

# THE HIGHLAND CAVALIER

Celebrating 51 years of student news at UVa-Wise

VOLUME 57, NUMBER 5

UNIVERSITY OF VIRGINIA'S COLLEGE AT WISE

DECEMBER 9, 2005

## Northrop Grumman Corporation to expand locally

By Honi Jordan  
Staff Writer

The expansion of a global defense corporation will offer well paying jobs to college graduates and local residents within the next three years when they open the doors to a new information technology center.

Governor Mark Warner announced Nov. that the Northrop Grumman Corporation selected Russell County, VA for its new facility.

The Northrop Grumman Corporation will be building a backup data center, or "help desk" facility in Lebanon, which is located approximately 45 minutes from UVa-Wise.

The announcement to open a new facility in Lebanon came along with a commitment to help UVa-Wise build its software engineering and

information technology degree programs. This is good news for students who are interested in those fields of study because it means scholarship programs will eventually be offered in them.

Northrop Grumman provides a number of products and solutions to international military, government and commercial customers including defense electronics, information technology, advanced aircraft, shipbuilding and space technology.

A representative of Northrop Grumman said that they will begin hiring people locally as early as the spring of 2006. For more information, visit the Northrop Grumman Corporation website at [www.northropgrumman.com](http://www.northropgrumman.com).

## New residence hall near completion



PHOTO BY AUBREY BOWLING

Above: UVa-Wise's newest residence hall, Culbertson Hall, is almost finished with construction. It should be open sometime in early 2006. Culbertson Hall is being constructed by the Swope Construction company and is similar in design and appearance to Henson Hall. It will provide rooms for approximately 120 UVa-Wise students.

## Peer-to-Peer at UVa-Wise

When do you think the new residence hall will be completed?



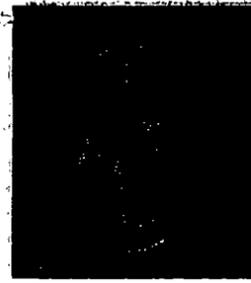
Name: Adam Tolbert  
Year: Class of '06  
From: Saltville, VA

"I think it will be done by February!"



Name: Amber Adams  
Year: Class of '08  
From: Clinchco, VA

"Personally, I think the dorm will not be finished until Fall 2009. However, I hope it will be done by Spring 2009."



Name: Felicia Hamilton  
Year: Class of '08  
From: Whitesburg, KY

"By looking at the new dormitory, it probably won't be ready for student use by the spring of '06, but should be completed by the fall of '06."



Name: Shenja Sifford  
Year: Class of '08  
From: Saint Paul, VA

"I think it will be built by mid-January."

—photos by Christy Hall Buettnier, Guest Writer, and Aubrey Bowling, Editor-in-Chief

## Pal's Sudden Service to strengthen ties with UVa-Wise

By Honi Jordan and Sarah Lawson  
Staff Writers

Jerry King, owner and operator of Pal's Sudden Service in Church Hill, TN, gave simple advice on how to become a successful manager in the fast food world. Speaking to a group of about 50 students and faculty on Tues., Nov. 15 in the C. Bascom Slemp Student Cen-

ter, King explained that keeping it simple is how Pal's works.

Pal's Sudden Service is named after its owner and creator, Pal Barger. Barger was stationed in the Air Force in Austin, Texas when he got the idea for a restaurant. He observed a PALS, continued on pg. 2

## FALL 2005 EXAM SCHEDULE

— Each block is followed by its regular meeting time —

EXAM TIME	MON. 12/12/05	TUES. 12/13/05	WEDNES. 12/14/05	THURS. 12/15/05	FRI. 12/16/05
8 a.m. - 10:30 a.m.	Block II (9 a.m. MWF)	Block XIII (9:30 a.m. T-Th)	Block III (10 a.m. MWF)	Block XII (8 a.m. T-Th)	Block I (8 a.m. MWF)
11 a.m. - 1:30 p.m.	Common Language* French & Spanish	Block XV (12:30 p.m. T-Th)	Block V (12 p.m. MWF)	Block XVI (2 p.m. T-Th)	Block VI (2 p.m. MWF)
2 p.m. - 4:30 p.m.	Block IV (11 a.m. MWF)	Block XIV (11 a.m. T-Th)	Block VII (3 p.m. MWF)	Block VIII (3:20 p.m. T-Th)	Block VIII (4 p.m. MWF)

EVENING CLASSES: Blocks IX (5 p.m. MWF), X (6 p.m. MW), XI (7:30 p.m. MW), XVIII (4:40 p.m. T-Th), XIX (6 p.m. T-Th) and XX (7:30 p.m. T-Th) will hold exams at class times beginning Tuesday evening, May 10.

\*COMMON LANGUAGE: French meets in Smiley 100; Spanish meets in Science 100

INSIDE	<b>CAMPUS LIFE</b>  <b>Uva-Wise mourns the passing of Professor Joseph Scornick</b> Learn more about Professor Scornick's life in Campus Life on page 2.	<b>ENTERTAINMENT</b>  Four games to play over the holidays Audra Bowling previews four games that might make gamers happy over the holidays in Press Play on page 3.	<b>SPORTS</b>  <b>Player Profile: Football player Corey Wheeler</b> The last Player Profile for the year 2005 features the football team's Corey Wheeler. Get to know more about Wheeler on page 4.
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## BULLETIN BOARD

**Last Day of Classes**  
Friday, Dec. 9

**December Graduation Ceremony**  
Friday, Dec. 9  
1 p.m.  
Greener Gym

**BSU Summer Mission Applications Due**  
Friday, Dec. 9

**Holly Ball**  
Friday, Dec. 9  
9 p.m.-1 a.m.  
5th floor Slemp Student Center

**Reading Day**  
Saturday, Dec. 10

**RHA Exam Kit Delivery**  
Saturday, Dec. 10

**Dance Recital**  
Sunday, Dec. 11  
Theatre Building  
8 p.m.

**Wesley Foundation Open 24 Hours**  
Sunday, Dec. 11

**Study Hall Through Friday**  
Starts on Sunday, Dec. 11

**Stress Buster EXAMS**  
Monday, Dec. 12-Friday, Dec. 16

**Midnight Breakfast**  
Monday, Dec. 12  
Cafeteria  
10 p.m.

**Wesley Christmas Banquet**  
Wednesday, Dec. 13  
6 p.m.

**Chamber Choir Performance**  
Wednesday, Dec. 13  
Chapel of All Faiths  
8 p.m.

**Exams End**  
Friday, Dec. 16

**Semester Break Begins, Residence Halls Close**  
Friday, Dec. 17  
9 a.m.

# Editorial: Are we a wasteful nation?

By Kenny Owens  
Freelance Writer

The U.S.D.A. has calculated that every year in the United States over 100 billion pounds of food is thrown away.

Written out, that is over 100,000,000,000 pounds of food. A study at the University of Arizona found that 40 to 50 percent of food available for harvest in the U.S. goes to waste each year. This same article reports that U.S. households waste 14 percent of their food purchases. As much as 15 percent of the food wasted was never opened before the expiration date.

Looking at the losses from a financial perspective means that the average family of four wastes \$590 worth of meats, fruits, vegetables, and grains each year. If totaled, this equals a \$43 billion dollar loss nationwide.

The kilocalories from the amount of food that is dis-

carded could feed 49 million people on an adequate diet for the same year.

Across the spectrum, 100-150,000 people on this planet perish each day due to starvation and related diseases. Approximately 40,000 of these are children.

Guess who is doing their part to keep the wasted tonnage big and fat? I'll cut the chase short: none other than the staff, faculty, and students at UVA-Wise.

In 2004, the staff at Chartwells separated and weighed the amount of food sent to the dish room daily for a week. The estimated cumulative weight of the food thrown away on plates alone was over 1.5 tons per school year.

In the Fall Semester of 2005, employees in the dining hall have visually noticed an increase in the food wasted on trays. Whole plates of untouched food have been ob-

served rolling down the conveyor belt in the dish room during every meal.

Your first line of thought after entering the dining hall may be, "I paid for it and will just take what I want, and if I don't eat it...it doesn't really matter." I can somewhat understand this reasoning; however you may want to reconsider.

One result of taking more food than you can eat is a contribution to increasing prices of future meal plans. The more food that is presumably consumed directly affects the amount per meal that Chartwells must charge both now and in the future. Therefore wasting food is the equivalent of cutting your own financial throat.

There are also several larger scale consequences of throwing that full plate of pasta away.

In the United States, 400 gallons of oil equivalent

is used to feed each American annually. Energy costs for packaging, refrigeration, transportation to retail outlets, and household cooking were not included in these figures. Agriculture needs use over 17 percent of our country's energy demands.

\*Agriculture needs consume 85 percent of the dwindling freshwater resources in the U.S. For example, production of 118 bushels of corn requires 500,000 gallons of water.

\*600,000 metric tons of pesticides are dumped into the environment in North America each year while treating crops. Throwing away food adds to this pollution problem with no measurable asset.

\*The nation's taxpayers spend one billion dollars a year to dispose of food waste alone in landfills around the country.

\*Last year in the

United States 10 billion animals were slaughtered for our nourishment. That equals 20,000 living creatures that feel pleasure and pain being killed every minute, with a large percentage dying needlessly due to waste.

\*And, did I mention that 40,000 children died hungry today?

With the unimaginable power of one, you can make a difference. Please take no more than you can eat and clean your plate when visiting the dining hall. Your wallet, the national economy, the environment, UVA-Wise, Chartwells, and "Kashier Kenny" will thank you.

Opinions expressed in editorials are not those of The Highland Cavalier. Want your voice heard? Send an editorial to: hcb42@uva.wise.edu

## UVA-Wise family saddened by loss of Joseph M. Scolnick, Jr.



UVA-Wise has lost a beloved faculty member. Joseph M. Scolnick, Jr., professor of political science, passed away at his home on Dec. 7. He was 65.

A valued member of the faculty since 1973, Professor Scolnick served the College as faculty grand marshal and as chair of numerous committees, most recently the Promotions and Tenure Committee and the Faculty Evaluation Committee. He was a regular contributor of newspaper columns on a variety of topics related to the military action in Afghanistan and Iraq.

Born in New York, he completed his bachelor's and master's degrees at the University of Virginia and his doctorate in political science at the University of Kentucky. A U.S. Navy veteran, he was a visiting professor at the Air War College in 1988-89. He was a regular participant in the International Studies Association and other groups related to American foreign policy, international relations and national security.

In recent years, his chief scholarly interests were Turkish foreign policy and American-Turkish relations. He co-authored the book *From Anatolia to Appalachia: A Turkish-American Dialogue* with Brent Kennedy in 2004.

Beyond his personal academic interests, he was passionate about the arts and donated many works to the College including those on display in John Cook Wylie Library, Smiddy Hall and Bowers-Sturgill Hall.

We will miss his inimitable voice and his fervent dedication to his students and the College.

Professor Scolnick is survived by his sister, Harriet Pollak, who lives in Westbury, N.Y. —from the UVA-Wise website

## PAL'S

CONTINUED FROM PAGE 1

quick service, carryout only restaurant named 2-J's and returned to Kingsport, TN where he began putting together his vision. In 1956, Pal's was established and the first restaurant was opened in Kingsport, where it is still in operation today.

Pal's is not your everyday burger, fry and shake drive-thru. Its limited menu of high quality food, fast service and simple operations place Pal's Sudden Service on the map across the nation. In 2001, Pal's won the prestigious Malcolm Baldrige National Quality Award for its outstanding service and quality, making it the first restaurant to ever win the award.

"Pal's is absolutely focused on delighting customers," said King. Out of an estimated 33,000 customers in his Church Hill, TN restaurant last year, there were only six recorded complaints. That is less than many fast food restaurants get in a single day.

In addition to the fast

and efficient service, Pal's restaurants can boast a 98 average on their health inspection score with none lower than a 90. This is a large gap of over 10-12 points higher than the competition.

Pal's menu is limited, including hot dogs, hamburgers, fries, shakes, soft drinks, chicken sandwiches, and ham sandwiches. They are also known for their sweet tea. However, unlike other fast food restaurants, Pal's menu does not change. They do not try to add things to their menu because their competition does. "We just want to be great at what we do," said King.

Pal's is clearly focused on being the best by maintaining a simple and efficient management and leadership style. Any input from employees at team leadership meetings is taken seriously which helps promote a professional setting. King emphasized the team atmosphere and hands on training used within all the Pal's stores. These things combined keep Pal's

employee turnover well below 100% yearly compared to other fast food chains that average around 300% turnover yearly.

Another thing that sets Pal's apart from the competition and draws in customers is the drive-thru itself. The teal green, "itty bitty" building stands out with the oversized hamburger, hot dog, french fry and drink that sit in front and on top of it. "Standing out and being outlandish pays off," said King.

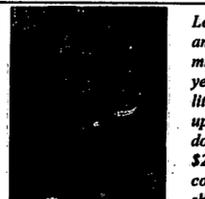
King appeared at UVA-Wise as part of an effort between Pal's Sudden Service and the College to establish a relationship with students and generate interest in the Pal's organization.

Pal's is currently looking for locations in this area - Wise, Big Stone Gap, Norton, and some places in Kentucky. Anyone interested in becoming a part of Pal's elite team should talk to Professor Frank Fry. For more information about Pal's restaurant, visit [www.PalsWeb.com](http://www.PalsWeb.com).

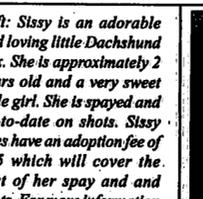
## PET ADOPTIONS



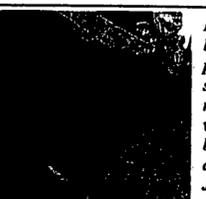
Left: Sissy is an adorable and loving little Dachshund mix. She is approximately 2 years old and a very sweet little girl. She is spayed and up-to-date on shots. Sissy does have an adoption fee of \$25 which will cover the cost of her spay and shots. For more information about Sissy, contact her foster family by phone at 276-926-8918 (Clintwood) or e-mail at [marym@copper.net](mailto:marym@copper.net).



Left: Jake is a lad mix, solid black with one small white patch on his chest. He is very sweet and humble; totally non-aggressive. Very good with kids. Jake is very well-behaved. His ears look like dingo ears when they are up. Jake may be eligible for a free neuter. If you are interested in giving Jake a forever home, please contact his foster mom, Sophia, at 276-738-8003 (Castletown) or e-mail [sophia\\_dingus@yahoo.com](mailto:sophia_dingus@yahoo.com).



Left: Sissy is an adorable and loving little Dachshund mix. She is approximately 2 years old and a very sweet little girl. She is spayed and up-to-date on shots. Sissy does have an adoption fee of \$25 which will cover the cost of her spay and shots. For more information about Sissy, contact her foster family by phone at 276-926-8918 (Clintwood) or e-mail at [marym@copper.net](mailto:marym@copper.net).



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Above: The Christmas tree on the first floor of the Slemp Student Center.

Happy Holidays from the staff of The Highland Cavalier!

## OVER THE HORIZON

### COMING TO THEATERS

Wednesday, Dec. 14

**King Kong**  
A romance action/adventure remake starring Naomi Watts and Jack Black.  
Rated PG-13 frightening adventure violence and some disturbing images.

Friday, Dec. 16

**The Family Stone**  
A romantic comedy starring Diane Keaton and Sarah Jessica Parker.  
Rated PG-13 for some sexual content including dialogue and drug references.

**The Producers**  
A comedy remake starring Nathan Lane and Matthew Broderick.  
Rated PG-13 for sexual humor and references.

Wednesday, Dec. 21

**Cheaper by the Dozen 2**  
A family comedy sequel starring Steve Martin and Bonnie Hunt.  
Not yet rated at this time.

**Fun With Dick and Jane**  
A crime/gangster comedy starring Jim Carrey and Téa Leoni.  
Rated PG-13 for brief language, some sexual humor, and occasional humorous drug references.

Friday, Dec. 23

**Memoirs of a Geisha**  
A romantic drama starring Ziyi Zhang and Ken Watanabe.  
Rated PG-13 for mature subject matter and some sexual content.

### COMING SOON TO DVD

Tuesday, Dec. 13

**The Island**  
A sci-fi/thriller starring Ewan McGregor and Scarlett Johansson.  
Rated PG-13 for intense sequences of violence and action, some sexuality and language.

**The Bad News Bears**  
A sports comedy remake starring Billy Bob Thornton.  
Rated PG-13 for rude behavior, language throughout, some sexuality and thematic elements.

Tuesday, Dec. 20

**Four Brothers**  
A crime/gangster drama starring Mark Wahlberg and Andre Benjamin.  
Rated R for strong violence, pervasive language, and some sexual content.

### COMING SOON IN GAMES

Monday, Dec. 12

**Final Fantasy IV Advance**  
Console: GBA  
Genre: RPG  
E for Everyone

**Midway Arcade Treasures: Extended Play**  
Consoles: PSP, PS2, Xbox, GC, PC  
Genre: Compilation  
M for Mature

Monday, Dec. 19

**Samurai Rhodown V**  
Consoles: Xbox, PS2  
Genre: Fighting  
T for Teen

# PRESS PLAY

## FOUR GAMES TO PLAY DURING THE HOLIDAY SEASON

By Audra Bowling  
Entertainment Editor

**Shadow the Hedgehog**  
Publisher: Sega  
Consoles: GC, PS2, X-Box  
Genre: 3D Platformer  
ESRB-Rating: E for Everyone



A spin-off of the popular *Sonic the Hedgehog* platformer games that first began life on the Sega Genesis system, *Shadow the Hedgehog* places gamers in the role of the amnesiac Shadow—a black hedgehog who was introduced as a rival to Sonic in an earlier game. A product of secret experimentation by the military in order to develop the Ultimate Life Form, Shadow is now searching for the keys to his past against the backdrop of an alien invasion. Gameplay is still essentially the same for *Shadow* as it is in the other *Sonic* games: running through stages and collecting rings, however a few new features have been added for this title. Shadow is able to use weapons such as guns and ride vehicles like motorcycles should the need arise. And objects strewn around stages can now be picked up and used in order to fulfill goal requirements.

The main premise of the game is essentially that you, the player, chooses the path that Shadow should take: in other words, you decide whether or not he's good, bad, or somewhere in between based on the mission objectives you choose to carry out. The storyline is open-ended in that regard, and there are multiple endings for players who wish to try going a different route later on. The game itself is incredibly massive: offering twenty stages and more than fifty missions for players to partake in. The game has received mixed reviews from both professional reviewers and fans, but die-hard *Sonic* and *Shadow* fans will most likely want to pick up

and give *Shadow the Hedgehog* a try over the holidays to see what they think of the game.

**Sulkoden Tactics**  
Publisher: Konami  
Console: PS2  
Genre: Strategy RPG  
ESRB-Rating: T for Teen



A spin-off/sequel to Konami's *Sulkoden IV* role-playing game, *Sulkoden Tactics* once again returns players to the Island Nations of its predecessor. The storyline follows a young boy named Kyril who is traveling with his father and his entourage three years before the events of *Sulkoden IV* in order to investigate the Rune Cannons used as powerful weapons in warfare on the seas. As it turns out, there is much more to the Rune Cannons than just that they happen to be weapons—a fact that results in the transformation of Kyril's father into a monster and his subsequent death. Flashing forward three years, the game then follows a more grown-up Kyril in the aftermath of *Sulkoden IV*'s ending.

The game-play in *Tactics* is standard turn-based strategy fare: players are in command of certain characters (called units) that they can maneuver and position on a large battlefield in order to better attack enemy units. Certain characters can develop good will and then protect and assist each other during fights, while some can learn devastating Cooperative Attacks as well. Aside from the main storyline fights, there is also a Quest Guild system that allows players to pick and choose certain jobs that they want to fulfill in return for recruiting new characters, getting award money, and skill points that can be used to level up certain abilities. The only real complaint to be found is that the title is an exception-

ally hard one: certain battle stages are almost impossible to get through unscathed, and enemies will always be around the same level as Kyril is, which will cause a lot of frustration for gamers who wish to earn high ranks and awards from their fights. There will probably be more than one instance where players will have to hit the continue option.

Despite the insane level of difficulty, *Tactics* is an enjoyable game. There is always a sense of satisfaction after finishing off a particularly challenging stage, and both the storyline and character personalities are wonderfully portrayed. While strategy fans are sure to find some enjoyment from the title, those who have played *Sulkoden IV* beforehand will most likely enjoy *Sulkoden Tactics* the most due to the return of many familiar faces and the bonuses that are awarded to them if they choose to load their saved data from the previous title.

**Peter Jackson's King Kong: The Official Game of the Movie** (the GBA version is entitled *Kong: The 8th Wonder of the World*)  
Publisher: Ubisoft  
Consoles: GBA, DS, PSP, PS2, PS3, Xbox, X360, GC, PC  
Genre: Action Adventure  
ESRB Rating: T for Teen

Based off of the upcoming movie remake of the classic, *Peter Jackson's King Kong* has been viewed by many as one of the best movie-games out on the market. Allowing players to choose between playing as the human Jack Driscoll or King Kong himself helps to alternate game-play and keep the title from being repetitive.

When playing as Jack, the camera switches to first person and the game plays much like a shooter would. As King Kong, players experi-

ence environments in third-person and are able to engage in fights with massive creatures. In order to survive the land of Weta and its dangers, players must also utilize their Expedition Team using commands: each member has their own unique abilities and can work well not only amongst themselves but with the player as well, making them invaluable over the course of the game.

The game incorporates events from the movie seamlessly and keeps the action constant while adding even more detail and environments for players to explore, with a resource management system that helps to keep any tools or important items ready for use at any time during play. Promising to immerse gamers in the *King Kong* movie itself, *Peter Jackson's King Kong: The Official Game of the Movie* is definitely worth a look for many different kinds of players, especially those who want to experience what it feels like to be an enormous and powerful ape.

**Dead or Alive 4**  
Publishers: Tecmo, Team Ninja  
Console: X360  
Genre: Fighting  
ESRB Rating: M for Mature



Below: Tecmo and Team Ninja's *X360* fighter, *Dead or Alive 4*, promises not only great visuals and environments but also online play and refreshing innovations to the series.

ers to be one of most prominent fighting games for this year, and its stunning graphics are just a small reason as to why. The realism and level of detail for all of the environments and characters are simply amazing. Thanks to the capabilities of the Xbox 360 and Xbox Live, online game-play for this title promises to be an enjoyable and more in-depth experience. More players will be able to fight at a time, with the options of forming clans and being able to voice and text-chat at certain points during online play.

In terms of game-play in offline modes, the key word would most likely be "new". This doesn't just mean the obligatory new stages, characters, and storylines in the Story Mode that always seem to be added to every fighting game sequel (although there are plenty of those in *DoA4* as well), but a completely revamped fighting system in order to address problems gamers seemed to have with previous titles in the series. The new system promises to allow players to better master the moves and techniques of their favorite characters, and the countering system found in earlier titles offers even more levels of complexity than before. X360 owners, particularly those partial to fighting games, should definitely take note of *Dead or Alive 4* for the holiday season.

fight in an epic climatic battle that might free Narnia from the White Witch's icy spell. This is the first live-action directorial effort from Andrew Adamson, director of the films *Shrek* and *Shrek 2*.

The children learn of a prophecy that states that when two daughters of Eve and two sons of Adam enter Narnia they will free the people from the horrible curse set upon the land. The children and all of the animals and creatures that follow Aslan

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SCREENSHOT BY TECMO AND TEAM NINJA



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## GAME SCHEDULE

### WOMEN'S BASKETBALL

Fri., Dec. 9  
At Milligan College  
6:30 p.m.

Sun., Dec. 11  
At Pikeville College  
4 p.m.

Tues., Dec. 27-  
Fri., Dec. 30.  
Padre Island Tournament  
South Padre, TX.

Fri., Jan. 6  
At Covenant College  
5:30 p.m.

Sat., Jan. 7  
At Bryan College  
4 p.m.

Tues., Jan. 10  
Home vs. Va. Intermont  
6:30 p.m.

### MEN'S BASKETBALL

Fri., Dec. 9  
At Milligan College  
7:30 p.m.

Sat., Dec. 31  
At Pikeville College  
2 p.m.

Fri., Jan. 6  
At Covenant College  
7 p.m.

Sat., Jan. 7  
At Bryan College  
6 p.m.

Tues., Jan. 10  
Home vs. Va. Intermont  
7:30 p.m.

### CAVALIER STAFF

**AUBREY BOWLING**  
EDITOR-IN-CHIEF

**AUBREY BOWLING**  
ENTERTAINMENT EDITOR

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STEPHEN WILKES

**OFFICE: STUDENT CENTER 317**

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TUES., 2 P.M. - 4 P.M.  
WEDNES., 12 P.M. - 2 P.M.  
THURS., 2 P.M. - 3 P.M.  
FRI., 12 P.M. - 2 P.M.

**PHONE: 328-0170**

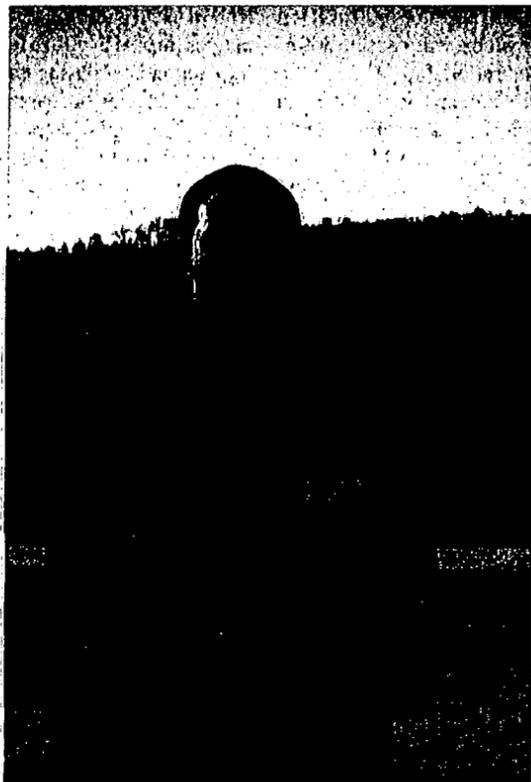
**EMAIL: ACB4Z@UVAWISE.EDU**

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## PLAYER PROFILE

# COREY WHEELER



Position: Outside Linebacker

Class: Junior

Major: Communications

Hometown: Manassas, Va.



**Achievements:** All-conference Honorable mention-Defense (2004). All-Conference First team-defense (2005). Mid-South Conference defensive player of the week (October 2005).

*"I love the competition, since I was about nine years old, I loved to be out there on the field hitting people, making plays, and just trying to become a better player. I play because I like being a part of a team, the friendships and the bonds that we all build while being on a team, and I always loved watching football on T.V., wanting to be like all those players in the NFL."*

### THOUGHTS ON LAST SEASON

"I think this 2005 team has been the best team that I have been a part of since I have been a member of the Cavaliers. We all had the same goals and that was to be conference champions, we played hard all the time, and as a team. We won and lost as a team, no one pointed fingers or blamed anyone else. Even though we only won 4 games, we clearly got better from years past and will continue to improve in years to come. As far as me individually, I think I've had my best year as a Cavalier. I had to switch positions in the spring so I just tried my best to learn that position and play at my highest level on the field to help the team win."

### INSPIRATIONS

"My biggest inspiration is my dad, cause he always tells me no matter what happens on the field, to just keep playing. He always says play every play like its your last one, and no matter what I do, whether I play good or bad, he is always there to support me."

### NEXT SEASON

"Our goal as a team is to win the conference championship, and just be better than we were the year before."

### PLANS AFTER UVA-WISE

"It's always every football players dream to play in the NFL, or do something with football after college. I think I will try my luck with the NFL combine and see how it goes. After that I will put my degree to good use and find a career in public relations."

-- Player Profile and photo by Daniel Leehy, Sports Editor

## Lady Cavs with a perfect record

By Corey Wheeler  
Staff Writer

The Lady Cavaliers have started the season with a perfect 8-0 record and the Highland Cavalier Woman's basketball team is looking to continue the successful start to the 2005 season. With a combination of good defensive play, and an explosive offense, the Lady Cavs currently sit on top of the Appalachian Athletic Conference.

Leading the way for the squad once again this year is Junior Sarah Helton who is averaging 18.0 points per game and 9.6 rebounds per game. Junior transfer LaShay Collier is averaging 17.8 points per game and leads the team with 19 steals. Point guard Chelsea Lee is also having a fine season, averaging 14.0 p.p.g., along with a host of other great players. Their fast paced offense has crushed

opponents by a total of 28 points per game, an average that ranks number 1 in scoring margins in the NAIA, and the team also ranks number 2 in scoring offense per game in the nation with an average of 90.2 points per game. The Lady Cavs are looking to improve on their perfect start when they travel to Tennessee Wesleyan on Dec. 6, game time 5:30 p.m.

## Flag football all-star team travels to Wilmington, NC

By Stephen Wilkes  
Staff Writer

UVA-Wise Intramural Director Chris Davis selected 13 players to represent UVA-Wise in the South Atlantic Regional Flag Football Tournament.

Davis chose the players that he felt preformed the best during the intramural regular season. Players Ben Jackson, Dustin Jackson, Anthony Gilbert, Greg Bannister, Ryan Howell, Travis Hinmen, Nathan Anderson, Andy Corbett, Chris Kostic, Brad Banks, Philip Horne, Joel

Williamson, and Stephen Wilkes were the 13 chosen to represent UVA-Wise.

The team traveled to Wilmington, NC on Nov. 19 through Nov. 21 to compete in the tournament.

"Gamma Mob" is the name of the All-Star team, which won their first 3 games in the tournament, advancing into the Quarter Finals.

The team lost to Campbell University with a score of 27-13, but not before placing in the top eight out of 33 teams. "I thought we

played pretty good together," Wilkes said, "We communicated in the huddle and built some chemistry. I think that was very important to our success at this tournament."

The first and second place winners in the South Atlantic Regional Flag Football Tournament earn an all expenses paid trips to participate in the National Tournament held in Pensacola, Fla. from Dec. 27 to Jan. 1.

## STANDINGS

### Women's Basketball Standings

Division	Overall
UVA-Wise	8-0
Covenant	6-4
Milligan	5-3
Bryan	7-3
King	6-4
Brevard	3-8
Tenn. Wesleyan	4-3
Union	4-4
Montreat	2-8
Bluefield	0-7
Va. Intermont	0-7



### Mens Basketball Standings

Division	Overall
Union	9-2
Montreat	6-2
Tenn. Wesleyan	5-4
Bluefield	6-6
Bryan	4-3
Covenant	4-8
King	6-4
Va. Intermont	2-6
UVA-Wise	4-8
Milligan	3-5
Brevard	2-8



I would like to say THANK YOU to all the loyal Highland Cavalier readers and anyone who has enjoyed reading Highland Cavalier Sports. I would also like to thank former Editor-in-Chief, Roger Hagy Jr., current Editor Aubrey Bowling, and, most importantly, my advisor Daniel Tighe. I am graduating this semester and will no longer be the Sports Editor or a student here at UVA-Wise. From the bottom of my heart, thank you for reading my page for the past two years. It has been a pleasure to bring you the sports news.

Sincerely,

Daniel Leehy  
-Sports Editor-