Editorial: Advice from a graduating senior

By Aubrey Bowling

Editor-in-Chief

Okay, so you graduated from high school and are ready to embark on the great life experience that is "College." As a graduating senior at the UVa-Wise, I can offer some advice that might help you out in your own college careers.

FirstLY, take advantage of all the UVa-Wise and is currently the president of CSEj


campus organizations are more than willing to give you more information...most of them are looking for new members too!

Also keep in mind when it's appropriate to party.

A lot of college students enjoy drinking alcohol and having a good time, but there is a time and place for it.

You probably do not want to be partying the night before a midterm exam.

Even though an important aspect of college is improving your social skills, your education should always be your top priority.

Another thing to keep in mind is whether or not you're good at taking morning, afternoon or night classes.

You should set-up your schedule with your own personal preferences and strengths.

I found that I'm able to concentrate and pay better attention in morning classes than in afternoon or night ones, and that I enjoyed having afternoons and nights free to work and study.

The most important thing to remember in college is that you're responsible for your grade. Professors are not going to hold your hands and give you easy A's...you're actually going to have to work for them.

Even though I had to work really hard in college, I am very grateful for the experience.

I'm a completely different person from how I was when I was in high school.

My time at UVa-Wise helped shaped me into the person I am today and I honestly believe it will help with shaping the person I will become in the future.

Good luck to all of you new freshmen!
General Assembly enacts textbook measure

By Adam Tolbert
Staff Writer
The 2006 Virginia General Assembly recently enacted a measure that further addresses the sale of textbooks at public colleges and universities.

Last year, the General Assembly took action that required schools, among other provisions, to post on their official web sites a listing of required textbooks along with ISBN numbers for students to review prior to the beginning of a semester. The UVa-Wise list can be found here: http://www.uvwawise.edu/bookstore/textbooks.html.

The new measure, signed into law by Governor Kaine, goes further in an attempt to minimize the costs of textbooks. It requires all public higher education institutions to implement policies and procedures that require faculty textbook adoptions in a timely manner and to ensure maximum availability of required textbooks in new and used formats.

Faculty must have the intent to use all items ordered as part of bundled packages (such as CDs and other supplemental materials). Bundled items must also be available separately if a faculty member does not intend to use them.

This law will go into effect on July 1. The full text is available at http://leg.state.va.us (House Bill 1478).

UVa-Wise students participate in Locks of Love

On May 1, Junior Gabby Polley cut her locks of Love (http://www.locksoflove.org), a non-profit organization that helps underprivileged children who suffer hair loss to have hope for a beautiful future.

On May 2, UVa-Wise Senior Kimi Zinn was also cutting her hair for Locks of Love (http://www.locksoflove.org).

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Lady Cavs tennis wins AAC Tournament

By Daniel Robinson

The UVa-Wise Women's tennis team won the AAC Tournament in dramatic fashion on the weekend of April 21-22 with a win and a tie over the Bulldogs of Tennessee-Westland.

The first and second doubles matches were the first of the day. Davina Dishner and Autumn Lattimore were the only team to win the first seed doubles while Nicaragua Pilkinton and Laura King played the second seed doubles. Both teams were able to pull out relatively easy wins. The doubles team of Kandall Whiszerling and Rhyan Phillip Flippin in the third seed, but would drop the match 6-2, 6-2.

Dishner and Lattimore would be the first players to start singles matches. Dishner and Cabrera fought hard throughout the first set, and Cabrera would be the one to take it 7-5. She would also win the next set 7-5.

The overall match score now stood at 2-2. Lattimore dispatched of Kristen Denton (TW)-6-4, 6-0, 1 to give the Cavs the lead once again.

Even after a few heated arguments with tournament referees from Coach Rowland, Laura King would lose a heartwarming match to Lisa Vidon (TW)-6-4, 7-6. On the opposite court, Nicaragua Pilkinton would silently push her way past Julie Faison (TW)-6-2, 6-4.

The Lady Cavs now had four matches to Tennessee-Westland's three. One more win for UVa-Wise would make them tournament champions.

Rhyan Phillip (5th seed) and Fritz each played the 6th seed were now playing side by side, both trying to obtain the crucial last win for the Cavs. Both players would lose their first set but Fritz and each managed to hold serve to an identical score of 5-4. Phillips would fall in the tough match against Courtney Smith (TW)-6-4, 6-4.

Audra Fritz was now only the Cavalier remaining on the court. With the whole tennis team supporting her, Fritz would win three straight games to take the set from her season finish at the Cavs.

Tennis (TW), the team would have to play four more matches with the next set, and she would have to win that set to take the match. This would now mean that four matches would have to be won to advance at another indoor tournament. The teams were in the championship round, the Cav's discovered their problems, just as the rain began to have cramps in their shoulders like a war hero returning from the battlefield. However, they still found plenty of things to celebrate.

Not only were they tournament champs but Coach Rowland was given the Women's Tennis Coach of the Year award. They had won all the rights to defend their home court in the NAIA Region XII Tournament which would be held at Humphrey's Complex on the campus of UVa-Wise on the 28th and 29th. All in all, it was a very successful weekend for Cavalier Tennis.

Spring sports season wrap-up: Softball and Baseball

By Diana Sluss

Sports Editor

This season the Lady Cavs softball team has faced their share of obstacles with injuries, but has come through these problems with a strong unified front by exiting with an impressive season.

The Lady Cavs ended the season with a 14-2 record in the AAC and 29-13 overall. The Lady Cavs will share the AAC title with Tennessee Wesleyan, who also finished with an 14-2 record and the Cavs baseball team finished with an overall 27-17 record, and the AAC putting them in fifth place. This is the best season for the Cavs to have had in four years.

The Cavs will also play in an AAC Tournament on May 2-6, and will also be in a contest against Missouri at 9 a.m. in Joplin City, TN. The Cavs have showed improvement and they have the best playable in the AAC and will also be in a contest next season.

This season, 44 games were played out of the originally scheduled 54.