

THE HIGHLAND CAVALIER

VOLUME 77 NUMBER 2

UNIVERSITY OF VIRGINIA COLLEGE AT WISE

FALL 2005

Thomas Jefferson statue creates UVa connection

The College honors founder of UVa and author of the Declaration of Independence

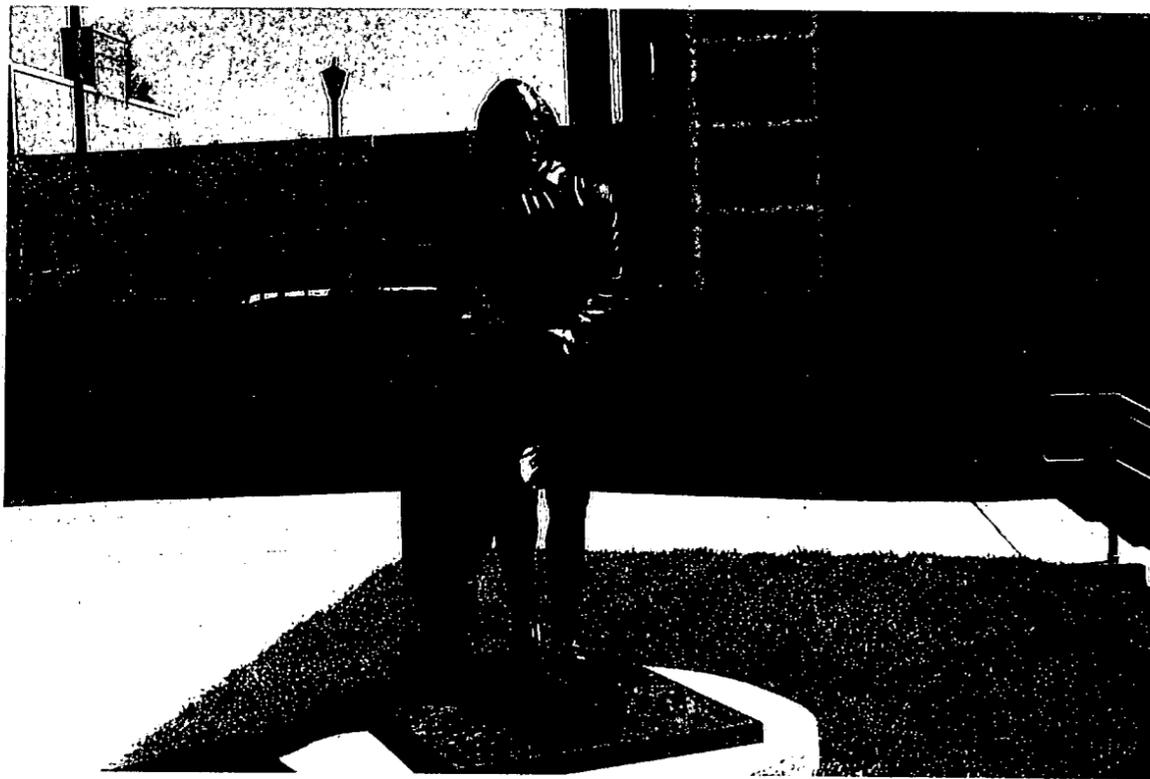


PHOTO BY AUDRA BOWLING

By Audra Bowling
Entertainment Editor

At 1 p.m. on Monday, Sept. 26, a ceremony dedicating the unveiling of the new bronze Thomas Jefferson statue was held. Originally planned for outside by the statue itself, the ceremony was held inside the Wyllie Library due to a heavy rain. Many faculty members and students were present for the event, crowding into the library despite the damp weather outside.

The highlight of the dedication ceremony was probably the Keynote Address, issued by John T. Casteen III, the President of UVa. There were numerous

speakers, however, and the "unveiling" of the statue was done by Honor Court Chain Lora C. Wharton. Many stayed after the ceremony for a reception of snacks and drinks provided by Chartwells.

The statue of Thomas Jefferson, the father of UVa and the author of the Declaration of Independence, was created by Edward Hlavka, a professional member of the National Sculpture Society. Anyone who wishes to view the statue is encouraged to do so. It is located by the steps leading from the Slemp Student Center and dormitories to the John Cook Wyllie Library.

Left: UVa-Wise's statue of Thomas Jefferson was unveiled on Mon., Sept. 26. It is the College's first statue of the UVa founder on campus.

High Fructose Corn Syrup a severe nutritional threat

By Kenny Owens
Contributor

So you've heeded the advice of Dr. Phil and worship every ounce of print from the Atkins Diet. America is such a fortunate country, where citizens' major caloric concerns are not starvation, rather over indulgence—gluttony to be more exact.

There is a food additive in our midst that is contributing to our obesity even more than fat and those nasty ole complex carbohydrates. It has the complete blessing of the Food and Drug Administration and is used by virtually every corporate food manufacturer in the United States. Almost every calorie consumed of this food filler is immediately turned into "love handles," yet the average American unknowingly consumes 62.6 pounds of it each year. That equals almost 10 percent of our total daily caloric intake.

What is this evildoer, you ask?

High Fructose Corn Syrup (HFCS).

Here are the basic

mechanics of high fructose corn syrup metabolism: a major rate-regulating enzyme in your body is Phosphofructokinase, or PFK. PFK assigns food coming down the pipeline to be used as either immediate energy in one of the thousands of physiological processes going on each second, or stored as fat. However, due to the molecular composition of HFCS, which has a high concentration of *unbound* fructose, it has the ability to bypass the function of PFK and go directly to fat cells—triglycerides to be exact. Therefore, everything you eat that contains HFCS contributes immediately to your body fat, even if you are climbing the Empire State Building on a Stairmaster at level 10. In comparison, if you are inactive after eating normal carbohydrates or fat, at least some of the energy will be burned to maintain normal body functions.

The dangers of HFCS are much more complex, and they start with its very

conception. To metamorphose fields of Midwestern corn into a substance as sweet as table sugar is complicated. It involves vats filled with unclear fermenting liquids, fungus, and chemicals, all using genetically altered enzymes to break down the complex carbohydrates. HFCS is not natural, and the resulting liquid is comprised of *unbound* glucose and fructose molecules. These "free" or unbound fructose molecules are more readily available for fat storage and have been found to interfere with normal heart functioning. A recent study by the USDA showed that high fructose diets decreased the lifespan of mice from a normal two years to a shocking five weeks. Not only did the mice not reach adulthood; they suffered from delayed testicular development, anemia, high cholesterol, and heart hypotrophy so severe that some of their small hearts enlarged until they exploded. A similar study on the effects of high fructose diets on

humans had to be terminated prematurely due to the early development of serious abnormal heart conditions in the subjects.

Other complications were also noted in the test animals. The liver must process every fructose molecule. Dissected livers of mice fed the high fructose diet were filled with fat and cirrotic, similar to the livers of alcoholics.

Another USDA study suggests that high fructose diets upset the magnesium balance in the body, which is connected with bone loss. This should be of special concern to post-menopausal women. Also, a study by the University of Iowa suggested that there may be a connection between Irritable Bowel Syndrome (IBS) and fructose, with 31 of the 80 subjects suffering from IBS determined to be fructose intolerant.

Now back to the increase in triglycerides. The consequence of increased body fat from high fructose

diets goes like this: higher triglyceride levels act to raise the bad cholesterol (LDL) and lower the good cholesterol (HDL). The result is an increased risk of high blood pressure and heart attack.

Scientific studies have also produced evidence that eating foods laced with HFCS can actually increase hunger...causing you to eat more. The body processes fructose differently than the more common sugar glucose. Glucose stimulates the pancreas to release insulin causing cells to pull sugar from the bloodstream. Glucose also activates fat cells to release leptin that makes you feel full, and prevents the stomach from releasing ghrelin that makes you feel hungry. Fructose however does not cause the release of leptin or the suppression of ghrelin. Therefore you may feel starved immediately after consuming foods containing HFCS, thus wanting to eat even more.

Why has this product shown up in our food supply

in such large concentrations? The answer is simple, HFCS is a cheaper filler than sugar for the food processors to use...and it is just as sweet. HFCS is good old fashioned empty and unsafe calories that are sure to make processed food stockholders happy, to the tune of 4.5 billion dollars annually. Alarmingly, Americans now eat more HFCS than sugar.

What foods use high fructose corn syrup? Just for starters; you can find it in bread, catsup, yogurt, mayonnaise, pork and beans, egg nog, chocolate milk, ice cream, corn flakes, tomato soup, Pop Tarts, apple sauce, canned spaghetti and meatballs, salad dressings, barbecue sauce, jelly, cereal bars, pancake syrup, fruit drinks, and all regular soft drinks. High fructose corn syrup has even infiltrated health food stores, where I recently found a herbal tea listing HFCS as the second ingredient, and a wholesome five-grain bread with all the

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CAMPUS LIFE

Editorial on censorship policies at UVa-Wise

Do you agree or disagree with the new policies for posters at UVa-Wise? One student argues against them. For more information, check out Zack Webb's editorial on page 2.

ENTERTAINMENT



Samurai action for the PS2, a fan-favorite heads to Gamecube

This issue's Press Play previews *Genji: Dawn of the Samurai* and *Fire Emblem: Path of Radiance* on page 3.

SPORTS



Player Profile: Chelsie Lawson

Learn more about 2005's UVa-Wise cheerleader Flyer and Captain Chelsie Lawson on page 4.

BULLETIN BOARD

Intramural Flag Football
Wednesday, Oct. 5

Intramural Dodgeball
Wednesday, Oct. 5

International Club Movie
Night: *Jean de Florette*
Wednesday, Oct. 5
Smiddy Hall 100
8 p.m.

College Republicans
Every Thursday
Slemp Student Center in the
Honor Court Room
3:30 p.m.

Luanu by the Lake
Thursday, Oct. 6
4:30 p.m.-7 p.m.

25th Reunion of the Classes
of 1979, 1980 & 1981
Friday, Oct. 7
Slemp Student Center
8 p.m.

Alumni Leader's Breakfast
(by invitation)
Saturday, Oct. 8
Slemp Student Center
9 a.m.

Alumni Registration Begins
Saturday, Oct. 8
Lawn by the Lake
10 a.m.

Alumni Picnic & Alumni
Family Photos
Saturday, Oct. 8
Lawn by the Lake
11 a.m.

General Alumni Tailgate
Saturday, Oct. 8
Stadium Parking Lot
Purchase of a tailgating permit
is required by Oct. 7
12:30 p.m.

UVA-Wise Highland Cavaliers
vs. Kentucky Wesleyan
College: Homecoming
Football Game
Saturday, Oct. 8
Carl Smith Stadium
1:30 p.m.

10th Reunion of the Classes
of 1994, 1995 & 1996 Cocktail
Reception
Saturday, Oct. 8
Alumni Hall
6:30 p.m.

SGA Homecoming Dance
Saturday, Oct. 8
10 p.m.

9-Ball Billiards Tourney
Monday, Oct. 10
Slemp Student Center Game
Room
1 p.m. & 8 p.m.

Alumni Board Meeting
Tuesday, Oct. 11

Intramural Flag Football
Tuesday, Oct. 11

Intramural Dodgeball
Tuesday, Oct. 11

Musical Eric Hutchinson
Wednesday, Oct. 12
Slemp Student Center
8 p.m.

Intramural Flag Football
Thursday, Oct. 13

Intramural Dodgeball
Thursday, Oct. 13

Up 'til Dawn Registration
Forms Due
Friday, Oct. 14

Fall Break
Saturday, Oct. 15-Sunday, Oct.
23
Residence Halls close at 9 a.m.
on Oct. 15 & open at 9 a.m. on
Oct. 23

Editorial: stop censorship at UVA-Wise

By Zack Webb
Guest Writer

Hidden in the UVA-Wise Student Organization Handbook lies a new repressive speech code that threatens the very philosophy of freedom of expression the College was created to uphold. A free marketplace of ideas, where individuals can freely exchange thoughts without fear of retribution, is vital to creating critical minds. To stifle intellectual diversity is to turn the noble principles of higher education on its head and create an indoctrination regime where groupthink reigns supreme.

Those who seek to limit our freedom of expression often try to create public support by listing the negative aspects of such a freedom, such as allowing socially undesirable groups and individuals (KKK, Nazis, racists, etc.) to exercise their freedom of speech, even if it means allowing them to spew hate. It should be quite

obvious that the benefits far outweigh the costs. Reasonable restrictions on the place and manner of expression are undoubtedly acceptable, so long as the content is not being restricted. Hopefully, the College will reverse itself and return to the values that it was built on. The reckless passages are highlighted below, followed by their rebuttal. With any luck this may expedite the process.

"Please remember that all flyers, poster literature or information must be approved by the group President, Advisor and the Director of the C. Bascom Slemp Student Center prior to being posted or distributed anywhere on the campus."

For obvious reasons, the President and Advisor should approve a message so as not to misrepresent the organization, but the College is in no position to compel an individual to do so. Any cases

of misrepresentation should be handled internally, within the organization, or externally, with already existing laws such as libel laws. The Director of the C. Bascom Slemp Student Center, representing the College, is considered an agent of the government because the College is a public institution. The Court of Federal Claims has stated in a case concerning private property rights "The fact that an act of governmental grace or benefit may have returned... the plaintiff's right to mine does not alter the denial of rights." Clearly, replacing "right to mine" with "freedom of speech" illustrates that the "Don't worry, we'll approve it anyway" argument doesn't fly. Besides, why have a speech code at all if not to infringe on our freedom of speech?

"Advertisements posted on campus should not mention alcohol and/or drugs or promote illegal alcohol or drug activity."

Indiana (1973) the Supreme Court ruled that speech advocating illegal activity (in this case, an anti-war protester shouting that he was going to take back the streets later) was legal as long as it is not imminent.

"All flyers, ads, etc. should not have any material which may be damaging to the colleges credibility or reputation..." Write what we like, or else. Enough said.

"All flyers, ads, etc. should not be demeaning to women or any group of people."

An excellent case of what is called viewpoint discrimination and vagueness. Viewpoint discrimination is pure and simple censorship. That is, one person's view of "demeaning" could be completely opposite from another's. Which then leads into the vagueness principle which means that the law

cannot be overly vague but rather narrowly defined. Can you imagine the anarchy that would ensue if people did not know if they had broken the law until after being charged with a crime?

The entire UVA-Wise Student Organization Handbook 2005-06 can be found online here: http://www.wise.virginia.edu/student_life/documents/handbook0506.pdf.

Julie Scott, the Director of the C. Bascom Slemp Student Center, can be contacted by phone at (276)376-1065 or by e-mail at jbs41@uvawise.edu.

The Stearns Company, Ltd. v. United States "Not convinced? In West Virginia Board of Education v. Barnette (1943) the Court has ruled that the government cannot force its opinion or message on citizens."

NUTRITION

CONTINUED FROM PAGE 1

grains soaked in the stuff. So what can we do? Take care of yourself and your children. Especially children, as the adverse effects of any toxin are always more severe to a growing organism. Read labels and try to avoid foods that use high fructose corn syrup. Tell the store manager

how you feel about the product. Take the time to contact the company and let them know why you are no longer purchasing their product. Last but not least, contact the FDA demanding the immediate removal of high fructose corn syrup in such large concentrations

from our food supply. We may not feel our voice will be heard, but if you and millions of other consumers withhold money... they will listen. —Kenny Owens is a freelance writer with a BS in Nutrition and a MS in Exercise Physiology from Florida State University.

Accessories are the style for fall fashion in 2005

By Courtney King
Staff Writer

A new season has approached us, and it's time to spruce up the old wardrobe with new fall looks.

Having a hard time deciding what's in this fall? The key to fashion this season is to accessorize. Accessories can completely change the whole look of an outfit. It doesn't seem to matter what you're wearing, but if you have accessories to go with it you know you're in style this season. Some must-haves

are big necklaces, bohemian jewelry, shimmering purses, moccasin boots, and ballet flats. Don't think you have to spend major bucks to look and feel good this fall! You can look cute and spend cheap all at the same time.

If shopping in the Norton/Wise area for accessories you may want to check out Cato's, Fashion Bug, Goody's, The Silver Warehouse and Wal-Mart. Accessories speak as loudly about your style as your clothes do and it's always good to make a statement — why not start now?

Fall 2005 SGA Election Results

Freshman Senators: Karima Laramazi, Jekeyna Robinson, Emily Browning

Junior Senators: Teri Ann Hill, Rachel Torres

Senator at Large: Luke Lane

Fall 2005 Honor Court Election Results

Freshman Representatives: Matthew Grubb, Vaska McEvoy Soylu

Junior Representatives: Aven Ship, Steve

Jimson Weed

Submissions! Submissions! Submissions!

Anyone interested in submitting poetry, creative essays, short stories, photography, or artwork are invited to submit them to the Jimson Weed Mailbox at Rm. 127 Zehmer Hall, or e-mail us at jimson-weed@uvawise.edu.

Submissions For The Fall 2005 Issue Are Due Friday, October 14.

Submissions can be made in either hard copy or in Word on computer disk. If you would like your submissions returned to you, please include a self-addressed stamped envelope.

All submissions are welcome.
The Jimson Weed is what you make it.

PET ADOPTIONS



Left: Mr. Fuzzy Bear appears to be a Maine coon/mix cat approximately one year old and in good health. He is in need of a good home because his owner passed away. Possible help on spay/neuter. For more information please contact Jean Good at 276-328-0209 (days) or 276-926-6978 (evenings) or e-mail jlg5u@uvawise.edu or bobbyjean58@nerdshack.com.



Right: Casey is a lab/chow mix approximately 5 years old. He has been neutered and will be up to date on shots. Casey has a wonderful temperament, easy-going, likes to be near you, loves people, and is great with kids. He is house-trained and can stay either inside or out. His owner rescued him from the pound, but just isn't home enough to give him the love, play and care like she knows he deserves. Casey and all his toys and upkeep items are free to just the right home. Contact Lora at dixie_mois@yahoo.com or call 276-328-5313 (Wise).

OVER THE HORIZON COMING TO THEATERS

Friday, Oct. 7

In Her Shoes
A drama starring Cameron Diaz.
Rated PG-13 for thematic material, language and some sexual content.

Two for the Money
A thriller/drama starring Al Pacino and Matthew McConaughey.
Rated R for pervasive language, a scene of sexuality and a violent act.

Friday, Oct. 14

Domino
An action/adventure starring Keira Knightley.
Rated R for strong violence, pervasive language, sexual content/nudity and drug use.

Elizabethtown
A comedy starring Orlando Bloom and Kirsten Dunst.
Rated PG-13 for language and some sexual references.

COMING SOON TO DVD

Tuesday, Oct. 11

Kicking & Screaming
A comedy starring Will Ferrell.
Rated PG for thematic elements, language and some crude humor.

The Sisterhood of the Traveling Pants
A drama starring Amber Rose Tamblyn.
Rated PG for thematic elements, some sensuality and language.

Tuesday, Oct. 18

Batman Begins
A crime/gangster starring Christian Bale.
Rated PG-13 for intense action violence, disturbing images and some thematic elements.

George A. Romero's Land of the Dead
A suspense/horror starring Simon Baker.
Rated R for pervasive strong violence and gore; language, brief sexuality and some drug use.

COMING SOON IN GAMES

Monday, Oct. 10

Zoo Tycoon DS
Console: DS
Genre: Strategy
E for Everyone

Tuesday, Oct. 11

NCAA March Madness 06
Consoles: Xbox, PS2
Genre: Sports
E for Everyone

Zatch Bell! Mamodo Battles
Consoles: GC, PS2
Genre: Fighting
T for Teen

Saturday, Oct. 15

Ultimate Arcade Games
Console: GBA
Genre: Compilation
E for Everyone

Monday, Oct. 17

Blitz: The League
Consoles: Xbox, PS2
Genre: Sports
M for Mature

Tuesday, Oct. 18

Wild Arms Alter Code: F
Console: PS2
Genre: RPG
T for Teen

J.K. Rowling offers a transition to the finale

Review
Harry Potter and the Half Blood Prince
by J.K. Rowling
Published by Scholastic, Inc.
2005
Hardcover, 652 pages



By Elizabeth Steele
Contributor

The first five entries in the *Harry Potter* series moved through progressively darker themes and territories: exploring good and evil, relationships, adolescence, and the almost complete inability of boys to comprehend girls. J. K. Rowling's *Harry Potter and Half Blood Prince* continues these themes, as death and evil stalk the Wizarding World. In the end, however, the book strikes this reader as transitional, a springboard to a finale that almost certainly will not be available before 2007.

The Half Blood Prince

features a 16-year-old Harry who has resolved his relationship with his headmaster/father-figure, Professor Dumbledore. The foundations of the plot are Harry's meetings with Dumbledore, meetings in which teacher and student explore the past in an effort to discover the key to destroying the evil Lord Voldemort. In the course of these meetings a clearly exhausted Dumbledore hammers home to Harry the concept of free will, a concept critical to most religious thought and central to a novel series nonetheless derided by so many Christian institutions. Focused on a prophecy that predicts a battle to the death between Harry and Voldemort, the youngster is finally brought to understand the nature of choice—to fight, to take the prophecy seriously, to embrace evil—and to understand that other figures in his life have had the same opportunity to choose. Nothing is predestined, and choice creates unintended consequences. Harry's fate, Dumbledore insists, is not dictated by the prophecy, but rather by choice. For the alert reader, the distillation of centuries of thought on free will, the nature of love, and

morality into a compelling and accessible discussion between pupil and master is awe-inspiring.

The Half Blood Prince explores a variety of love: self, parental, and romantic. Harry finally acknowledges here his attachment to Dumbledore. He also finally forms a relationship with Ginny Weasley, sister of his best friend Ron. Meanwhile, Ron has his first brush with adolescent sexuality in a purely physical relationship before finally embracing resident brain Hermione Granger.

That the Gryffindors' coming of age is signaled in other ways in parallel scenes at either end of the book. Early on, Dumbledore assures Harry that he is in no danger from dark wizards as they travel together to visit Professor Slughorn, for "You are with me." By the end of the book, Harry, escorting a weakened Dumbledore home, adjures the headmaster not to worry. Dumbledore's response is simple: "I am not worried, Harry.... I am with you." The torch has been handed on, and not a moment too soon.

As usual, the book opens with Harry summering at the home of his relatives,

the unsympathetic Dursleys. Again, Harry is made uncomfortably aware of the similarities between himself and Lord Voldemort. Like the other books, this one, too, ends with a battle. Like *Book One*, which it resembles in its episodic structure, this battle rages in Hogwarts itself. But, there are new departures, among them being Rowling's treatment of Dumbledore. Throughout the book, the usually self-effacing Headmaster makes no bones whatsoever about his abilities, and, unusually, does not hesitate to amuse himself gently at the expense of the un-magical Dursleys. In a joint outing to explore the secret of Voldemort's immortality, Dumbledore suffers a potion-induced nightmare through which, even in his misery, he begs to suffer for others. When coupled with Harry's Peter-like avowals, this fairly hits readers over the head. For the first time, bad boy Draco Malfoy appears in a sympathetic light. Also for the first time, Harry is a success in his Potions class. Interestingly, this success stems from the brilliance of the Half Blood Prince, whom Harry defends throughout the book only to discover his

unexpected identity. And Professor Snape achieves a complexity that reaches new heights, eclipsing that hinted at in *The Goblet of Fire* and *The Order of the Phoenix*. Though one hundred pages or so shorter than her last two novels, Rowling has a lot going on here.

Even so, *The Half Blood Prince* is simply not as strong as its predecessors. In structure, in writing, and in its treatment of the past, it has much in common with *The Chamber of Secrets*, which was the weakest of the first five novels. Though not at the top of her form here, Rowling still produces a page-turner—it is just that, compared to her last two or three works, this is more of a "B" than an "A" effort. There are some very good moments and Rowling remains strong in her understanding of how adolescents think. Nonetheless, one senses that this novel is aimed at something else, and I suspect that that something is a Quest (with a capital Q) in *Book Seven*. Though all other volumes have ended with the return-trip from school on the Hogwarts Express, that element is missing here: the seventh year may not find Harry at Hogwarts at all.

PRESS PLAY

SAMURAI ACTION ON THE PS2, GC GETS A FAN FAVORITE

Preview
Genji: Dawn of the Samurai
Publisher: SCEA
Genre: PS2
Console: Action/Adventure
ESRB Rating: M for Mature



By Andra Bowling
Entertainment Editor

Set in Feudal Japan and based on a classic Japanese novel, *Genji: Dawn of the Samurai* is an impressive-looking action/adventure title. Story segments are rendered in wonderful FMV sequences, and environments are breathtakingly beautiful. The animation during battle is surprisingly fluid, with the two playable characters reacting to player commands in a more realistic fashion than some of the more outrageous moves found in other action titles.

Players originally take on the role of the young swordsman Yoshitsune but, after a fateful encounter, are given the choice of switching between him and a powerful monk named Benkei. However, there are even times when it is required that players play as both characters in sequence in order to get through certain events in the game. There is even an inventory management system that allows players to

Fire Emblem: Path of Radiance
Publisher: Nintendo
Console: GC
Genre: Strategy RPG
ESRB Rating: T for Teen



Fire Emblem: Path of Radiance follows the story of a boy named Ike who is trying to prove himself to a group of powerful mercenaries led by his father Greil. Just as he is getting his chance to do so, his Kingdom of Crimea is attacked by a neighboring country and the capital set on fire. Ike and Greil stumble across Ilincia, who happens to be the princess of Crimea, and she begs them for help in getting away from the enemy army pursuing her as she tries to get to the Kingdom of the Beastmen. After his dad accepts the job, Ike and the

others are caught up in an epic turn of events that threaten to change the entire world. As with all *Fire Emblem* titles, the story itself is presented through text-based sequences in-between the heavily strategic and turn-based action of the battles. The story segments are skippable, although they do serve as nice break from fighting and help to flesh out the reasoning behind battles in the first place. Utilizing the Gamecube's capabilities the fights, environments, and cut scenes are now completely 3D, although the traditional art that fans of previous titles in the series are accustomed to still appear in the conversation/story segments.

During battle, players are able to find out exactly how many spaces enemies can move on the field, as well as what their "range" for attacking is. This helps implement the type of strategy one is going to use, so that characters can be placed just outside of an opponent's range to avoid taking damage and

maybe even get their own attacks in while they're at it. There is also a "shove" implement that allows a character to push another of their allies backwards on the field; an interesting strategy tactic that enables players to keep weaker or critically wounded characters from taking in any more damage to their health.

Characters are able to change into more powerful job classes at level 20, granting them better skills to use in battle. Some skills are based entirely on class and level, while others are more general and can be used by a wide range of the game's cast. No matter the type, the abilities learned by these skills are incredibly useful.

As the first *Fire Emblem* title to appear on the Gamecube, *Path of Radiance* seems to do a wonderful job of utilizing the gaming system's capabilities while retaining the same gameplay aspects that have made the series so popular to fans of strategy RPGs.

Left: Yoshitsune swipes at an opponent in the action/adventure game *Genji: Dawn of the Samurai* for the PlayStation 2.

Right: An image of a character from the Gamecube strategy RPG *Fire Emblem: Path of Radiance* that shows off the beautiful graphics of the game's 3D story segments.



GAME SCHEDULE

FOOTBALL

Sat., Oct. 8
Home vs. Kentucky Wesleyan
1:30 p.m. (HOMECOMING)

Sat., Oct. 15
Home vs. Georgetown
5:00 p.m.

GOLF

Mon., Oct. 10 & 11
Vs. Tenn. Wesleyan
Game played in Athens, TN.

VOLLEYBALL

Fri., October 7
At Bryan College
7:00 p.m.

Sat., October 8
At Covenant College
10:30 p.m.

Tues., October 11
At King College
6:30 p.m.

Thurs., October 13
At Bluefield College
6:30 p.m.

NFL kicks off Hurricane Relief Weekend

By Reid Salomonsky
Staff Writer

On Sunday September 18, the NFL did their part in our nation's mission to assist those affected by the horrific aftermath of Hurricane Katrina, by creating the "NFL's Hurricane Relief Weekend". Aside from the action packed football competition, the league gave generous financial donations, as well as countless man-hours to assist those in need.

The highlight of the weekend was the unprecedented double header on *Monday Night Football*, the first time two games had ever been broadcasted simultaneously on Monday night. Before, during, and after the games kicked off, dozens of football greats from the past and present were answering phones for the Bush-Clinton Katrina Fund. The NFL helped the presidents' on their quest to help rebuild the cities destroyed by the Hurricane. "Anybody can give money, I wanted to do something more," said Hall of Fame Quarterback John Elway, who led the group of famous football greats.

The first of two games featured the New Orleans Saints hosting the New York Giants. Due to Hurricane Katrina, the Saints' Stadium in New Orleans has been

damaged beyond repair and the game was played in the Giants' Stadium. The game was played with more emotion than an average game: many New Orleans Saints fans watching the game from television sets in shelters and evacuation buildings rather than their own homes. The Saints were unable to overcome being the home team visitors, losing 27-10. "We were in the visiting locker room, on the visiting field. It seemed like an away game," said Saints' Coach Jim Haslet.

The NFL has no more scheduled events to support the hurricane victims. However, several players have planned to donate their own money and times to assist in anyway possible. Many players such as Peyton Manning and Brett Favre, who are both natives of New Orleans and Duce McAlister, who plays for the Saints, are doing everything possible to help assist Louisiana. They have already given large sums of money and participated in activities for injured or grief-stricken citizens. "When a nine year old boy who just lost his house and all his possessions smiles because I give him a piece of candy, I know I'm doing something much better than writing a check," said Manning.

PLAYER PROFILE CHELSIE LAWSON



POSITION: Flyer, Captain (2005)

CLASS: Senior

MAJOR: English Literature

MINOR: Business Administration

HOMETOWN: Lee County, Va.

"I love cheerleading because it's always exciting and there's always an opportunity to learn more. Since I've been in college I've performed stunts I've never dreamed I would have the ability to perform, ever."

PLANS AFTER UVA-WISE

"I plan to attend graduate school, ambitiously NYC for a master's degree in Mass Communications/Journalism. I've also applied for several internships at leading magazine companies in New York. My dream is to become a writer for a women-focused magazine."

INSPIRATIONS

"Probably, Erica Garton, she was so talented and could do anything, but she got hurt. But I've always loved the UK cheerleaders."

CHEER FOR FOOTBALL OR BASKETBALL?

"That's easy, I get a greater sense of enjoyment and accomplishment when cheering for men's basketball. You feel like you're a part of the action, being so close on the court. During time-outs, the stage is ours to excite the crowd, keeping them involved in the game as well. We may not have as much room to cheer at basketball games, compared to football, but the atmosphere makes up for the space."

--Player Profile and photo by Daniel Leehy, Sports Editor

CAVALIER STAFF
AUBREY BOWLING
 Editor-in-Chief
AUDRA BOWLING
 Entertainment Editor
SPORTS EDITOR
MICHAEL MCGILL
 Advisor
STAFF WRITERS
 CODY DALTON
 JESSICA BONEY
 PRISCILLA HOLMES
 HANI JORDAN
 COURTNEY KING
 SARAH LAWSON
 GLOBE HEARD
 SARAH O'QUINN
 CONCHETTA PETERS
 REID SALOMONSKY
 BROOKE SWANSON
 COREY WHEELER
 STEPHEN WILKES
OFFICE: STUDENT CENTER 317
OFFICE HOURS
 MON., 10 A.M.-11 A.M.
 TUES., 2 P.M.-4 P.M.
 WEDNES., 12 P.M.-2 P.M.
 THURS., 2 P.M.-2 P.M.
 FRI., 12 P.M.-2 P.M.
PHONE: 328-0170
EMAIL: acb4z@uvawise.edu

SCOREBOARD

Football Standings- East Division (MISC)

	W	L	.PCT
Pikeville College	2	0	1.000
Cumberlands (KY.)	3	1	.750
UVA-Wise	3	1	.750
Georgetown College	1	2	.333
Shorter College	1	2	.333
Union College	0	3	.000

Volleyball Standings

	Conference	Overall
Brevard	10-1	13-1
King	8-2	9-2
Montreat	8-2	9-11
UVA-Wise	7-3	10-4
Milligan	6-3	7-6
Virginia Intermont	4-5	6-11
Bryan	4-6	9-12
Covenant	3-7	5-11
Union	2-8	4-12
Bluefield	2-9	4-10
Tennessee Wesleyan	1-9	3-10

Want to write for *The Highland Cavalier*? We're currently in need of more writers and section editors. Interested? Please contact Aubrey Bowling at acb4z@uvawise.edu.

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UnEmployed by Matt Steen



Correction:
 In the first issue, Christy Hall Buettner's e-mail was incorrect. Her e-mail address is chb3r@uvawise.edu. We apologize for this error.

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