

# THE HIGHLAND CAVALIER

Celebrating more than 50 years of student news at UVA-Wise

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THE UNIVERSITY OF VIRGINIA'S COLLEGE AT WISE

SEPTEMBER 22, 2006

## New meal plan options for commuters

By Kate Baldwin  
Opinions Editor

Dining on campus is now simpler and easier for off-campus students due to the new block meal plans and dining points.

Amy Hopkins, director of the college's Dining Services said "The new [programs] were created to make it more convenient for non-residential students to eat on campus."

The plans offered this semester are more flexible than those offered last year. Dining Points—which work the same as a debit card and can be used to purchase beverages, snacks or even a full meal—range from \$25 and \$300. They are sharable, rechargeable and carry over from semester to semester, but not from year to year.

Block Meal Plans of as few as 25 meals, and of up to 80 meals are also available, but do not carry over semester to semester. The CAVS Card, student ID card, allows students to use their meal plan. When students sign up, they select a meal plan based on their academic schedule, eating patterns and social life.

"Meals on our block plans will carry over from week to week," Hopkins said. "So, you won't have to worry about losing your meals each week if you do not use them, unlike plans for residents."

Both dining options are good at all campus dining facilities—Cantrell Hall, Papa Joe's, and the Wyllie Library, which will add a sandwich bar to its coffee offering by fall break.

Students may be eligible to purchase plans with their student financial aid or from student accounts, Hopkins said.

Both meal plans and dining points can be purchased in the Cashier's Office in Smiddy Hall.

"For me the [block] meal plans work better than the [dining] points," said Matt Carter, a senior and theater major. "When I bought points I felt like I was constantly feeding a cow. Now, even when I buy a large meal plan I never have meals left over at the end of the semester. I can eat as often as I want without worrying."

A la carte dining hall hours have been extended to 7:30 a.m. to 7 p.m. Monday through Thursday and 10:30 a.m.—6:30 p.m. on weekends. The hours for the new sandwich bar have not been determined.

"Using either plans or points is cheaper than paying at the door," Hopkins said. "You get a 5 percent discount and don't have to worry about sales tax. And it's just more convenient. You never have to worry about having cash on you to buy a meal."

"Commuter students enjoy the same great privileges as resident students. You never have to worry about buy-

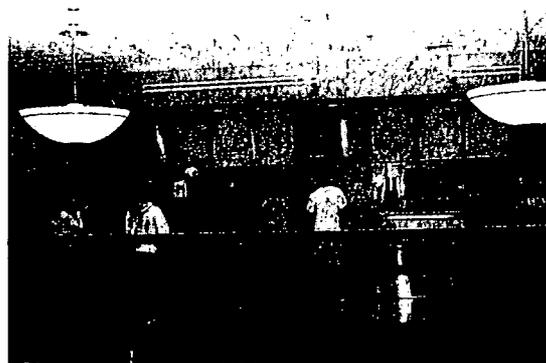


PHOTO BY ALLANA BARRETT

Commuter students now have more on-campus meal options with new block meal plans and dining points. The new meal options can be redeemed at Cantrell, Papa Joe's and the Wyllie Library.

ing groceries and doing the dishes, and there is lots of great food to choose from."

Also, plans for a new dining facility will make it easier for students to eat on campus, and student input will help determine what services will be included, Hopkins said.

Students can voice their opinions and concerns by taking a dining facility survey at

See OPTIONS, page 3



PHOTO BY AMELIA TRASK

Members of the Pi Kappa Phi fraternity show their college spirit at the Sept. 16 home football game against Southern Virginia.

## Homecoming game set for Saturday

By Lauren Cary  
Staff Writer

What would college football be without homecoming?

With the alumni returning, community involvement, and the anxiety and importance in winning the weekend's football game, homecoming is nothing without football.

Cavs star running back Ra'Shad Morgan said he and the team are looking forward to Saturday's homecoming match-up with the Cumberland University Bulldogs.

"We are looking to avenge last year's [34-22] defeat," said Morgan. "It

was such a close game. So, we are definitely focused and pumped for this year's homecoming game."

Cavs tight end Yussiff Thulla said that the size of the crowd on hand this weekend will make a win necessary.

"Due to the big turnout—such as alumni and the Class of 2010, the largest freshman class in the history of the college—winning the game is crucial," said Thulla.

"There are going to be more people at the game. Fans do not expect us to lose homecoming."

Kickoff is scheduled for 1:30 p.m. at Carl Smith Stadium.

## Expedition program successful in first year

By Heather Powers & Spencer Todd Adams, Jr.  
Staff Writers

All freshmen and transfer students with fewer than 30 credit hours now find themselves in a new on campus program called Expedition.

The Expedition program is simply an "extended orientation," said Jeff Howard, dean of students and coordinator for the program.

Howard said he and his staff had "thought about it for 10 years" before actually getting plans in order for the program's first year.

The Expedition program is specifically designed to "increase student engagement," Howard said.

As part of the new freshmen seminar class, it connects residential and commuter students, and it gets the new students oriented and comfortable before classes begin, Howard said.

As a result of the Expedition program, the school has already seen a jump in student involvement.

Howard said he had to choose 25 veteran students to perform as Expedition Leaders (ELs), mentors whose task was to help guide the new students during the program.

"We needed energetic, involved, and connected students who would represent UVA-Wise,"

Howard said. "We had a great set of EL's who went above and beyond to help us welcome the freshmen class."

"It [training] was tough, but I had a great group of students and a great experience as an EL," senior Andrew Roberts said.

Incoming freshmen saw both good and bad in the Expedition program.

"I feel that the Expedition served its purpose," said freshman Sean Mullins.

"It allowed for students to socialize and get to know each other."

"It was a little drawn out, though. Two days would have been plenty of time for the Expedition."

## College, Northrop Grumman ink deal

UVA-Wise and Los Angeles-based global defense company Northrop Grumman Corporation on Monday announced a public-private partnership that will strengthen both the college's technology curriculum and the company's workforce efforts in Southwest Virginia.

Northrop Grumman officials also announced a \$1 million commitment to enhance the college's new software engineering degree program—the only one of its kind in Virginia.

"Today, Northrop Grumman and UVA-Wise are formally establishing a model partnership of cooperation and mutual benefit," said Chancellor David J. Prior. "UVA-Wise will be the educational hub, providing student internships, faculty and student research opportunities and advanced technical training for Northrop Grumman employees."

"Additionally, UVA-Wise will work closely with K-12 education and the region's community colleges, all of which are vitally important to the success of Southwest Virginia's emerging technology industry."

### Election Results

**Freshmen Class Senators:**  
Travis Brannon, Kasey Cantrell, Luke Parks

**Freshmen Class Honor Court Rep:** Justin Fitzgerald

**Freshmen Homecoming Court Reps:** Travis Brannon, Jose Orellano, Luke Parks, Amelia Trask, Sandi Wood

**Sophomore Class Honor Court Reps:** Brittney Barrett, April Dawn Beason

**Sophomore Class Homecoming Reps:** Jekyma Robinson, Sean Sedberry, Brittney Barrett, Jaime Herman

**Junior Class Senators:**  
Michael Lanthorn II, Loven Livesay

**Junior Class Honor Court Rep:** Holly Weisiger

**Junior Class Homecoming Reps:** James Kennedy, Luke Layne, Heather Hawthorne, Cindi Smoot

**Senior Class Homecoming Reps:** LJ Boothe, Josh Justice, John Kaylor, Chris Kostic, Ryan Nutter, Kate Daub, Terri Anne Hill, Andrea E. Jones, Krystal Moon, Jade Nightstar, Kari Osborne

**Senior Honor Court Rep:**  
Aaron Roop

**Senator-At-Large:** Mallory L. Mullins

### Homecoming 2006 Campus Events

**Friday, Sept. 22, Red and Gray Day**  
9:00 am — 2006 Homecoming Parade  
1937/06

**Saturday, Sept. 23, Homecoming Day**  
9 am — Alumni Leaders Breakfast  
(Invitation Only)  
10 am — Red and Gray Game  
12:00 pm — General Alumni Gathering  
1:30 pm — Homecoming Game  
Cavs vs. Cumberland University  
4:30 pm — Alumni Reception Hosted by  
Chancellor and Mrs. David J. Prior  
10 pm — SGA Homecoming Dance

From the Editor's Desk

Starve the Vegetarians

Recently when I went into the cafeteria I was shocked and offended to learn that they have done away with the vegetarian section. As a vegetarian, I am concerned about getting my meals for the school year.

Since I live on campus I am required to have a meal plan—despite the fact that I live in Thompson, which has a kitchen in the rooms. If only I could just cook for myself and not have to purchase a meal plan—but that's not the way the rules work.

I've never really liked to eat in the caf because I am a vegetarian and even when they had the special section for us, a lot of times there still was not much to eat.

Last year, since I was living in Henson and had no kitchen in which to prepare my own meals, I started a petition asking for better vegetarian options in the cafeteria. I got more than 100 signatures.

After acquiring these names I e-mailed the petition to dining services and received a response saying that my petition was unnecessary. The dining services representative said that they, too, were concerned about students' needs. They said they would try to improve the vegetarian section in the near future.

Apparently that was all a lie. The dining services staff told me that they would make it better, and now it's gone!

How does its absence make it better? What are the vegetarians on campus supposed to eat? The caf has a salad bar. But honestly, can they expect us to eat a salad for every meal, every day? That's asking a little too much. And I know that they do have meatless food; however, I find it very hard to make a meal out of mashed potatoes and carrots.

Occasionally the caf offers cheese pizza, or meatless lasagna, but that's not an everyday occurrence. There need to be vegetarian options made available every day.

I'm assuming that dining services discontinued the vegetarian offerings because not enough people were eating from it—but it really was horrible. Most days saw few appealing options. When I sit down for lunch I do not usually want a stuffed pepper. And, veggie burgers are unappealing—soy burgers are much better.

Perhaps if dining services had tried to make the situation better, as I was told they were going to do, more people would have started eating the food that was already available.

I know that there's not a very big population of vegetarians on this campus, but there are a few of us, and we have to eat too.

Unless we are provided with better vegetarian meals, I think, we should have an option of whether or not to purchase a meal plan.

I would rather cook for myself in my room than eat in a place that obviously does not welcome me.

--ALLANA BARRETT, Editor-in-Chief

Dependence on cell phones is a tell-tale sign of insecurity

By Jeremy Winfrey University Daily Kansan (U. Kansas)

(U-WIRE) LAWRENCE, Kan. - The other day I was enjoying some of the fine carcinogenic air, when the steam whistle roared over the Hill at the University of Kansas and students began pouring out of classrooms into the halls.

Almost every one of these students pulled out a cell phone and with a click, a clap or a beep brought the phones to life and patted them to their ears.

My fear that all these students had to make a phone call because of an emergency was quickly put to rest as I witnessed several conversations start and finish within the five steps it took these students to pass by where I was sitting.

I'm not lying when I tell you this; some of these conversations were no more than three or four word checkups on what people were doing.

None of this surprised me, of course, and I apologize if I come across as sounding indignant.

In truth, this parade of students passing my Wescoe bench reinforced my belief that cell-phone use has, for many, become a nervous compulsion.

Cell phones appeal to man's most primal desire, the desire to be part of a group. Humans have always been pack animals and, as such, find great discomfort in the feeling of alienation from the pack.

In Desmond Morris' documentary, "The Human Animal," he explores the discomfort people experience when alone or withdrawn from a group. Using his footage Morris is able to show how a simple act, such as eating alone at a restaurant or sitting alone on a public bench,

can lead to visible signs of agitation and insecurity. In a world with cell phones, no one ever has to be alone.

If you find yourself on an empty highway or amid a throng of strangers in the Wescoe Underground, you're not alone because all your friends and family are just a scroll down to the contacts screen away.

In American culture, the natural inclination for people to feel awkward when they are alone has unfortunately mutated into a feeling of inferiority. This feeling is the result of the constant stream of propaganda in our culture which touts that life is nothing but a popularity contest and the acquisition of status and fame is all that matters.

Looking at cell-phone marketing in this country, it is obvious that phone companies are doing their part to add to this notion. Every cell-phone commercial will have someone whipping out a phone to compare the quality of the phones themselves, the freedom to call as many people as they want, or the size of a person's contact list. Verizon goes so far as to show thousands of people hovering around one customer, appealing to our desires for both aggrandizement and security.

I think about this when I watch all the students around campus on their phones these days and can't help feeling that cell phones have become the modern technological equivalent of a toddler's security blanket.

Do you have a reaction to this story or an opinion that you would like to share with the campus community? E-mail it to Opinions Editor Kate Baldwin at [keb6d@uvawise.edu](mailto:keb6d@uvawise.edu).

Deaths in Darfur preventable

By Jack Mcmillin Daily Illini (U. Illinois)

(U-WIRE) CHAMPAIGN, Ill. - Our president recently proved that while he may be above American law, he isn't above Godwin's.

Bush recently dropped the "Islamic fascism" bomb and Rumsfeld stated that those who criticize the way Bush has prosecuted the war on terror--invading and occupying a country that had nothing to do with Sept. 11--are similar to Nazi appeasers.

Comparing your opponents to Nazi sympathizers is one of the oldest and most desperate of rhetorical tricks, but it also reveals how staggeringly disconnected from reality the Bush administration is.

At the same time our president is equating his program of destabilization of the Middle East with the struggle against Hitler, pushing for war against Iran, and being "not that concerned" about Osama Bin Laden, in Darfur we are confronted with an actual genocide and a situation where if action is not taken, millions of people really will die.

The United States Congress recognized the conflict in Darfur as genocide on Sept. 7, 2004. Most estimates hold that between 400,000 and 450,000 people have died as a result of the conflict since 2003.

Currently there is a peacekeeping force of 7,000 African Union troops guarding the Darfur region. This force's mandate ends on Sept. 30 and they are scheduled to leave Darfur on that day.

Despite the fact that a peace agreement was signed in May, violence in the region is on the rise. The Sudanese government (which, in conjunction with the Janjaweed militias, is responsible for the genocide) is ramping up military action in the region in anticipation for the time the AU troops leave. According to Kofi Annan, violence in the region has already cut off food aid for 350,000 refugees.

There are two and a half million refugees in Darfur.

When the AU troops are gone, the aid workers supporting these refugees will be unprotected and will be forced to leave also. When these two things occur, the situation in the Sudan becomes, in the words of Dr. Eric Reeves, a "genocidal black box." Until a peace force arrives, and at the rate we are going it will arrive conveniently late, there will be no witnesses to the genocide perpetrated by the Sudanese government.

Human beings have an amazing ability to ignore things that ought to bother them (murder, genocide, starvation, the flooding and loss of an entire city) if they believe the situation does not directly threaten them, that the people in danger are ones they don't particularly care about, or that the situation would require too much of their time or effort to change.

A good temporary cure for this condition is to watch "Hotel Rwanda" or, even better, the documentary "Ghosts of Rwanda."

The UN has approved a peacekeeping force of 22,500 for the region but gave the government of Sudan "the ability to veto that, which of course they did," according to Katie Flamand from Action Darfur, the University of Illinois chapter of STAND (Students Taking Action Now: Darfur). If no other force is present and the AU really abandons the refugees of Darfur, it is game over.

The best solution and the one that Action Darfur recommends, says Flamand, is to send a peacekeeping force to the Sudan, "regardless of the Sudanese government's objections."

If you have ever wanted to save someone's life, this is the time to do it.

Write to every official that is supposed to represent you and demand they do everything they can to stop this genocide. Write to Durbin, Obama, Johnson, Blagojevich and George W. Bush. Action Darfur is recommending everyone concerned to leave a message for President Bush at 202-456-1111 and to call every day this week.

If you want any more information, email [actiondarfur@gmail.com](mailto:actiondarfur@gmail.com).

Movie Review

Inspirational athletics taken to the 'nth degree in 'Gridiron Gang'

By John Conroy The Pitt News (U. Pittsburgh)

(U-WIRE) PITTSBURGH - Take one part tough-but-loving coach, add a sprinkle of misguided misfits who aren't the strongest of athletes (but make up for it in raw determination and heart) and then throw in a few rousing speeches: You've got yourself a basic formula for an inspirational tale of the sports underdog.

Directed by Phil Joanou, "Gridiron Gang" is the latest film in a long line to borrow this recipe in an attempt to get some box-office green.

The gang referred to in the title is actually just that: Inner-city youths who have gotten in trouble with the law but are too young to serve jail time. So they are placed in detention centers to become better people before they re-enter the real world.

"Gridiron Gang" starts off with a proclamation that the majority of youths who enter these centers simply end up getting killed or going to jail once their time is exhausted. A slightly pessimistic and depressing statistic, it is one that sets you up for a film much darker than what you actually see - although, to be fair, this is based on a true story.

Sean Porter (Dwayne "The Rock" Johnson) is a mentor and teacher at the center who decides to offer the possibility of a football team to kids who would like to play in an attempt to turn their lives around. Kids join, they fight, they work, they laugh and in the process grow together as a team, despite some of them being in different gangs.

The message that lies at the heart of "Gridiron Gang" is that alternatives like sports and college can break down gang barriers and attachments to the streets. The goal is a strong and positive one - although, perhaps, virtually unattainable - but Joanou conducts it through cookie-cutter moments in which everything is an obstacle and must be overcome. Fears of catching the ball, of getting hit, of throwing it, are all trampled, overcome and tossed aside in apparently inspirational moments.

Johnson has quickly worked his way up the film ladder after retiring from professional wrestling, and in the process has created a more diverse and interesting acting resume with each film.

His work in "Gridiron Gang" is the strongest of his short career, as he has a natural charisma and intensity present in his eyes that he has used in his other films. And here he gets to flex his acting muscles a bit more. Porter is the typical "hard love" coach, but Johnson also portrays funny, scary and sad in a very believable manner - he could be doing this job in real life. It's just a shame that he has to be saddled with so many motivational speeches and conversations, all of which hurt his performance, as the script tries to inspire and create empathy in the audience.

There is an underlying darkness related to the violence and street blood feuds of "Gridiron Gang" that simmers right below the surface and all-too-infrequently pops up. For example, the team's water boy - who is all laughs and jokes and wouldn't be out of place as the slightly annoying-yet-lovable neighbor on a sitcom - is spoken of later in regards to how he ended up in the program because he stabbed an older woman for her purse. There are also some surprisingly violent occurrences that push the limit for the PG-13 rating after one of the kids is released from the center and into the streets in the opening scenes. The intensity of these scenes is only made more obvious by the lack of them once the film and inspirational speeches begin rolling.

Although it sounds bizarre, the darkness would have made the film stronger overall, despite it detracting from the more positive and "audience-friendly" elements of the story.

Overall, "Gridiron Gang" isn't a bad film - many kids and adults will enjoy the humor and football scenes, and the overall message is a solid and respectable one. It just so happens that the plate upon which it is presented is trite, unoriginal and repetitive. The sports underdog is an old recipe, and one that could use a bit of shaking up.

Sex & the Country: A lesson on comfort

By Nancy Stickel Staff Writer

The thread count of bed sheets can range from 80 to over 1,000. The general thought is the higher the thread count, the softer, more luxurious the sheets will be.

This being said, the prices can range from \$30 to over a \$1,000. Comfort in sheets can be comparable to the comfort in relationships. Is the price we pay for comfort worth the product?

Just like sheets, what is comfortable to some in a relationship, may not be comfortable to others. Some couples are comfortable lying around in sweats, others, in their birthday suits.

Then there is the extreme comfort level that comes with "the sharing of the toothbrush." Being able to share plaque and little particles of your last tasty morsel is a pretty big deal. In a poll that asked fifty students if they would share their toothbrush thirty said, "No way." Fifteen looked bewildered that an action of that magnitude of grossness would even be contemplated, and responded with an even more animated version of "No!" Ten people were reluctant to admit at times they did share such a personal item with their significant other.

Comfort can also be measured in how a couple acts around their peers. There is the couple who makes their debut into society shy, timid, and sweet. Then there is the couple who tries to beat the "Guinness Book of World Records" record—a 30 hour, 59 minute, and 27 second lip lock. Which many, at parties, have come close to achieving if they did not begin to throw up or pass out.

When it comes to sheets, getting that extra 100-thread-count will cost a person an extra \$100. Though relationships can be quite the monetary investment, you cannot measure comfort by how much you spend, but how much one is willing to share of oneself.

Tearing down walls of insecurities and truly being able to be yourself is the ultimate measure of comfort. Being able to say what you feel, when you feel it, is real comfort. The ability to let someone inside, and share your

inner thoughts, has no dollar amount. The price that comes with having comfort in a relationship is simply unveiling part of yourself, in the hopes that they will not just take you the way you are, but in fact come to find it endearing, imperfections and all.

It is easy to mistake comfort with levels of intimacy. Yes, that can be a sign of being comfortable, but in the whole scheme of things, it is just that small corner piece of a 500-piece puzzle.

Some people can even deceive themselves into thinking they are comfortable with someone, who in reality, they have never felt more uncomfortable with.

In order to understand why someone would delude themselves in such a manner, one must ask which aspects of being in a relationship do people yearn for? People do not just want to be able to say they have a boyfriend/girlfriend. That was the reason in elementary school.

In college, people want someone to lie around with on a rainy Thursday afternoon. They want someone who takes care of them when they are not feeling or looking their best. They want someone who they don't have to dress up to impress because they already are impressed enough by who you are and what you stand for.

This leads me to the final thought of compromising yourself to feel comfortable with someone who you are not comfortable with. Going through the motions are exactly what they are, motions, which are meaningless unless something real is behind them.

As I sit her typing on my laptop, I'm wearing an oversized sweatshirt, in the most heinous shade of yellow that once belonged to someone close to me. It is comforting to me, not because it takes me back to fond memories of our time together, but because it shows strength that I can wear something that belongs to someone else and not be saddened that things did not go as planned.

I learned and grew from my experiences, which in turn, helped me be more comfortable with myself.

That and my 1500-thread-count Egyptian cotton sheets should be arriving in the mail in two to three weeks.



Cavs new marching band

The Marching Highland Cavaliers, celebrating their inaugural season, were ready to take the field for their second home performance at the Sept. 16 football game against Southern Virginia.

Photo By Allana Barrett

Don't know the Beatles? Goodbye!

By Jenna Johnson Staff Writer

Everyone has had that occasional strange conversation in line at the mail room, but one day during welcome week, I believe I had the conversation that topped them all.

Being a musician, I've have the pleasure of listening to many great genres and bands from every era, but there is one band that—in my opinion—is the best of all time. The Beatles.

So here I am, standing in line to get the book I had ordered when someone commented on my John Lennon shirt, saying that

they like The Beatles, too. I became excited because here was another person who shared my musical taste.

But my excitement was quickly diminished when the girl behind me asked a dreaded question: Who are The Beatles?

If there is one thing that is a blow to a music lover's stomach, it's when someone asks, "Who are The Beatles?"

Who aren't The Beatles? John, Paul, George, and Ringo. The Fab Four. The Best Thing to Come From Great Britain. The Band More Popular Than Jesus.

Alright, so John Lennon shouldn't have said

that to a reporter, but with more than 25 number one hits, one would think "Yesterday," "Yellow Submarine," "Help!" or even "Hey Jude" would have been heard by everyone.

Apparently not. Granted The Beatles were more popular in the 1960s, 1970s, and 1980s, but their songs have been immortalized by CDs and radio stations everywhere.

When I first learned from a friend that she didn't know who they were, it killed me. I'm madly in love with the band—mainly John Lennon—and for me, their songs have defined life: From love to death, from "Hello" to

"Goodbye," and giving us eight days in a week.

The Beatles defined a generation and should not be forgotten, especially by our generation. They defined the rock genre. Without them many of the bands we listen to now might not have formed.

The Beatles reformed rock and roll and paved the way for many bands today: Boys II Men, Nirvana, The Rolling Stones, The Ramones, and KISS were all highly affected by the music The Fab Four made from the late 1950s through the 1970s.

The music is revolutionary and should be remembered for a lifetime to come.

**Corrections**

An article on the front page of our Sept. 13, 2006 edition incorrectly referred to the Spanish program's lunch meetings as Mesa Hispanola. The correct title of the meetings is Mesa Espanola. The article also referred to Susana Liso as an associate professor of Spanish. She is an assistant professor.

The *Highland Cavalier* strives to maintain journalistic integrity by providing accurate, fair and complete coverage of campus news. When a story is found in error or misleading, a correction will be published as soon as possible.

**Staff Writers**

<p>Allana Barrett <i>Editor-in-Chief</i></p> <p>Kate Baldwin <i>Opinions Editor</i></p> <p>Daniel Robinson <i>Sports Editor</i></p> <p>Michael McGill <i>Faculty Adviser</i></p>	<p>Amber Adams Mike Archer Whitney Bentley Miranda Bradley Sarah Call Lauren Cary Heather Cole Aaron Collier Nicolette Cox Cody Dalton Rebecca Ford Ashley Hall Simon Henry</p>	<p>Kim Hubbard Jenna Johnson Michael Mebrahtu Rene Newman Heather Powers Jenna Powers Mackenzie Smith Jarred Soles Justin Sorensen Bill Sproles Nancy Stickel Jolicia Swint</p>	<p>The <i>Highland Cavalier</i> is the official student newspaper of The University of Virginia's College at Wise. The newspaper is published bi-weekly on Fridays. It functions to inform, educate and entertain readers accurately and responsibly. It does not necessarily reflect the opinions of the college's administration, faculty or staff.</p> <p>The <i>Highland Cavalier</i> welcomes all contributions, which can be delivered to the Editor-in-Chief Allana Barrett in person (317-Sleep Student Center); by standard mail (Campus Box 4682, The University of Virginia's College at Wise, 1 College Avenue, Wise, VA 24293); or via e-mail (<a href="mailto:ceb3a@uvawise.edu">ceb3a@uvawise.edu</a>).</p> <p>Letters to the editor can also be e-mailed to Opinions Editor Kate Baldwin (<a href="mailto:keb6d@uvawise.edu">keb6d@uvawise.edu</a>). All letters to the editor must be signed—including the writer's department or major, address and telephone number. Letters may be edited for length, grammar, clarity and libel.</p>	<p>ASSOCIATED COLLEGIATE PRESS</p>
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## Cavs Sports Roundup

### Cross Country

The men's cross country team won the Tusculum Invitational this past Saturday—with five Cavs runners finishing in the top ten.

Senior Sean Stiltner and freshman Stephen Gregory finished fourth and fifth respectively, with times of 29:12.2 and 29:39.8.

Other Cavs with notable times included Derek Bunch (7th) at 30:33.8, Seth Collins (9th) at 31:53.03, and Britten Olinger (10th) at 32:43.6.

The team will travel to the Roanoke College Invitational on Saturday.

### Tennis

The college's Jim Humphrey's Tennis Complex has been given a makeover.

The tennis courts were resurfaced to make them more level and repainted red to match the school's colors.

And, players seem to be happy about the change.

The courts "make me proud for other schools to come play at our facility," said Derrick Wood, a second-seed for the Cavs' men's tennis team.

### Volleyball

Natasha Viers was awarded Appalachian Athletic Conference (AAC) Player of the Week honors earlier this week for her play as middle hitter.

Viers, a junior from Abingdon, averaged nearly five kills per game through three matches this week and earned a double double on Sept. 16 in the Cavs' 2-3 loss to Tennessee Wesleyan.

### Football

Cavs' starting quarterback Randy Hippeard earned Mid-South Conference Offensive Player of the Week honors this week for his play in the team's 49-13 win over Southern Virginia University on Sept. 16.

Hippeard completed 15-of-20 passes for 305 yards and one touchdown.

He led the Cavs to touchdown drives in each of the team's first six possessions.

# Exhibition play proves successful for men's golf

By Daniel Robinson  
Sports Editor

The Cavs men's golf team began its fall exhibition season earlier this month and will continue to play through the end of October in preparation for what they hope to be a strong spring—following a lackluster 2005 season. "We had a great fall last year," said second-year head coach Leigh Clark. "Then we slumped in the spring." The team finished the season in sixth-place in the Appalachian Athletic Conference (AAC).

But, they are off to a strong start this season.

The Cavs placed tenth at the University of Cumberland's Fall Invitational in early September—led by senior Bryan Bentley who opened the match with a 2-over-par 74 and shot a 3-over-par 75 in the final round—and just last weekend—took third place—two strokes shy of a tie for second—in the Mid-Carolina Invitational hosted by Newberry College in South Carolina.

The Cavs next travel to Greenville, Tenn. for the Tusculum Invitational on October 1.

"We think we have the best team right now," said Clark. "The way the team is getting along and the age of the team...we think we have a really great core group of players."

This season's team is young compared to others around the AAC—the team has no seniors and just two juniors, Clark said.

But, while the team may lack seasoned players, it is not without its fair share of quality players—among them returners Bryan Bentley and John Blake Graham, and newcomers Rhyne Hammitt and Ben Greenway.

Bentley, a sophomore from J.J. Kelly, led his high school team to a state championship. So far this fall Bentley has been the Cavs' best scorer after two

matches—leading the team at the season's first tournament and turning in a ninth-place finish at the Mid-Carolina Invitational.

He "has really come on strong this year," said Clark. "He is really striking the ball well."

Graham, a former teammate of Bentley's at J.J. Kelly, is a junior in his second year on the team. He tied Bentley for ninth place at the team's most recent match.

"He is also an outstanding player," Clark said.

The team's newcomers are also expected to make an impact during the remainder of the fall exhibition season, Clark said.

Rhyne Hammitt, who attended Dobbins-Bennett High School in Kingsport, has never played on an organized golf team. He was a soccer star in high school and has only "taken up golf in the last few years," said Clark.

"But he came highly recommended by the pros at Ridgely Country Club," she said. "They say he is going to be an outstanding player."

Hammitt finished in 65th place at the University of Cumberland's Invitational and tied for 30th this past weekend.

Walk-on freshman Ben Greenway, of Newport News, turned in the team's best score—a 7-over-par 151 after two rounds—at this past weekend's Mid-Carolina Invitational.

"That was quite an achievement for a freshman," Clark said.

But, since he is a walk-on, Greenway was actually playing as an individual and the team could not count his score, Clark said.

"They don't get a lot of recognition, but they do work very hard," said Clark. "They put in a lot of time and effort to get them to this point."

Results from the University of the Cumberland Fall Invitational, Sept. 7-9:

Bryan Bentley (led for 12th)  
John Graham (led for 30th)  
Ryan Robbins (led for 60th)  
Matt Farcich (led for 65th)  
Shane McDowell (62nd place)  
Rhyne Hammitt (65th place)  
Ben Greenway (70th place)

Results from the Mid-Carolina Invitational, Sept. 15-16:

Ben Greenway (151 place)  
Bryan Bentley (led for 9th)  
John Graham (led for 9th)  
Shane McDowell (led for 13th)  
Ryan Robbins (led for 28th)  
Rhyne Hammitt (led for 30th)  
Matt Farcich (led for 33rd)

## Player at a Glance

### Charles ("Chas") Johnson

Linebacker, Cavs football team

Hometown: Newport News, Va.

Year: Sophomore

Greek: Pi Kappa Phi

Major: Business

Career Goal: To open a seafood restaurant with his best friend.

Earliest Memory of Football: "Watching the Miami Dolphins in the late fall with my dad when I was about seven or eight."

On the Football Season: "The team's attitude has definitely changed for the better since my arrival here in Wise. The coaches have been able to bring in some new players with that winning attitude."

On UVa-Wise: "Coming to Wise was probably one of the best choices I have ever made. The school is a great fit for me."

--JUSTIN SORENSEN



## Cavs to face Cumberland in homecoming game

By Cody Dalton  
Staff Writer

extremely difficult to defend."

The undefeated Cavs football team will open up Mid-South Conference play against Cumberland University in their homecoming game Saturday at Carl Smith Stadium.

The Cavs (3-0 overall) enter the game with success in the air and on the ground—outscored their opponents 141-68.

Quarterback Randy Hippeard connected on 15-of-20 passes for 305 yards and one touchdown in the Cavs' 49-13 win over Southern Virginia last Saturday. Running back Ra'Shad Morgan had 20 carries for 86 yards and five rushing touchdowns.

"We are so balanced offensively that we could go either way," said head coach Bruce Wasem. "If a team can stop us from running the ball, we can beat them by passing."

"That makes us

Cumberland (1-1 overall) will try to do just that as they begin conference play as well—after opening the season with a 24-17 on-the-road win over Southern Virginia and suffering a 28-21 home loss to Austin Peay State two weeks ago.

Cumberland got past the Cavs, 34-22, last season.

"It is a big game for us," Wasem said. "This will be a game where we have to prove ourselves. Last year, we fell on our faces and it was a game we should have won."

A win on Saturday would give the Cavs a 4-0 record—their best start since 1996, when the team finished the season with an undefeated 10-0 record.

"We would like to be undefeated," Wasem said. "We have to get to a 4-0 finish and then take it one week at a time."

Are you interested in joining the staff of *The Highland Cavalier*?

Staff meetings are held on Tuesdays in Zehmer 137 at 7 pm.

If you have any questions you can contact the editor-in-chief, Allana Barrett, by e-mail (acb3s@uvawise.edu) or by phone (328-0170).

## Commuters find more meal options

OPTIONS from page 1

www.facilityplanners.com/survey/dining.

"I hope participation [in the meal plan] will grow and the program will be used by players and coaches and anyone else who has odd hours," Hopkins said. "These programs are more flexible than the boarding meal plans."