

THE HIGHLAND CAVALIER

Celebrating 50 years of student news at UVa-Wise

Volume 56, Number 8

University of Virginia's College at Wise

February 18, 2005

Where is your money going?

Student aid can be charged for expenses under little-known policy

By Danielle Benton
Staff Writer

A student that attends UVa-Wise casually walks into the Cashier's Office to receive his refund check for the semester. As the clerk hands him his check, he realizes that not all of his money is included. Alarmed, the student asks if that check is the only one that he will receive this semester. The clerk, noticeably confused, replies that the check in his hand should be his only one. This same scenario is happening to students all over the campus of UVa-Wise.

There are several reasons why puzzled students exit Smiddy Hall, the building that holds the Cashier's Office. Some students just simply have forgotten the charges they compiled at the college bookstore during the few frenzied weeks that began the semester.

Other students, however, face a deduction in their refund checks due to a policy practiced by the school that is not thoroughly understood by students.

All students who receive financial aid at UVa-Wise sign a letter that not only confirms their acceptance of the awards, but also indicates their understanding of the policies and procedures governing student financial assistance at the College.

Among the policies and procedures listed in the letter, one can find the policy that leads to the unexpected deductions in students' accounts. This policy states that the College is authorized "to charge any financial aid awarded (excluding work study) for any expenses incurred for tuition, fees, room, board, books and supplies, and all other miscellaneous expenses, including parking fines, bookstore charges, housing fines, etc."

Most students are not aware that a parking fine can be charged to their financial aid until the deduction has occurred, and even then, quite a few still do not understand how the College can do so without their consent. These

FINANCIAL AID, page 2



Student Meagan Hughes is currently spending the spring semester in New York City as an intern for the MSNBC show, "Hardball with Chris Matthews."

Student selected as intern for MSNBC show in New York City

By Megan Short
Staff Writer

A second-year political science student is currently spending the spring 2005 semester in New York to help make her dream come true. Meagan Hughes is participating in an internship for the MSNBC show "Hardball with Chris Matthews." The internship will guide her in her future career in political journalism.

Hughes began her internship on Jan. 17. Hughes is working for the New York and Washington staffs for the show. She is also working with MSNBC correspondents David Shuster and Ron Reagan.

Part of the internship in-

volves Hughes interviewing Matthews' guests before the show. "Hardball" selected Hughes for her educational background as well as her upbringing in Big Stone Gap, due to its small-town qualities. Hughes was the only student accepted for the internship.

Hughes' acceptance into the internship program for MSNBC is an inspiration for any female or small-town native interested in pursuing a career in journalism or politics.

To learn more about Hughes' internship and experiences in New York, visit her website at megsavaw0.tripod.com/uvawtonyc/.

College undergoing accreditation renewal

By Donna Gibson
Staff Writer

For anyone preparing to attend graduate school or intending to transfer to another school, the courses and the credits earned are very important. Imagine completing your degree, applying to graduate school and having none of the 120 credits you earned count. By attending UVa-Wise, a college that has been accredited since 1968, you are ensuring that this will not happen to you.

UVa-Wise has begun the accreditation process for the fifth time in its history. The two-year process

happens every decade and will be completed in 2006.

To renew its accreditation, the College must report to the Commission on Colleges of the Southern Association of Colleges and Schools (SACS), based in Decatur, Ga. The commission reviews all aspects of the university programs, including all academic and administrative programs, and makes a determination on the College's eligibility to renew its accreditation status.

According to the "Principles of Accreditation: Foundations for Quality Enhancement" (found at

www.sacscoc.org), the purpose of accreditation of schools is to ensure that institutions meet "standards established by the higher education community, and serves as a common denominator of shared values and practices among the diverse institutions," as well as stimulating "evaluation and improvement, while providing a means of continuing accountability to constituents and the public."

In the first step, the College must evaluate each program it provides and extensively document how it fulfills each of the 69 criteria. The documentation is sent to a

board of peers, reviewed, and reported to the On-Site Review Committee, who makes the final determination and issues a Certificate of Compliance, while suggesting any improvements necessary for full compliance.

In the next step, members of the faculty and staff of the College, including such officials as Rusty Tucker, Rachel Burgess and Narda Porter, will also create a Quality Enhancement Plan (QEP) to submit to the review board. The QEP is an assessment of departments and an

SACS, page 2

Award-winning speechwriter Dean lectures class

By Samantha Huff
Staff Writer

Award-winning writer Fletcher Dean visited a Business and Professional Communication class on Jan. 27. Dean is a graduate of UVa-Wise with a bachelor's degree in English and a concentration in business communication. He is also a member of the International Association of Business Communicators. He stopped by to give a presentation entitled "Writing for the Ear," which

delivered a step-by-step process for writing speeches.

Dean is an author of "On Speech Writing," a monthly e-newsletter for speechwriters. He has over 20 years of experience as a communication professional and has written for an array of forums, such as the National Press Club and CEO Club of Boston and in a variety of locales, from Rio de Janeiro to San Francisco to Washington. Executives and business leaders have delivered

Dean's speeches as a way to promote their ideas to the public.

Dean's lecture given to the class consisted of 15 quick tips on public speaking and writing speeches. He began with explaining that the use of simple words and phrases are a key point in delivering messages that the audience will understand.

As he presented each step, he insisted that the use of statistics and jokes in a speech help initiate active

listening and help to hold an audience's attention.

The last of the 15 quick tips was to go back and rework the title of the speech. After the entire speech is written, the title is an important part in helping to grab attention to whatever message a person may be delivering.

For more information on Fletcher Dean and tips for writing a good speech, visit his website at www.thespeechwriter.com.

Campus Life

Read, Johnson to be College's next resident directors

Students Carrie Read and Jessica Johnson have been chosen to become the resident directors for the 2005-2006 school year. Find out more on page 2.

Entertainment

2005 to be big year for gamers

This year is filled with highly anticipated video games, including *Gran Turismo 4* (right), *Final Fantasy XII*, *The Movies*, and the next installment in the *Legend of Zelda* series. Check out our special 2005 preview edition of Press Play on page 3.



Sports

Lady Cavs topple Milligan College

The Lady Cavs basketball team defeated the Milligan Buffs, while the Cavalier men fell to Milligan, dropping all the way down to last place in the conference. Daniel Leehy's full basketball coverage is on page 4.



BULLETIN BOARD

SGA Flea Market to raise funds for tsunami relief
The SGA will host a special flea market, open to all campus organizations and members of the community, on Saturday, Feb. 19 from 1 to 5 p.m. on the fifth floor of the Student Center. To sell goods, each person or group must pay \$10 to register a table, which will go toward the tsunami relief in Asia. Registration begins at 12 p.m. Anyone who sells goods may either keep their earnings or donate them to the relief fund.

*** NOTICE TO SENIORS ***
Graduation Celebration
Wednesday, Mar. 2
5th Floor, Student Center
10-6 p.m.

Call for Jimson Weed Submissions
Submissions are now being accepted for the spring edition of the Jimson Weed literary magazine. Submissions may be poetry, creative essays, short stories, photography or artwork. Works may be submitted as a hard copy, in Word format on a disk or e-mailed to jimson-weed@uvawise.edu. To have works returned, an SASE must be provided. Submissions are due by Friday, March 11.

Outdoor Recreation
"Winter Wonderland"
Friday and Saturday,
Feb. 18-19
Overnight Ski Trip
Ski Beech, NC

Wesley Retreat
"Guard Your Heart"
Friday and Saturday,
Feb. 18-19
Camp Bethel, Wise

Greek Inner-tube Water Polo Championship
Sunday, Feb. 20
Greear Gym

Winter Jam Concert
Sunday, Feb. 20
Johnson City, Tenn.
Wesley Foundation will provide transportation.

Intramural Basketball
Monday, Feb. 21
Tuesday, Feb. 22
Wednesday, Feb. 23

Baptist Student Union Super Supper
Wednesday, Feb. 23
5 p.m.

Intramural Football Tournament
Thursday, Feb. 24
Student Center
7 p.m.

Faculty Colloquium:
David Rouse
Friday, Feb. 25
Chapel, 1 p.m.

Outdoor Recreation
"Spectacular Snow-Tubing"
Saturday, Feb. 26
Winterplace Ski Resort
Beckley, W.Va.

Guest Lecturer
Nancy Hayward
Monday, Feb. 28
5th floor, Student Center
1 p.m.

Pro-Art presents
"Jazz à la Gerahwin"
Monday, Feb. 28
7:30 p.m., Chapel

Intramural Basketball
Tuesday, March 1
Thursday, March 3

SVEA's Dr. Suesse Birthday Party
Wednesday, March 2

Read, Johnson to be next resident directors

By Mark McIlalley
Staff Writer

Picture a potential weekend at UVa-Wise - wild parties, out-of-control students and sometimes emergencies. When a problem or emergency occurs on campus, the Resident Directors are among the first

people to arrive on the scene. Resident Directors work very closely with the Resident Advisors to make the UVa-Wise campus as safe as possible.

The time came this semester to find the Resident Directors for next year. Six people applied for the

job this year and after three interviews with various faculty members, the announcement of next year's Resident Directors was made earlier this month. Carrie Read and Jessica Johnson were named the Resident Directors for the 2005-2006 school year.

Carrie Read, the current Theme House Resident Advisor (RA), and Jessica Johnson, the current Thompson Hall RA, are both excited about the decision.

"After Julie Yates and Scott McDaniel [the current Resident Directors] have done such an awesome job this year, I can't wait to make an impact like they have been able to do," Johnson said.

The Resident Directors will now take part in the interview process for Resident Advisors, which will last until Sunday, Feb. 27 with an RA selection group interview.

Pulitzer nominee Rash offers Appalachian literature lecture

By Audrey Bowling
Assistant Editor

On Friday, Feb. 11 at 1 p.m. in the Chapel, UVa-Wise was greeted by a lecture on Appalachian literature by writer and Pulitzer Prize-nominee Ron

Rash to help celebrate the College's 50th anniversary. The lecture was open to the public. Rash also signed copies of his books after the lecture.

Rash has received a variety of awards and pres-

ents for his literary works. "His novel, 'One Foot in Eden,' published about three or four years ago, was included on Oprah's Book Club List," said Dr. Gillian Huang-Tiller. "His second novel,

'Saints at the River,' has already been under contract for a Hallmark TV movie version."

Recently Rash's short story "Speckle Trout" received the O. Henry Award for 2005. He cur-

rently teaches at Tri-county Tech in Pendleton, S.C., and is a Creative Writing (MFA) Poetry faculty instructor for the Graduate Program at Queens University of Charlotte, N.C.

Spring fashion sense: It's all about the colors this season, especially green and blue

By Breanne Dotson
Campus Life Editor

Spring is upon us and it is time to start shopping for the new spring looks. The styles are fun and colorful with a hint of sophistication. This year, the big colors are green and blue, but anything colorful will do.

"Pick up a striped blue and green shirt with a cute knee-length skirt to really spice up the season. Add a floral raincoat and some strappy sandals and you

have just completed your look for spring. For the men, try on a colorful polo shirt with a pair of khaki cargo shorts or your favorite jeans. Do not forget to add your favorite belt and sandals to really ring in the spring season.

The spring season is drawing near, and there are a lot of new looks for women and men. So hit your favorite stores and find the look that is right for you.

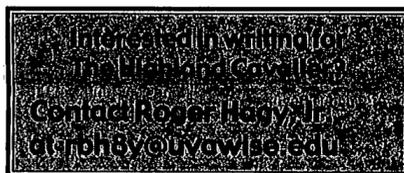
For more information, visit oldnavy.com.

SACS continued from page 1

action plan for the improvement of student learning. In October 2005, the On-Site Review Committee will visit the campus to see if the facility does comply with the standards set forth by SACS.

The committee will then make the final determination on the renewal of the college's accreditation status.

For more information about the standards of accreditation, you can visit the SACS website at www.sacs.org.



Financial Aid

students do not understand that they have already given the consent needed by signing the form.

There is a process through which students can rescind their permission for the payment of miscellaneous expenses. Students must simply write to the Financial Aid Office, located in Bowers-Sturgill Hall, expressing

their desires to rescind the permission.

"I honestly had no clue that my financial aid could be charged for parking fines," said freshman Brianna Bates. "Now that I understand the policy, I am definitely going to rescind my permission."

Bill Wendle, the director of the Financial Aid

Office, even recognized the fact that a "student's signature does not guarantee a complete understanding." However, he also pointed out that the process of the financial aid letters allows students the "opportunity to ask questions."

Wendle also said that during the four years in which he has served as the

director of the Financial Aid Office, there have been no written requests to rescind permission to apply financial aid to miscellaneous expenses.

Even though the College has tried to increase students' awareness of this policy, students all over campus are still being shocked by the deductions that have

taken place within their accounts. The College has even gone to the extent of underlining the policy in the financial aid letter.

Regardless, this misunderstanding between students and the College serves as a reminder of the importance of completely reading and understanding documents that require signatures.

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OVER THE HORIZON

COMING TO THEATERS

Friday, Feb. 18

Because of Winn-Dixie
A drama starring Annasophia Robb.
Rated PG for thematic elements and brief language.

Son of the Mask
A comedic action/adventure sequel starring Alan Cumming.
Rated PG for action, crude and suggestive humor and language.

Friday, Feb. 25

Diary of a Mad Black Woman
A comedy/drama starring Kimberly Elise.
Rated PG-13 for drug content, thematic elements, crude sexual references and some violence.

Men of the House
A comedic action/adventure starring Tommy Lee Jones.
Rated PG-13 for violence, sexual content, crude humor and a drug reference.

Friday, March 4

Be Cool
A comedic crime/gangster sequel starring John Travolta.
Rated PG-13 for violence, sensuality, and language including sexual references.

COMING SOON TO DVD

Tuesday, Feb. 22

Around the Bend
A comedic drama starring Michael Caine.
Rated R for language.

Tuesday, March 1

The SpongeBob SquarePants Movie
An animated kids/family film.
Rated PG for some mild crude humor.

Flight of the Phoenix
An action/adventure starring Dennis Quaid.
Rated PG-13 for some language, action, and violence.

Incident at Loch Ness
A documentary/drama starring Werner Herzog.
Rated PG-13 for brief strong language.

Raise Your Voice
A musical drama/romance starring Hillary Duff.
Rated PG for thematic elements and language.

COMING SOON IN GAMES

Tuesday, Feb. 22

FIFA Street
Console: GC, PS2, Xbox
Genre: Sports
E for Everyone

Project: Snowblind
Console: PC, PS2, Xbox
Genre: Action
T for Teen

Iron Phoenix
Console: Xbox
Genre: Fighting
T for Teen

Tuesday, March 1

MVP Baseball 2005
Console: GC, PC, PS2, Xbox
Genre: Sports
E for Everyone

PRESS PLAY

2005 to be big year for gamers

By Audra Bowling
Entertainment Editor

There are quite a few big games coming out in 2005, and this edition of Press Play will be devoted to sharing some of the more heavily anticipated titles. With so many titles coming out for different consoles, it was hard to narrow the list down, but the following are titles that will probably be getting a lot of attention once they reach stateside.

Square-Enix releasing fan favorites

Final Fantasy XII for the Playstation 2 is a game that many RPG fans have been anticipating for quite a while, and, considering how many millions of copies its predecessors have sold, it will no doubt get its fair share of media attention. The game is centered in a fantasy world called Ivalice (fans of *Final Fantasy Tactics* and *Final Fantasy Tactics Advance* will find the name familiar), and the story revolves around a small kingdom that gets drawn into a war between two of its neighbors. The princess of this kingdom (a girl named Ashe) struggles to put up a resistance, and encounters the main character, Vaan. As expected, this encounter is the start of the long, epic journey that is soon to follow. While many staples of the series will remain unchanged, such as the presence of the mascots of the series, Chocobos and Moogles, the battle system has been altered somewhat. Enemies are visible to players on maps, so there is no more stumbling into random battles, and the battles themselves will have more in common with the online *Final Fantasy XI* than previous single-player titles.

Kingdom Hearts II is another heavily anticipated PS2 title, but Square-Enix has kept a lot of details about the sequel to the strangely addictive *Final Fantasy*/Disney crossover RPG a secret. Sora, Goofy and Donald's adventures seem to have gotten quite darker since the first title, and the addition of *Final Fantasy X*'s Auron and the cast of *Mulan* to the character roster only seems to be a taste of things to come.

Nintendo expecting series hits

Not much is currently known about Nintendo's new *Legend of Zelda* title for the Gamecube, other than that it will feature a more mature Link than its predecessors, and that the world of Hyrule has become a much more realistic (and hostile) place for the sword-wielding hero. Another anticipated title for a Nintendo series is *Metroid Prime: Hunters* for the Nintendo DS, an action/adventure title that plays from a first-person viewpoint.

Thanks to the wireless connection capabilities of the DS, players will be able to battle with one another in multiplayer formats, as well.

Become your own producer

The Movies is an interesting strategy title for the PC, PS2, Gamecube and Xbox that allows players to assume the role of a producer in the silent film era of the 1920s and beyond.

While it might sound simple, making ideal, truly creative movies with disagreeable stars and budget limitations will be a challenge

for gamers everywhere.

BioWare to release Xbox-exclusive title

BioWare, the creators of the original *Star Wars: Knights of the Old Republic* titles, are currently working on an original RPG made exclusively for the Xbox. The game, *Jade Empire*, is based on ancient Chinese myths. Battles are fast-paced and real-time, and players can choose to improve their character's attributes in order to customize them as they see fit. While helpful in battle, these attributes can also affect in-game conversations

(people who rely on strength can bully their way out of a tight spot, or people who have increased their intelligence attributes can talk their way out of the same situation, for example). *Jade Empire* seems like a very promising title and an incredibly in-depth RPG in terms of character development. There are even possible love interests for a player's character, no matter which gender the player chooses to play the game as.

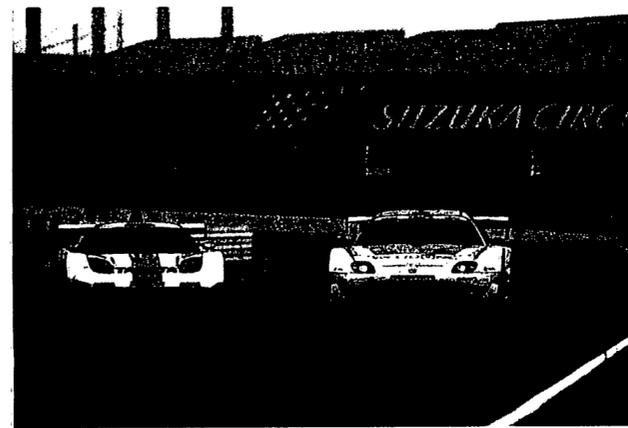
Realistic racer speeding to Playstation 2

The *Gran Turismo* racing series has always been

a favorite among gamers, and *Gran Turismo 4* for PS2 appears no different. The game sports incredible graphics and features realistic physics, as well as authentic cars and courses for your driving pleasure.

Those are just a few of the promising titles that are headed our way in 2005. We might be checking back on some of these titles later in the year, as well as a few titles that weren't mentioned in this article.

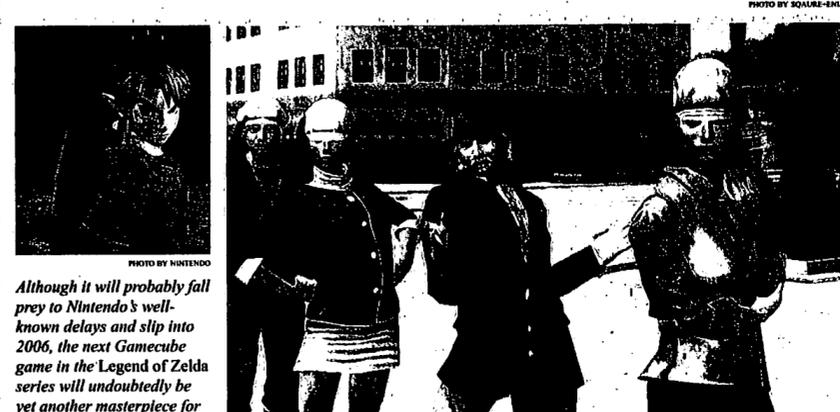
Look forward to more previews and reviews in upcoming editions of Press Play throughout 2005.



When it is released this year on the Playstation 2, Sony's *Gran Turismo 4* (left) will take the series to even more realistic heights, with painstaking detail in the gameplay and graphics.



Square-Enix's next big Playstation 2 RPG, *Final Fantasy XII* (below), is almost guaranteed critical and commercial success, not to mention the support of *Final Fantasy* fans waiting for more single-player RPG fun.



Although it will probably fall prey to Nintendo's well-known delays and slip into 2006, the next Gamecube game in the *Legend of Zelda* series will undoubtedly be yet another masterpiece for the long-running series and will naturally star Link (above).

Activision's *The Movies* (above) will allow gamers to produce their own movie while facing simulated production challenges.

GAME SCHEDULE

WOMEN'S BASKETBALL
Sat., Feb. 19
At King College
2 p.m.

Feb. 23-27
AAC Tournament

MEN'S BASKETBALL
Sat., Feb. 19
At King College
4 p.m.

SOFTBALL
Sat., Feb. 19
At Georgetown College
12 p.m.

Thurs., Feb. 24
Home vs. Bluefield College
2 p.m.

Mon. Feb. 28
At Va. Intermont College
1 p.m.

Tues., March 1
Home vs. King College
2 p.m.

Wed., March 2
Home vs. Cumberland College
2 p.m.

BASEBALL
Fri., Feb. 18
& Sat., Feb. 19
Home vs. Bluefield College
1 p.m.

Tues., Feb. 22
At Pikeville College
1 p.m.

Sat., Feb. 26
& Sun., Feb. 27
At Alice Lloyd College
1 p.m. & 2 p.m.

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THE HIGHLAND CAVALIER
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PHOTO BY DANIEL LEEHY

Cavs fall to Milligan, drop to last place in conference

By Daniel Leehy
Sports Editor

On the Saturday, Feb. 5 late game, Milligan beat the Cavaliers 74-53, in a game that the Cavs never had a chance in. UVa-Wise shot only 33 percent from the floor, compared to the Buffs' 53 percent. The Cavs also shot only 14 percent (3-21) from beyond the 3-point line, while Milligan shot 50 percent (5-10).

In the end, Craig Emmert (19 points and 9 rebounds) and Yony Kifle (12 points, 4 rebounds and 5 as-

sists) were too much to handle. Blake Mellinger led the way for the Cavs with 14 points and 5 boards. Joey Blackwell added in 11 points.

The Cavs extended their losing streak to 9 by losing Feb. 11 to Covenant College (59-77) and Feb. 12 to Bryan College (49-79). The team has no more home games left and the final game will be at King College on Feb. 19.

Their record keeps them last in the conference with a record of 3-25 overall and 3-17 in the AAC.

Parker Gemmill (right) takes a moment to rest during the Cavalier men's unsuccessful match against Milligan.

Lady Cavs topple Milligan College

By Daniel Leehy
Sports Editor

The Lady Cavs took on the Buffs from Milligan College on Saturday, Feb. 5, in search of their fourth consecutive win. Sarah Helton, Rachel Helton and Molly Baldwin led the way for the Cavs as they dominated the whole game.

The team had 13 steals, including 5 from Crystal Ratcliffe. The Lady Cavs also had 5 blocks in the game, 3 of which came from center Molly Baldwin, who also pulled down 7 rebounds. Sarah Helton once again had a spectacular game, leading the team with 25 points and 10 rebounds. Rachel Helton was

the second-leading scorer with 17 points, and she also grabbed 8 boards.

The Lady Cavaliers won their fourth consecutive game, 72-57. The leading scorers for Milligan were Kacie Letterman and Kari Stout with 13 points. The win upped the team's record to 10-14 overall and 10-8 in the conference.

Unfortunately, the Lady Cavs later lost two straight games on Feb. 11 (Covenant College, 66-71) and Feb. 12 (Bryan College, 54-75). As of Feb. 12, their record stood at 10-16 overall, and their final game will be at King College on Feb. 19.

Chelsea Lee (left) dribbles the ball down the court during the Lady Cavs' game against the Milligan Buffs.

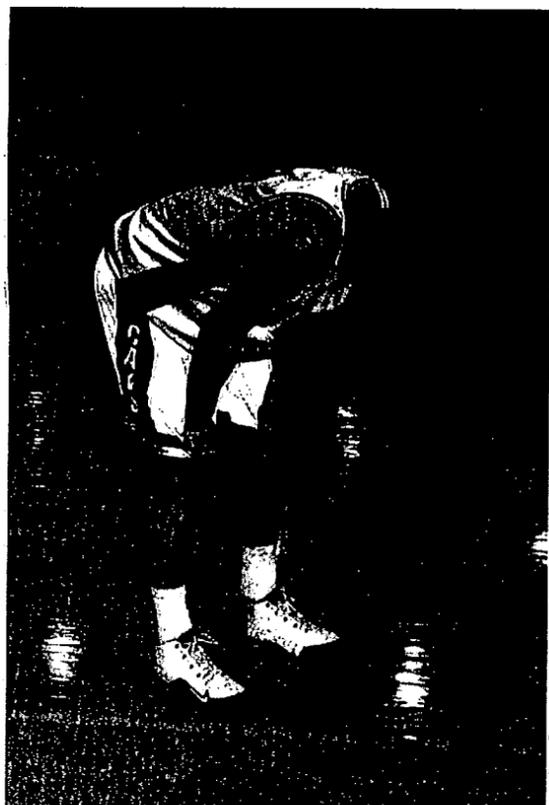


PHOTO BY DANIEL LEEHY

Patriots win 3rd Super Bowl within 4 years in close game vs. Philadelphia Eagles

By Cody Dalton
Staff Writer

The first one was is always so special. The second one is always just as great as the first one. Now, the New England Patriots have inscribed their names into history as the champions of Super Bowl XXXIX and the winners of 3 of the last 4 Super Bowls, this time reigning over the Philadelphia Eagles.

The game opened up with a 63-yard kickoff by Patriots kicker Adam Vinatieri. The first quarter was a defensive showcase. Both teams traded blows back and forth 4 times. Neither team scored through the first quarter for the second straight Super Bowl. The score would change in the second quarter, though, as the Eagles' first possession of the second quarter resulted in a 6-yard touchdown pass from Quarterback Donovan McNabb

to Tight End L.J. Smith. The score was then Eagles 7, Patriots 0.

This would change, however. New England scored on a 4-yard touchdown pass from QB Tom Brady to Linebacker David Givens. The score was tied at 7-7 at halftime.

After halftime, the two teams picked up an offensive spark in the second half. The Patriots had the first possession of the second half. They drove 69 yards in 3:56 seconds, which led to a 2-yard touchdown pass from QB Tom Brady to Linebacker-turned-Tight End Mike Vrabel, carrying the Patriots to 14. The Eagles had an answer though, driving an impressive 74 yards in 10 plays. The possession lasted 4:17 before the score was tied at 14-14. The last possession of the third quarter belonged to the Patriots, which spilled over into the fourth quarter. After a 14-yard gain, Run-

ning Back Corey Dillon took the handoff to the left side 2 yards for the touchdown. The Patriots led, 21-14.

After Philadelphia went 3 and out, the Patriots started a drive. The Eagles realized that they had to stop the Patriots or the game would be over. They did just that, holding the Patriots to a 22-yard field goal by Adam Vinatieri. The Eagles needed a scoring drive and really needed a touchdown.

They put together several 10+ yard catches and started to pile up first downs. The drive ended with an impressive 30-yard touchdown pass from QB Donovan McNabb to WR Greg Lewis. The score went to 24-21, Patriots leading.

The Eagles now needed an onside kick. They had two timeouts and could drive and set David Akers up

for a field goal. They tried the onside kick and failed, as it went into the arms of the Patriots' Christian Fauria. The Eagles now had to go the hard route. They had to hold New England to 3 and out, so they could get the ball back. They did just that and got the ball at their own 4-yard line.

It was the Eagles' last gasp. They needed to drive 60 yards or so to get a good shot at a field goal, but there was only 46 seconds left in the game. The first play was a 1-yard pass, followed by a incomplete pass to WR Terrell Owens. The next play would be "the dagger in the heart" for the Eagles. Donovan McNabb was intercepted by Rodney Harrison, ending the game.

With his Super Bowl record-tying 11 catches, WR Deion Branch was named the Super Bowl's MVP.



PLAYER PROFILE

SARAH HELTON

Class: Sophomore

Major: Business

Hometown: Wise, Va.

Accomplishments: Last year's AAC Freshman of the Year; Player of the Week, Feb. 6, 2005.

401 Points this yr. = 18.23 p.p.g.

7.91 Rebounds per game
2.14 Steals per game
All-lead team

"Basketball has been the biggest part of my life since I was five years old. The world moves so fast and basketball is a way to get away from everything and just have fun."

This year's basketball season

"This season has been very hard, but this team has shown a lot of character with everything that has been thrown at us and it's a toss-up to see how the rest of the season goes. I see us having a real good shot at winning the tournament."

Future in Basketball

Sarah plans to look into overseas basketball after her college career is over at UVa-Wise and also wants to look into the WNBA (Women's National Basketball Association).

"I can't see myself not playing basketball, and I want to keep playing after college."

Head Coach Rachel Clay-Keohane:

"Not only is Sarah our leading scorer and rebounder but our hardest worker and she leads our team. I don't have to put extra pressure on her because she puts enough on herself to succeed."

—Player Profile and photo by Daniel Leehy, Sports Editor