win be ready for air by February 2008, R>-wl-
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the can^Mis community.

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centered on atudNits.:Fbwlke8 hopes that au-
ditices outside the college wLU be reached

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very important to show our very best t f a f o i ^
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"Creative, hUelUgeit. and engaging. If
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Goiservative paper ciiciilales on campus

By JDrewlyoB
Stair Writer
ahtSwdnvawiSKedu

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'Cauipus," Barber- said
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Alternative proposed for missing events credits

By Allie Robinson
Staff Writer

Graduating seniors who have not completed their mandatory cultural events requirements may find themselves writing a paper to make up for their lack of credits.

Academic Dean Amelia Harris said the college is thinking about implementing an alternative paper requirement to help seniors who have not completed their cultural events over the past four years. The paper would need to be related to the theme of culture, Harris said.

She said she has requested ideas from various professors to establish a credible writing alternative equal to attending an event. The requirements for the essay have not yet been finalized.

Since fall 2004, the college has required incoming freshman to participate in eight cultural events during their tenure here. The seniors graduating this school year are among the first to be affected by the requirement.

"The requirement was put in place because [cultural events] are part of a liberal arts education," Harris said. "Since the requirement, we've had real audiences; our plays and concerts have been well-attended."

Senior Heather-Marie Hawthorne said she feels that the requirements are beneficial.

"There is a huge diversity that I think everyone needs to be exposed to in some way or another," Hawthorne said in an e-mail. "These cultural events give positive, safe and free [for the most part] access to learning

about different cultures."

Hawthorne said that she doesn't find it difficult to meet the mandatory eight-event requirement.

"There are so many different events each week that make the task easy," she said. Senior Charles Moore said that he doesn't think the cultural events credit is difficult to fulfill, but he said he dislikes the idea of being required to complete the credit.

"I am a musician and an artist, and I tend to feel offended when I look into an audience and know that the majority of students are there because they are required," he said in an e-mail. "I, for one, believe that forcing people to attend activities such as these tends to aggravate students, to the point that they grow to hate performances and the arts in general simply because they were forced upon them."

Moore said that the lack of cultural event requirements when he applied to the college five years ago influenced his decision to come.

"I most certainly would not have attended this institution had those requirements been in place at that time," he said.

Cultural events take place each week, Harris said she tries to send out an e-mail every time that an event counts for a cultural credit.

Harris said that not fulfilling the required event credits is a problem for some.

"There are five or six students graduating in December that still need to fulfill one or two cultural credits," Harris said.

Breast Cancer Awareness Month celebrated

By Stephanie Ring
Staff Writer
sarrp@uwawise.edu

October is Breast Cancer Awareness Month and many campus organizations have participated in events to promote knowledge of and research for this deadly disease.

The Center for Student Development started the month off with Lee Denim Day on Oct. 5.

Lee Denim Day was a single-day fundraiser created by Lee Jeans in order to support breast cancer awareness. People were encouraged to wear jeans and donate \$5 on the first Friday of every October.

The CSD organized a table in the student center atrium and distributed pamphlets and pink ribbon pins and collected donations. Also included was a fake breast that students could try to detect the lumps in.

The women's volleyball team hosted the inaugural "Dig for a Cure Night" on Oct. 10 against Tennessee Wesleyan.

Players on both teams received pledges for each dig their squad made. A combined total of \$2,150 was raised for

the Susan G. Komen for the Cure Foundation.

The players gained much more than money for the foundation.

"I believe that the team learned a lot of valuable information concerning breast cancer," said Cara Hamilton, a senior volleyball player.

"Before the game, we met with one of the workers for the Susan G. Komen Foundation out of the Tri-Cities [area] and she informed us of ways to detect early breast cancer and how important it is to raise money to do more research. This event was very beneficial and important for all of us."

Sororities also got involved in helping raise awareness about breast cancer.

Phi Sigma Sigma held a breast cancer awareness demonstration on Oct. 9.

A nurse came to campus to show individuals the correct way to administer a breast examination in order to detect lumps.

Statistics and other valuable information were given so students could understand just how many people are affected by this disease.

"I feel it is important to promote breast cancer aware-

ness because it is the second leading cause of cancer in women and any measure taken will improve someone's chances of surviving the disease," said sophomore Sandi Wood, member of Phi Sigma Sigma.

Theta Phi Alpha hosted its annual breast cancer awareness luncheon on Oct. 10 with guest speaker Kevin Jones, an associate professor of Biology.

All proceeds collected from the lunch helped to fund the Michelle Partin Scholarship, a breast cancer awareness memorial scholarship established for a former alumna and employee of the college.

Those with family members and friends who have had breast cancer said they appreciate the efforts of these organizations.

"Coach Dallman told us that after the game a player from Tennessee Wesleyan, the opposing team, came up to him crying," Hamilton said. "She said that her mother was recently diagnosed with breast cancer and that she appreciated the teams raising money for such a great cause. That, in itself, made the whole event and the fundraising worth it."

Mono spreads through campus residence halls

By Katie Hurst
Staff Writer
knh7h@uwawise.edu

Fall break has ended and many students have returned to the campus only to see the spreading of the "kissing disease."

Mononucleosis, more commonly known as Mono, is a common viral illness that can leave you feeling tired and weak for weeks or months, according to webMD.com.

Mono has many symptoms including fever, sore throat, muscle soreness and fatigue. However, fatigue is normal for college students because of varying sleeping schedules.

Some students on campus have already experienced mono.

Junior Lauren Cary said she had mono two weeks ago and was surprised that it forced her to miss class for almost a week.

"When I couldn't get rid of my sore throat and I had a temperature higher than 100, I went directly to the Wise County Clinic," Cary said. "I couldn't swallow anything, I had white spots on the back of my throat and I was extremely tired."

"The clinic couldn't do anything because mono has no medicine to cure it so it has to

run its course," Cary said.

Senior Toni Davis, a resident advisor for two years in McCrary Hall, said that this is the first year she has dealt with mono among her residents.

"One of my residents had mono and actually still has it," Davis said. "She has gone to the nurse and a local hospital to get information on how she can take care of herself. I told her that good sleep and disinfecting everything would help her get through this quicker."

Sophomore Nancy Kamal said she remembered when she caught mono in her first semester at the college.

"When I got ill I went to the school clinic and they said I needed to go to the Norton Community [Hospital]," Kamal said. "I woke up one morning and my throat hurt really bad and my lymph nodes were swollen."

The doctor said I had to stop running or my spleen and liver would rupture."

For more information on mono please visit the campus nurse located in the bottom of Cantrell Hall. She has information on the symptoms and how to avoid the "kissing disease."

Freshman student distributes conservative newspaper

Underground from page 1

pendent and unaffiliated with student organizations, Barber said. He said the freedom of being independent outweighs the benefits of campus sponsorship.

Junior Daniel Robinson, editor-in-chief of the Highland Cavalier, the campus newspaper, said that the student run school paper does

not favor a particular point of view.


"If the content seems more liberal than that is the result of what students have chosen to submit," Robinson said. "We encourage all styles and opinions."

Robinson said it is a policy of the school paper not to focus too heavily on national

issues unless they directly affect the students. "Notes from Underground" could fill this void by providing student's views on national issues.

Barber said he plans to distribute the newsletter every Friday in student common areas, such as the cafeteria, student center and library.

CAVALIER PHARMACY



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From the Editor's Desk

Harry Potter Character Let Out of the Closet

For the past few years, I have been a die-hard Harry Potter fanatic.

I've read all of the books at least twice and watched each movie more than five times a piece.

I catch myself compulsively checking the books section of Wal-Mart on each of my visits to make sure I didn't miss a book printed between books three and four.

If that's not enough, I can actually recite specific incantations for spells and tell you exactly what they do.

No, I'm serious. You know you're a Harry Potter geek when you've locked your keys in your car and you say "Alohomora" just to see if it actually works or you've left your book bag at home and mutter "Accio book bag" and expect it to come flying into your hand.

I love everything about the books and Harry may be my favorite literary character of all time.

I pride myself on knowing every piece of history and back-story the Harry Potter world has to offer.

However, all my knowledge and devotion gave me no inclination that the lovable headmaster of Hogwarts, Albus Dumbledore, was gay.

No, that's not a misprint. J.K. Rowling, author of the Harry Potter books, confessed to fans in New York last week that she has always considered Dumbledore to be gay. She even said that Dumbledore's tragic flaw was his love for another man.

Needless to say, I was a little bit surprised. Not because I didn't want the character to be gay, but because I never really thought about it.

Okay, before I get too far into this discussion, I want to make it clear that I am not bashing homosexuals. I am not homophobic.

I just think it's an interesting discussion as to why it matters.

Am I supposed to enjoy the books more now that I know he's gay? Should I enjoy them less? If I was gay, would I enjoy them more?

Frankly, I just don't care. So, why does it seem like it's such a big deal?

I find it interesting that Rowling considered the caring, sensitive and lovable character to be gay. Is it just me or is this promoting a stereotype?

Not every sensitive guy is gay, just like not every gay man is sensitive and caring. So why does Rowling, automatically assume he's gay?

I don't mean to question the creator of the world that I love so much, but it is still an interesting point that needs to be considered. However, since it is her world, it also operates by her rules. It's her character and she can do whatever she wants with him.

If nothing else, this little tidbit has definitely opened the door for generations of literary critics to discuss every single relationship within the books, as well as dissect every mention of Dumbledore.

Letting Dumbledore out of the closet may be yet more proof of Rowling's genius and ability to keep a constant controversy around her greatest work.

Staff meetings are held Mondays in the Honor Court room at 2 p.m. and are open to ANYONE who wants to be involved with the paper.

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The *Highland Cavalier* is the official student newspaper of The University of Virginia's College at Wise. The newspaper is published weekly on Fridays. It functions to inform, educate and entertain readers accurately and responsibly. It does not necessarily reflect the opinions of the college's administration, faculty or staff. Also, the opinions expressed on the Opinion Page are those of the individual writers and do not necessarily reflect the opinions of newspaper editors and staff members.

The *Highland Cavalier* welcomes all contributions, which can be delivered to the Editor-in-Chief Daniel Robinson in person (317 Sleep Student Center), by hand-delivered mail (Campus Box 4688, The University of Virginia's College at Wise, 1 College Avenue, Wise, VA 24293), or via e-mail (darr@www.uvawise.edu).

Letters to the editor can also be e-mailed to Opinion Editor Eric Vanover (etv3n@uwawise.edu). All letters to the editor must be signed—including the writer's department or major, address and telephone number. Letters may be edited for length, grammar, clarity and libel.

The 8 p.m. to 8 a.m. Relationship

By Cedric Harris
Independent Florida Alligator (U. Florida)

(U-WIRE) GAINESVILLE, Fla. - Ah, the eight-to-eight. It's a date, a guaranteed hook-up and a secret friend all rolled into one.

An eight-to-eight is someone you only see between the hours of 8 p.m. and 8 a.m. It's a term I first heard from my friend, a self-proclaimed relationship escape artist.

The eight-to-eight isn't a booty call or a friend with benefits. They have duties similar to those of a boyfriend or girlfriend, such as making out and the occasional dinner, but because they are only seen at nighttime hours, they don't have the title.

The basis for the eight-to-eight is that he or she isn't seen or heard from during the day.

"They are your sort of boyfriend for 12 hours, and then they expire at 8 a.m., kind of like a 12-hour boyfriend-release tablet," my friend said.

The eight-to-eight works well for those suffering from a fear of commitment.

First, they offer companionship and entertainment when you are bored, whether it is a movie, dinner or just sex.

Second, an eight-to-eight is efficient. Because of the time restrictions, there's plenty of time to study, work and procrastinate.

Third, it is cheaper than your standard let's-hold-hands-and-skip relationship. Forget Valentine's Day and birthday gifts—those are for the suckers in love.

So those who are suspecting their relationship might be an eight-to-eight situation, just add up the signs: They don't answer your calls during the day, their friends are always surprised to see you or know you exist and they hate receiving gifts mainly because they don't want to return the favor. If your significant other exhibits these signs, you're probably an eight-to-eight.

On the other hand, if you're afraid your eight-to-eight wants more than a casual, time-restricted love fest, then the law needs to be laid down before it gets worse. The last thing you need is to end up on "The Maury Show" getting yelled at by your angry girl about the time she wasted putting work into the relationship.

Bottom line: If you're a commitment-phobe on the go, consider getting yourself an eight-to-eight.

What's your best memory of Halloween?

Lacey Boyle
Sophomore
Mathematics and MIS

"When I was five years old I went to Busch Gardens with my family dressed up as candy corn and I won first place in the costume contest."

Ryan Kennedy
Freshman
Computer Science

"Standing in front of my garage with a old, busted weed eater blowing smoke out the back of it as 'Weed Eater Jason.'"

Jenna Johnson
Senior
English

"Going trick-or-treating back home. It was really fun."

Chuck Norris Has Spoken

By Eric Vanover
Opinion Editor
etv3n@uwawise.edu

As the old saying goes, as Chuck Norris chooses, so chooses the rest of the world.

Well, at least that's what CNN appears to have adopted as the newest sophisticated and analytical analysis on who is going to be the next president of the United States.

Recently, the action hero who starred in movies such as "Delta Force" and that excruciatingly painful television series, "Walker, Texas Ranger," announced that he would back Republican candidate Mike Huckabee for president in the 2008 election.

I don't know about you, but I'm excited. When Chuck Norris speaks, I listen.

I hope you have noticed my sarcasm by now, but I find it ridiculous that a news channel thinks that the American people actually care who our favorite Total Gym advertiser is backing for president.

The news channel also ran a story that called most American voters "copycat" voters because the trend seemed to be that the winner of the Iowa Caucus won the following presidential election.

The reasoning behind this theory seems to be that the rest of the American voters figure that the people in Iowa make better decisions than other voters in other states. Frankly, I put more weight on the opinion of Chuck Norris than I do any election caucus in any of the states.

Then again, we do live in a society that can only get young people to vote when we see Paris Hilton wearing a "vote or die t-shirt." Perhaps CNN has a point. Maybe voters have decided that their votes do not count and they figure that Iowa knows best.

I, however, would like to give the American people a

little more credit than that.

And honestly, perhaps CNN should consider the fact that the channel has been running polls and candidate biographies for the past year. If the election coverage keeps up its current rate on the news channel, I'm afraid the election may become a bit anticlimactic.

It is obvious that the American people are ready for a change and it's good to see that the presidential election is an important current issue, but the election is a year away. I see so much of Hillary, Barack, John and all the other candidates that I speak of them on a first name basis because they practically camp in the living rooms of Americans every night when we turn on the news.

While those at CNN may feel that Americans just don't care or that they are "copycat" voters, I think that perhaps we're tired of trying to figure out who the next president is going to be the day after the inaugural speech of the one we just voted in.

Too much coverage may be a bad thing that causes people to be, quite frankly, sick. Having the latest poll taken from a sample that has no logical coherence to the voting population (which I'm starting to conclude is made up of the entire state of Massachusetts, 18 Californian illegal immigrants, Ann Coulter, and of course, Bill O'Reilly just for kicks) rammed down our throats at least four times a day is ridiculous. Then CNN has the nerve to argue that Americans just do not care enough.

Maybe I'm overreacting, but much can happen in a year and I cannot possibly say whom I will vote for in 2008.

I want to hear the issues and candidates' positions on these issues, not where they ate lunch and the results of a poll taken in Japan asking Canadians who will be the next American president.

And if I can't arrive at an educated decision, I can always rely on the opinion of Chuck Norris.



ASSOCIATED COLLEGIATE PRESS

Campus Calendar

Friday, October 26
 Guest lecturer Silvia Mejia will speak on Equidiorian Migration, Chapel of All Faiths, 1 p.m.

Last Weekend to go to the Haunted Forest at MECC, 7-11 p.m.

Saturday, Oct. 27
 Auditions for the 2008 Marching Highland Cavaliers and/or the UVA-Wise Music Major program

Outdoor Recreation "Paintball Blast"

Marching Highland Cavaliers Band Festival, Carl Smith Stadium

Sunday Oct. 28
 Intramural Punt, Pass, & Kick Competition, Football Field, 1-3 p.m.

Monday, October 29
 Intramural Flag Football Tournament

Tuesday, October 30
 SAB Film - Hostel, SSC Rhododendron Room, 7 p.m.

Intramural Volleyball Captain's Meeting and Registration Deadline, SSC 3rd Floor, 5:30 p.m.

Wednesday, October 31
 SAB Film - Hostel II, SSC Atrium, 7 p.m.

Faculty Colloquia - Nicholas Kiersey, "What Kind of Europe? Turkish Accession and the Quest for a European Polity", Chapel of All Faiths, 1 p.m.

Hump Days Pumpkin Carving, SSC Atrium, 1 p.m.

Thursday, November 1
 Cavs Volleyball @ Bluefield College, 6:30 p.m.

Out and About This Weekend...

By Autumn Lauzon
 Copy Editor
 arl8b@uvawise.edu

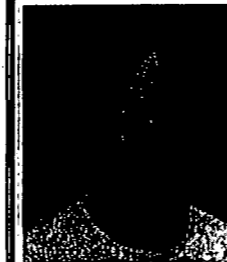
If you prefer to ride around, try the **Natural Tunnel: Spirits of the Cove** hayride. This hayride takes you back through history for scary stories of Rye Cove. But be careful, it's harder to run when you're on a pile of hay. (Last day is Saturday, Oct. 27 from 6-10 pm)

Attend **Halloween Fright Night** hosted by the MCA on Friday from 10pm-2am. If you arrive before 11, admission is only \$1.

Since there are plenty of **Halloween costume parties** going on this weekend, find one and show up in your amazing costume.



5 Questions With...



Preston Mitchell
 Instructor
 Department of History and Philosophy

- Happiest Moment?**
 I would say it was walking my daughter down the aisle of the church and giving her hand in marriage to her husband.
- Favorite movie?**
 "The Blues Brothers"
- Favorite cookie?**
 Peanut Butter
- Passion in Life?**
 Teaching
- Best aspect of UVA-Wise?**
 The closeness of faculty with students and staff.

The delicate art of "roommate survival"

Getting along with your roommate is an art, not just an acquired skill. Many believe there is a secret to getting along with your roommate ... and they are absolutely right! To help you in your quest for harmony and sanity we offer the following insights to proper roommate etiquette for both men and women.



- If a sock is on their roommate's door:**
 A woman would - say nothing and quietly walk away.
 A guy would - gather up several other guys, bang on the door and demand an immediate play-by-play.
- If there is only one soda left in the fridge:**
 A woman would - ask if she could have it and buy a replacement later.
 A guy would - drink all but the last sip, offer that to his roommate, and then ask when the roommate was going to buy more.
- If a favorite shirt is missing:**
 A woman would - demand to know where it was and when it was going to be back in her closet - clean.
 A guy would - to avoid being accused of caring about fashion he would just convince himself that he never owned the shirt in the first place.

Up 'til Dawn

Up 'til Dawn: Interest Meeting, Nov. 11, Culbertson Classroom, 7:30 p.m.

What is "Up 'til Dawn"? This student-led student-run fund-raiser is hosted by more than 180 campuses nationwide. Up 'til Dawn unites students, staff and their local communities with a goal to help the children of St. Jude Children's Research Hospital. Students who lead Up 'til Dawn at their campuses educate the community about St. Jude while raising money through a variety of activities.

For more information contact Jenna Johnson at kjk4d@uvawise.edu.

This Week In History



- October 30, 1954 -- U.S. Armed Forces end segregation of races
- October 31, 835 -- First All Hallows Eve (Halloween) observed to honor the saints
- November 1, 1917 -- In WW I, the first U.S. soldiers are killed in combat
- November 2, 1983 -- President Reagan signs a bill establishing Martin L. King day
- November 3, 1953 -- First live color coast-to-coast telecast (New York City)

Girls & Sports

By Justin Borus & Andrew Feinstein



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Music

Matchbox Twenty impresses with double-disc effort

By Craig Rice
 Staff Writer
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There comes a time in a band's existence where their mainstream success translates into a "Greatest Hits" album and typically contains brand new material to tease the listener about what could have been.

The recent trend has hit popular alternative rock band Matchbox Twenty and their latest double-disc album, "Exile on Mainstream," which contains six brand new songs that far surpass the twelve other songs that make up the band's touring set-list.

The first disc only contains six songs, but they are all brand new material from the band. The disc begins with the song "How Far We've Come," which is driven by a solid drum beat and lyrics that come across as a metaphor for a man losing his world and his heart.

is the catchiest song on the album and showcases lead singer Rob Thomas' ability to lead a band that has lost two members since its inception.

On the track "All Your Reasons," Thomas sings about a relationship with a grocery list of problems.

The first disc rounds out with Matchbox Twenty's gritty and heartfelt love ballads: "Can't Let You Go," "If I Fall" and "These Hard Times."

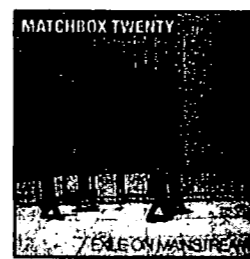
The second CD features all of the band's classics from their three previous albums, including "More Than You Think You Are," "Mad Season" and "Yourself or Someone Like You."

from pop-driven songs with big catchy choruses to slow and methodical songs with strong messages.

Matchbox Twenty has crafted six new songs that could each be a mainstream hit to go along with eleven songs that are former number ones on the mainstream rock charts.

Matchbox Twenty continues to be a band that consistently shows its merits with strong melodic arrangements along with Thomas' strong songwriting ability.

Even though the first disc could leave the listener upset due to the lack of songs, overall, what is included on the album is great and what is to come could prove to be even better.



Thrice won't gain fans with "The Alchemy Index"

By Aaron Collier
 Feature Editor
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Orange County, Calif.-based rockers, Thrice, have a new album, "The Alchemy Index: Vol. 1 and 2: Fire and Water," that presents the listener with a concept album that takes two of the four elements, fire and water, and constructs songs with sounds inspired by each.

The idea is a bold one and Thrice does accomplish the difficult task of taking the two elements and crafting sounds that indeed remind you of the ferocity of fire and the harmonic threat of the ocean.

The twelve track album is evenly split with the first six tracks dealing with fire and the last six portaying water. The "Fire" half of the album is aggressive and heavy while the "Water" half is calmer and laid back.

There is no question that Thrice had a good concept with "The Alchemy Index," but the layout of the album-even though it succeeds in its task of separating the element's "sounds" is a glaring problem that hampers a fantastically written record.

There is no question that Thrice had a good concept with "The Alchemy Index," but the layout of the album-even though it succeeds in its task of separating the element's "sounds" is a glaring problem that hampers a fantastically written record.

The "Water" half of the album opens with the track "Digital Sea" that shows off the diversity of Thrice with its combination of pleasing melody and background bass beat, creating a unique sound that includes great vocals by Kensrue.

"Open Water" is the stand-out track on the "Water" half of the album with its thematic sound and spiritual overtones as Kensrue compares the ocean to a higher power, singing "I'm starting to believe the ocean's much like you, cause it gives, and it takes away."

"Lost Continent" again brings a soft, but epic sound that portrays a man's doubt on whether the battle he is fighting is truly one he can win. Again, Kensrue's vocals shine on this track as he shows both his softer and louder tones throughout the song.

If you're a veteran Thrice fan, like me, you will like it regardless because it's Thrice, but if Thrice was looking to gain new fans with this album, they might be very disappointed.



"30 Days of Night" brightens up horror genre

By Aaron Collier
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The last couple of years the horror genre has done nothing to impress me. Gone are the days of classics like "Halloween," "Dawn of the Dead" and "The Evil Dead" that combined both suspense and gore to create a truly terrifying experience.

Enter comic book horror writer Steve Niles and artist Ben Templesmith and their terrifying story of a ruthless group of vampires converging upon Barrow, Alaska during their annual month of 24-hour darkness entitled "30 Days of Night."

Add producer Sam Raimi ("Evil Dead" Trilogy and "Spider-Man" Trilogy) and director David Slade ("Hard Candy") and you have the best horror movie to come down the pike in a long time.

"30 Days of Night" is truly a terrifying masterpiece that will have your skin crawling and your stomach in knots with each scene. The best aspect of the film is the atmosphere that is presented on screen and it comes across as a character instead of a backdrop. Whether it is the emptiness of the dark or the blood soaked snow, the setting speaks volumes without saying a word.

The vampires in the film are ruthless and unfeeling as they convert Barrow into an all-you-can-eat buffet. Don't come into this film expecting the clean, Dracula-style blood draining from this group of vampires. The frightening, grotesque manner in which the vampires drain their victims is what sets this movie apart from other vampire flicks. Whether it is the gallons of blood pouring from the victims' neck or the violent convulsions and bone chilling screaming during the

feeding, it is apparent that these are not your regular run-of-the-mill vampires. Not to mention that they're pretty darn smart as they cut the entire town of power and destroy all means of transportation to give the town no expectation of survival.

The cast isn't anything to write home about, but doesn't hamper the film either. Josh Hartnett stars in the lead role as Sheriff Eben Foster and Melissa George plays his estranged fire sheriff wife, Stella Olson. Their relationship is one of the main plot points of the movie as they try to save those who are left in their vampire-ridden town. The romance isn't needed, but it does serve as the only ray of hope in an otherwise hopeless film as you see their relationship continue to come back together as the film progresses.

The best actor in the film might be Ben Foster ("X3: The Last Stand") as a nameless, cryptic stranger. Foster sets the mood for the film as he exudes dread and despair with every word he speaks. He might be the only other actor, besides the group of vampires, that truly shines in his role and he is virtually the only irreplaceable actor in the film.

In the end, "30 Days of Night" is the best, most complete horror movie in a long time. Whether it is the terrifying suspense or the gut churning gore, "30 Days of Night" is an unbelievable and exciting achievement in the horror genre.

"Sarah Landon" horror flick a major disappointment

By Derek Bunch
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With Halloween just around the corner, I thought I would get into the Halloween spirit and go catch a horror flick. Unfortunately, I chose "Sarah Landon and the Paranormal Hour."

Rissa Walters plays Sarah Landon who decides to go to her childhood home, Pine Valley, after the death of a childhood friend.

While in Pine Valley, Landon stays with an elderly woman named Mrs. Shaw (Jane Harris) who proceeds to tell her a ghost story involving two of her own friends.

Sarah investigates the ghost story and starts to piece together the mystery and

short, the acting in the movie is nothing special to say the least

The PG-rated storyline was intriguing, but is filled with too many holes and became too repetitive.

I think with much better actors, and several hours of rewriting, this could be a decent film. The camera quality is not good and the special effects aren't much better.

In the end, if you're looking to see a good horror movie, stay far away from "Sarah Landon and the Paranormal Hour."



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Sports Briefs

Hippeard becomes Cavs all-time passing leader

Junior Randy Hippeard is now the new all-time passing leader at UVA-Wise, after his 259-yard passing performance on October 13 in the Cavs' 69-28 win over Belhaven.

A Stafford native, Hippeard broke David Nana's record of 6, 517 yards and now has 6,955 yards in his career here at Wise.

Hippeard will have a chance to add to his passing yardage mark tomorrow as the Cavs travel to Union College.

Viers earns her third POW honor this season

Senior Natasha Viers has been named both the Appalachian Athletic Conference and NAIA Region XII Player of the Week for the third time this season.

Viers earned the award after a stellar performance against Milligan, in which the senior had 24 kills, ten digs, eight blocks, and three aces.

The Lady Cavs will next play Thursday, when they travel to Bluefield College for an AAC contest.

Cavs to open up seasons next week

The UVA-Wise men's and women's basketball teams will both open up their seasons on the road next Tuesday.

The men are scheduled to take part in the Berry/Shorter Classic in Mount Berry, Ga. on both Friday and Saturday.

The women's team will also be traveling, as they take on Midway College in Pikeville, Ky.

In the preseason polls, the men's team was picked to finish eighth, while the women's team was picked to finish tenth.

Cavs Golfers to participate at Spartanburg Methodist

The golf team is scheduled to compete this Sunday through next Tuesday at Spartanburg Methodist College.

So far this season, the team has been led by senior John Graham and junior Bryan Bentley. They have been the team's top finishers in each of the season's four events.

The event at Spartanburg will mark the Cavs' final tournament until their spring season begins in March.

Cavs face tough challenges against Union Bulldogs

By Cody Dalton
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UVA-Wise will face their second straight divisional opponent this Saturday as the Cavs travel to Barboursville, Ky. to face Union College.

The Cavs (7-1, 2-0) are coming off of a strong 43-10 victory this past Saturday against Pikeville College and look to carry that momentum into the game against the Bulldogs (2-6, 0-2).

With only three games left (all of which are divisional play) and a potential playoff birth getting closer, coach Bruce Wasem and others realize the importance of playing well.

"A loss could knock us out of the playoffs," Wasem said. "We haven't won the championship yet."

"I think it's very important," said Junior quarterback Randy Hippeard. "The more momentum you have going into the last part of the season and playoffs, the better your chances of going deep in the playoffs."

Momentum will certainly be needed, as the Cavs will face a tough Union squad that has a barrage of talent.

Union quarterback Joey Waters is an outstanding senior leader, who had 1,963 passing yards and 17 touchdowns, leading the Bulldogs' 10th-ranked passing offense in all of NAIA.

Offense is not the only threat that the Bulldogs pose.

Senior linebacker Patrick O'Neal leads the conference and is second in NAIA in tackles with 87. O'Neal also ranks 23rd in fumbles forced per game.

"Both guys are very good football players," said running back Ra'Shad Morgan. "Waters is a playmaker on offense and O'Neal is a very smart football player, who has a knack for being around the ball. They are both going to be tough."

"Union is a good team and Waters and O'Neal are two great players," Hippeard said. "We always seem to play each other pretty tough, so it's going to be a good game."

The last Union victory in the series happened two years ago, when the Cavs started off slow on the road and fell, 47-28.

A win would tie the series at 4-4, as well as match the Cavs' win mark of eight overall and three in conference play last season. However, the Cavs are 0-3 when they play at Union.

With Saturday also being Union's homecoming game, the odds are definitely stacked against the Cavs.

"Obviously, where we are as a team and in the rankings makes us a team to really pull for," Wasem said. "For Union, who are not having a great season, they have a way to make their season great by beating us."

"It is going to be very tough," Hippeard said. "Union plays extremely well at home and the emotions from the homecoming festivities will make it that much harder to go into Union and play well."

While Union has made drastic changes in offense since last season, the Cavs remain constant and strong.

Hippeard remains second in NAIA in passing, while Morgan ranks number one in scoring and rushing yards per game.

This total combined effort has placed the Cavs as the best offense in all of NAIA for most, if not all, of the season.

"This team has the character and desire to win and never quit," Morgan said. "That is why we continue to put up great effort."

"I think it starts with great people," Wasem said. "Not just great athletes, but great people. We have a group of athletes who are committed to winning. Last year was a really important year, even though we missed the playoffs and a chance to win our division. It established in our minds how good we can truly be and we can play with people."

Cavalier football players break records, will break more

Reid Salomonosky
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As the football season comes to end, the stars that dazzle fans at Carl Smith Stadium are finding themselves more likely to be remembered after this year. It seems as if every week, one player comes within inches of a record, or even clinches a record for a significant statistic.

Here is a look back at some records achieved this season, as well as some that may be obtained within the last three games.

Passing:

Randy Hippeard

- All-Time Yards Leader (6955)
- All-Time Completions Leader (468)
- All-Time Touchdowns Leader (63)
- Single Season Touchdown Leader (27)

Rushing:

Ra'Shad Morgan

- Second in All-Time Rushing (4236, 456 to go)
- Second in All-Time touchdowns (57, five to go)
- All-Time Carries Leader (744)

Receiving:

Jason Lovett

- Second in Single Season Receptions (50, four to go)
- Tied for Single Season Touchdowns Leader (11)
- Sixth for Single Season Yards Leader (725, 107 to go)

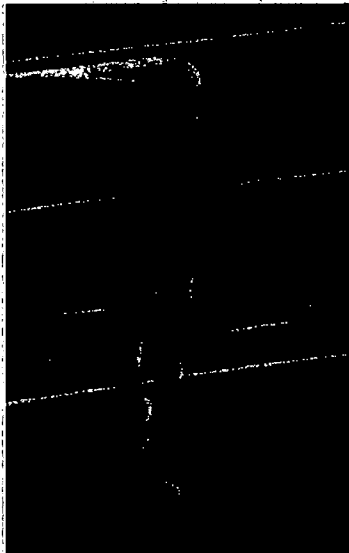


Photo by Jessica Price

Junior quarterback Randy Hippeard throws a pass during the Cavs' 41-23 victory over Brevard on Aug. 25.

View From the Cheap Seats

Soccer, Anyone?

After a weeklong hiatus that consisted of late nights, fine dining, and beer pong, my view from the cheap seats has returned.

While I enjoyed the perks of eating steaks and watching Redskins games in HD, the highlight of my break was watching my sister in her final high school field hockey game.

As a big brother, I was filled with pride for all that my sister accomplished.

But as a sports writer, I couldn't help but wonder why it was the only field hockey game I would get to see this year.

While most of us here associate fall sports with football, volleyball and cross country, there are a significant number of athletic activities that may never see the light of day at UVA-Wise.

Field hockey, wrestling and lacrosse are all competitive sports that a significant number of students are already familiar with. However, these sports are not offered at the varsity level nor at the intramural level.

Then there is the juggernaut of collegiate sports UVA-Wise doesn't participate in.

To quote philosopher Hank Hill: "I didn't want to tell you this son, but I would be a bad parent if I didn't. Soccer was invented by European ladies to keep them busy while their husbands did all the cooking."

While I find this quote hilarious and worth researching, it appears that the athletic department feels the same way as Hank does when it comes to the most popular sport in the world.

Soccer, one of the most participated intramural activities on campus, is a sport offered by the NAIA, yet it is not available for organized play on campus.

Anyone care to venture why?

As opposed to other sports like baseball and football, soccer is relatively cheap in cost (shirts, shorts, shin guards, and one ball).

So just to recap, we have people who want to play, a conference that will allow it and the money to fund it.

Yet, where's the foot club?

While the athletes who down the red and silver have done nothing short to amaze us this season, what would be greater than expanding the sports family?

Although it is unlikely that this article will get the wheels of progress churning, it will hopefully get a few of you thinking and asking why there aren't more athletic opportunities available for the Highland Cavaliers. Go Cavs!

Cavs Sports Poll of the Week

Which of the following sports would you like added to the college's athletic offerings?

- A) Field Hockey
- B) Soccer
- C) Lacrosse
- D) Other

Email to ras7q@uvawise.edu with your choice and any feedback you might have.

