



The Highland Cavalier

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Breast Cancer Awareness Month

Angela Markham
Entertainment Editor

October is Breast Cancer Awareness Month and all women are encouraged to find out as much as they can about this disease.

According to information obtained from the Wise County Health Department, breast cancer affects up to thirty percent of women and is the most common form of cancer women can get. Every year over 180,000 women develop breast cancer and every year, 40,000 women die because of this disease. Only lung cancer causes more cancer-related deaths among women.

These statistics are frightening. With numbers so large, many women are probably asking themselves what they can do to prevent cancer. Perhaps the first and most important fact that women need to know is that breast cancer does not strike only older women. Even though breast cancer occurs most

frequently in women 40 or over, approximately 2,500 women will develop the disease before age 30.

Another step to breast cancer prevention is recognizing the breast cancer risk factors. Having one or more of these factors can put a woman at a higher than average risk for developing breast cancer. First and foremost is having a family history of breast cancer. This family history does not have to go back for generations. A woman's chances of developing breast cancer are much higher if someone in her immediate family has had the disease. If a woman's grandmother, mother, sister, or other close relatives, such as aunts and cousins, have ever had breast cancer, the woman is at a higher risk.

Recent developments in genetics have uncovered a genetic change that increases a woman's odds of getting breast cancer. If you suspect you are at a high risk of developing breast cancer, you

may want to ask your doctor about testing your BRCA 1 and BRCA 2 genes.

Women can do several things to lower their odds of developing breast cancer. Women under the age of forty should do monthly self-breast exams. Any lumps or other abnormalities that develop should be reported to a doctor immediately.

Mammograms can reveal lumps or other such abnormalities that a self-exam might not detect. Mammograms are also very important because early detection offers the best chance for a cure.

Those wishing to obtain more information on breast cancer have several sources to investigate. The Wise County Health Department offers a variety of informative pamphlets. The National Cancer Institute's Cancer Information Service can be reached by calling toll-free 1-800-4-CANCER (1-800-422-6337). The National Cancer Institute also has a Website which can be accessed at www.nci.nih.gov.

Blackburn retiring: The search for a replacement begins

Ashley Steffey
Staff Writer

The question is, who will replace Glen Blackburn?

This issue was discussed on Wednesday, October 20, amongst the faculty senate. The meeting was a continuation where they discussed what qualities are expected in the new dean, and whether the search should be internal or external.

A suggestion was made to ask Blackburn to stay, but that is easier said than done, considering he is ready for retirement. There was also a concern with time limit for an external search, but it was agreed that time wouldn't matter in looking for the best replacement.

Another issue that was strongly expressed was the positions being tenured. But that was no the number one priority, the first concern was getting the best person

for the job and one who will make a difference.

The advantages of a full search were greatly expressed. Choosing to go with external, the possibilities will be open, the best person will be found, and it will give a chance to look at a variety of people. With the limited search, there is the risk of the person who gets the job having problems, and that person not being the right one for the job, because there was no further search. Internally there have already been a couple interests in the job.

A motion was made in favor of full search and all agreed. The second motion was made in favor of the faculty senate being on the search committee.

Jay Lemons said, "formal action of the senate may end today, but we can still talk about the issues further."

Up Close and Personal With Dr. Glenn Blackburn

Allison Karakartal
News Writer

If we ever take a close look at fine institutions, it would probably be very likely for us to see that such formations are evident outcomes of experienced professionals who are known to be successful, faithful, and long in service. In the case of our academic institution, the person who appears in such prevues is Dr. J. Glenn Blackburn, our Associate Provost and Dean of the Faculty.

"I've been in this college for a total of 31 years. I was in the history department for 26 years before I be-

came the Dean of the Faculty. I taught history for 26 years and I've been working in my current position for the last 5 years.

"As the Associate provost and Dean of the Faculty, my 2 primary areas of responsibility are faculty and curriculum.

Faculty covers everything from searching for new faculty and guiding faculty searches to evaluation of faculty after they come here, mentoring new faculty, appointing department chairs. That's what comes under the faculty heading. Under curriculum, I have to help develop new majors like the administration of

justice major, sociology major, and liberal arts in sciences major. I deal with all that."

"Well, the college is undergoing a transition in faculty. For the last 5 or 6 years we've had lots of new, younger faculty. There has been a lot of faculty searches and interviews with people for these positions. During some spring semesters we've interviewed as many as 30 people for positions in our college. That's the most interesting part; meeting new people, seeing how they are doing, and finding out what's going on in other colleges and universities

around the country."

I came here in 1969. The college was much more isolated then. During the winter we were simply stuck in here for the most part. I also would have liked for the college to be somewhat bigger. I think it would have been a more interesting place, since it's larger. During much of the 60's, 70's, and 80's, the college had about 800 students. It was a much smaller place, which is nice in a way because you know everybody."

"Well, I taught for 26 years and I think the course I enjoyed the most was the freshman survey history -

western civilization - which I taught every semester. I taught a lot of students and I enjoyed the course. I also heard from most of my former students that they enjoyed it as well. So, that was pleasurable.

"The other thing I want to mention is that my job for the last 5 years has been guiding this transition in faculty; bringing in new and younger faculty. Many of them were quite good, and that's something important because many of these people will stay here for maybe 20 years. Who knows? This is in fact the next generation of our faculty."

Sports

Cross Country

Style

Fight Club review

As in the past, the club was in contact with other clubs in the area and the team was...
-Mason or Landon...
-Winter 1999

ABC Takes Comprehensive Approach to College Drinking Young Democrats at UVAW

Press Release

In conjunction with National Collegiate Alcohol Awareness Week (October 17-23), the Virginia Department of Alcoholic Beverage Control (ABC) has announced the results of its first comprehensive, state-wide behavioral survey of college alcohol and other drug use. The Core Alcohol and Drug Survey, funded by a grant from Governor Jim Gilmore's Office on Safe and Drug-Free Schools, included 18 public and private colleges and universities and nearly 8,500 respondents. ABC expects to repeat this survey during the next few years and the results from this initial survey will serve as baseline data to determine what programs are most effective in reducing dangerous drinking behaviors by college students. "Previously, we did not have

data that could show us the extent of alcohol and drug use state-wide," said Craig Vanderland, director of Management Services and Public Affairs, which oversees ABC's education programs. "We relied on individual schools' reporting to assess the scope of underage and dangerous drinking on college campuses. This survey gives us the tool we need to evaluate the effectiveness of alcohol education and prevention programs across the Commonwealth."

The survey revealed good and bad news about student drinking behavior. (The following chart highlights some findings from the report.) Colleges who implemented social marketing programs this fall will be able to use the survey results in their campaigns. Social marketing is a method used to educate students

about the reality of alcohol use at their school. Research has shown that most students' perceptions of alcohol use are higher than the actual reported use, and that students tend to modify their behavior toward the perceived norm. Once students learn that fewer of their peers drink excessively than they once believed, it is believed they will moderate their behavior. Last year, ABC awarded two-year social marketing grants to five Virginia colleges.

In keeping with ABC's mission of public safety, the agency has a long history of offering programs designed to help Virginia's schools with alcohol prevention and education, and will continue to provide research, grants, and other assistance for colleges.

ABC News Releases are available at www.abc.state.va.us

Damon Garrison Staff Writer

The Young Democrats of the University of Virginia's College at Wise have recently undergone a revival that will ensure a strong and active club for the 1999-2000 school year. This year the Young Democrats are faced with the duty of preparing themselves and others for the political changes that will soon arise with the turn of the millennium.

The 1999 Young Democrats just recently elected 3 new officers who will help lead the Democratic struggle for political victory at UVAW, the state of Virginia, and in the U.S. Government. The newly elected president of the Young Democrats at UVAW is junior Denise Pucket of Ararat, VA. Denise equates a strong government "with having educated and registered voters." Coincidentally some of Denise's goals for the club includes going out and getting at least a third of the school registered to vote by the 2000 Congressional and Presidential elections. The vice-president is sophomore Brian Hines from Patrick Springs, VA who adds, "That as Young Democrats we combine having fun with serving and supporting the Democratic Party." Closing out the 1999 Young Democrats Offices is secretary Kindle Bishop from Dungannon.

The Young Democrats is also fortunate to have Bill Maxwell, professor of history at UVAW,

reprising his role as club advisor.

This year the Young Democrats also welcomed a second faculty advisor, Dr. Patrick Withen, who will serve alongside Maxwell as a mentor and advisor for the UVAW Young Democrats. Dr. Withen himself believes that "the Young Democrats are one of the most dynamic and energetic groups on campus, serving a valuable service not only to the Democratic Party, but to election turnout on the whole."

The goals of the Young Democrats for the 1999-2000 school year include voter registration and awareness throughout the campus, fundraising for Statewide Democratic functions, and a Fall political rally for local Democratic and Republican candidates. Upcoming events include a Bipartisan Political Rally at Powell Valley High School on Halloween and a slew of political speakers for the club includes going out and getting at least a third of the school registered to vote by the 2000 Congressional and Presidential elections. The vice-president is sophomore Brian Hines from Patrick Springs, VA who adds, "That as Young Democrats we combine having fun with serving and supporting the Democratic Party." Closing out the 1999 Young Democrats Offices is secretary Kindle Bishop from Dungannon.

The Young Democrats encourage all who are interested to come out and become involved in their local, state, and national government. The Young Democrats meet weekly in the UVAW Den in Cantrell Hall every Friday at 1p.m. Contact Denise Pucket at djp01@wise.virginia.edu or Patrick Withen at pwithen@virginia.edu for more information about the University of Virginia's Young Democrats.

<p>Students were questioned about their consumption of alcoholic beverages:</p> <p>55% reported not drinking five or more drinks in one sitting in the previous two weeks (Consuming five or more drinks in one sitting is considered binge drinking)</p> <p>63% of students refused an offer of alcohol or other drugs in the previous 30 days</p> <p>55% stated they never experienced peer pressure to drink or use drugs</p> <p>68% of students younger than 21 stated they had consumed alcohol in the previous 30 days</p>
<p>Students were questioned about their school's alcohol policies</p> <p>91% of students said their campus has alcohol and drug policies</p> <p>78% said their campus is concerned about prevention of drug and alcohol use.</p>
<p>On the degree of risk associated with particular activities:</p> <p>63% said there was a "great risk" associated with consuming four or five drinks nearly everyday</p> <p>45% said there was "great risk" in having five or more drinks in one sitting</p>
<p>When asked about problems caused by drinking:</p> <p>80% reported driving a car while under the influence in the past year</p> <p>15% reported being in trouble with police or residence hall or other college authorities, as a result of alcohol or drug use</p>
<p>On compliance with laws and campus regulations</p> <p>17% of students stated they abstained from alcohol use in the last year</p> <p>42% said the social atmosphere on their campus does not promote alcohol use</p>

From the Editorial Staff

We apologize for the late start in getting the paper into circulation. Due to a number of circumstances beyond our control we have met numerous delays in the publishing process. Among the complications encountered include a computer virus infecting our network and several delays in ordering new equipment including new computers and a digital camera. We have just managed to get back on our feet and expect to be on schedule for the remainder of the semester. We are sorry for the inconveniences that may have been caused.

The Highland Cavalier

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Men's and Women's cross-country teams place fourth in meet at Covenant

Ruel Faruque Staff Writer

"We ain't gonna quit!" That's what UVA-Wise senior Robby Mullins says of the struggling Uva-Wise cross-country team. Though the team has generally performed well for most of its season, it lacks in numbers and injuries proliferate.

Mullins, a senior from Wise, Virginia, expresses the team's difficulties, "we've got good runners, just not enough of them." From the start, coach Jim Collie has tried relentlessly to recruit more runners, but has been met with disappointing results; nobody wants to run three or five miles.

Cavalier cross-country has also lost many of its runners to injuries. Ranging from a stressed Achilles tendon to sprained/twisted ankles and strained knee ligaments, 60% percent of the injury team has fallen victim to the injury god, taking them out of competition for a while.

Yet on Saturday, the team

"pulled together and made a good showing" at the TVAC championships, as senior Eric "Stick" Thomas put it.

In the cold mountain air, almost two hundred runners gathered on the soccer field of Covenant College, demonstrating their "dedication to the sport — it was really cold", as assistant coach Jeremy Male puts it. As reams of spectators appeared and a bagpiper filled the air with song, the athletes sprinted and jogged warm-ups. Periodically, one of the twenty-five or so teams would huddle and yell out their school's name.

At the start, five minutes were taken in simply moving the enormous crowd out of the way. Then to a siren, nearly one hundred women sprinted off across the field and entered the woods for their three-mile run. Each time the pack of runners came back through the field, they were cheered on by bagpipers and scores of fans.

Then, twenty minutes and forty-six seconds later,

Covenant's Kristin Berger flew across the finish line in first place. UVA-Wise's Jaime Trent rolled in at 23:33 followed just eleven seconds later by teammate Valerie Sutherland. Other UVA-Wise finishers included Katherine Franklin, Jennifer Moore, and Heather Williamson. The girls received a team score of 78 to finish fourth in the TVAC Championship.

The star of the men's 5-mile TVAC Championship was Ryan Starr, of Milligan College. UVA-Wise's Brandon Myer steamed in at 31:52, followed by Michael Dillard and Robby Mullins at 34:45 and 34:49. UVA-Wise also finished JB Brown, Ruel Faruque, and Wayne Kelley. The men also achieved a team finish of 4th for TVAC.

Overall, the team was disappointed with its performance, yet enjoyed the race. Said freshman Katherine Franklin, "I was disappointed and look to do better in Regionals." Valerie Sutherland felt "tired," and one could tell it slowed her down; she looks

forward to a good performance at Regionals.

Two runners were last-minute fill-in's: JB Brown, and Wayne Kelley. Freshman Brown of has not run since high school, although he did good for such a long hiatus. Kelley, a total newcomer to cross-country, was happy with his first race, and plans to shock the competition at the Regional meet. Leading finisher and freshman Brandon Myer liked the course but was also disappointed with his performance.

Said assistant coach Mike Murrell-Fields, "even though we had some runners who were sick and injured, they ran and finished." He adds, "nothing but true dedication to our school...helped us be a team."

Head coach Jim Collie was elated to have complete teams, and praises fifth runner Heather Williamson, who finished the race even after twisting her ankle. "She hung in there...she makes us a team; without her, we are not a team."

Newcomer Wayne Kelley described it rather candidly, "Rugby — without the ball". In this mess, several runners were trampled, including Brandon Myer, who finished with an aching hand, and Mike Dillard, with a trampled Achilles tendon.

Yet, despite the numerous injuries plaguing the team, every UVA-Wise runner finished. Coaches Mike Murrell-Fields and Jim Collie both admire the team's determination and thank them for "going the extra mile - literally," as Coach Collie quipped.

Collie summed up the meet, "all the big dogs were there...it was like all the meets this year rolled into one. Overall he is "very proud of the team".

The team's final race — the Regional race — falls on November 6, and, the team hopes, will be a more successful event, with far fewer injuries and less disappointment. The determination is there though, as runner Robby Mullins says, "it's frustrating, but we can do well with what we've got."

UVA-Wise Football Team Wins Big in Florida

Hilton Young Sports Writer

(Jacksonville, FL) The 15th ranked UVA-Wise's football team continued an impressive final season in the NAIA with a road win at Jacksonville University to move to 5-2 on the season.

Following a shoot-out loss at Presbyterian during fall break, the Highland Cavaliers traveled to Jacksonville, Florida to take on the dolphins. This game was an important one for both teams. With the number four, nine, eleven, and twelve ranked teams losing and the fourteenth ranked team idle, the Cavaliers may move into the top ten again with the victory. The Dolphins came into the game with momentum following two double-overtime victories.

This was literally a game of newcomers, since tiny Jacksonville University has only fielded a football team for one year. The Cavaliers started the scoring with a Greg Papp 28-yard field goal which gave them a 3-0 lead with 10:06 left in the first quarter. On the following possession, Jacksonville drove down the field and scored on a 14-yard scamper by quarterback Gary Cooper. The extra point attempt was no good and the Cavaliers were down 6-3 with 6:12 left in the first quarter.

The Cavaliers' next score came courtesy of Larry Oliver, who

scored on a 1-yard run to cap off a scoring drive. That score made it a 10-6 game with just under eleven minutes left before half-time. The Cavaliers would score once more before half-time on a 47-yard touchdown pass from Travis Turner to Greg Tester.

In the second half, Jacksonville's defense began to halt the Cavaliers' offense. The Cavs were held scoreless for the rest of the game. The Dolphin offense also began to move the ball up and down the field at will. The Dolphins score on their first possession of the second half on a 4-yard touchdown pass from Cooper to tight end Andrew Bianchi. The two-point conversion failed and the score was 17-12 with 11:13 left in the third quarter. All of a sudden, it began to look like the Cavaliers would have to score a lot to pull the victory.

After a failed Cav possession, Jacksonville got the ball back and drove deep into the red zone. Facing fourth and inches on the two-yard line, the Dolphins made a choice that may have cost them the game. Rather than kicking the field goal and trying to stop the sputtering Cavalier offense, Jacksonville elected to go for it. This would be the pattern followed for the rest of the game. The ball was turned over and the Cavaliers took over. Jacksonville QB Gary Cooper threw three interceptions in Cavalier territory

including a game-ending interception in the red zone with just over a minute left.

Turnovers proved costly for the Dolphins who went to 3-3 on the season with the loss. Cooper threw four interceptions during the game and the Dolphins also lost a fumble. Penalties were also crucial as the Dolphins were penalized six times for 45 yards.

The Cavalier ground attack was stymied for the second game in a row as the backs rushed for 56 yards. Turner threw the ball often going 17 of 33 for 258 yards passing with one touchdown and one interception. Larry Oliver paced the Cavs with 12 carries for 34 yards and a touchdown. Greg Tester was the leading receiver with 6 catches for 92 yards including his crucial 47-yard touchdown reception.

Cooper went 24 for 38 for 270 yards with one touchdown and four interceptions for the Dolphins. The Dolphins rushed for 153 yards, led by RB/WR Jon Underhill's 9 carries for 56 yards. The leading receiver for the Dolphins was Ricardo Tillman, who had four receptions for 76 yards. The Cavaliers earned a key victory over an NCAA division I-A team with the win and keeps its playoff hopes alive.

UVA-Wise has two games remaining in its season and its membership in the National Association of Intercollegiate Athletics (NAIA).

The Highland Cavalier is in need of Sports writers, if interested contact the editor at 328-8929 or come by the staff meetings every Monday at 1pm in the newspaper office. The newspaper office is located in the small white building in front of Crockett Hall.

Entertainment

Fight Club a Provocative Assault on the Senses *True West* Truly a Delight

Angela Markham
Entertainment Editor

In the wake of recent tragedies such as Columbine, the entertainment industry has come under fire for glorifying violence. The latest recipient of the rage of industry reformers is the new Brad Pitt/Edward Norton film *Fight Club*, directed by David Fincher.

Edward Norton is the principal character of the film, a nameless Narrator who suffers from hopeless insomnia and debates the hard questions of life like "which dining set defines me as a person?" Stuck in a mundane job and a career that's going nowhere fast, Norton's Narrator searches desperately for some kind of release to give his life meaning again.

This leads him to a support group for survivors of testicular cancer (despite the fact that he has never suffered from cancer). At the meetings he bonds with Bob, played by Meat Loaf in a role that's not quite what you expect. Eventually, the Narrator becomes a therapy junkie, going to meetings for everything from alcoholism to breast cancer. He finds the inner peace he's been searching for in these nightly soul-bearing meetings.

That is until chain-smoking, suicidal Marla (played by Helena Bonham Carter) starts coming to the same meetings. In her, the

Narrator sees all of his lies exposed. She's a "poser" who has no right to be at any of the meetings she attends, which only causes him to dwell on the fact that he, too, does not truly belong. Soon the insomnia that has plagued him for so long returns and the Narrator is left looking for another escape.

Enter Tyler Durden (Pitt), a soap salesman in whom the Narrator sees everything he has wanted to be. The Narrator and Tyler proceed to form *Fight Club*, a top-secret therapy group with an agenda unlike any before. Instead of expressing your feelings, men work out their aggressions through brutal one-on-one fights.

Soon, though, Tyler begins giving the *Fight Club* members "homework assignments" such as picking a fight with a total stranger and destroying corporate property. From there, Tyler's assignments grow increasingly more violent and destructive, evolving into "Project Mayhem."

Throughout the events of *Fight Club*, the Narrator becomes more and more apprehensive, his relationship with Tyler becoming more and more strained as Tyler enters into a tumultuous relationship with Marla. Project Mayhem becomes the last straw, however, especially when Tyler excludes the Narrator, his right hand man from the moment *Fight Club* was

formed, from the details of the project.

As the Narrator races to uncover exactly what Tyler is doing and why, he comes to some startling conclusions about Tyler, Marla, and his own sense of reality. As Tyler moves toward his final, most destructive goal, the Narrator realizes exactly how far he must go to stop him.

Fight Club is a movie unlike anything Hollywood has produced in recent years. The ever-present fight scenes are extremely violent and not for the faint of heart. There is a skewed, often sinister sense of humor which encompasses the film, including an interesting plot twist involving the soap Tyler sells to high-class retailers.

Above all, and perhaps remarkably so, *Fight Club* is a film that will cause viewers to question their own sense of purpose in life, and their own sense of reality. Despite its blatant violence, the film still poses some very interesting questions that most people are afraid to answer.

Yes, *Fight Club* is controversial and probably would be regardless of the assault on violence in the media. Perhaps the most terrifying aspect about this movie is the one that makes the film an industry standout: There is a little bit of Tyler Durden inside most of us.

James Bocock
Guest Writer

You may not have heard, but the theater department of University of Virginia's College at Wise is about to put on its first production since the college's name change became official.

On Wednesday, November 27th at 8 p.m. the curtain will rise on the opening night of *True West* by Sam Shepard.

The play, set in the suburbs of Southern California in the early eighties, explores the relationship and personalities of the two brothers. One quickly sees that each brother plays a distinctive role in their mildly dysfunctional family.

In the second Act their roles are slightly reversed, with each brother taking on certain traits exhibited by the other, which in turn leads to a violently dramatic climax.

The cast for this production is a small one that consists of only four characters: Austin, played by James Bocock, his brother Lee, played by Robb Brooks, Austin's agent Saul Kimmer, played by David Belcher and Mom, Austin and Lee's mother, played by Jodi Deel.

There are also understudies for three of the four roles in the play; their names are J. Devin Wood who is the understudy for the role of Austin, Justin Shortt, the understudy for Saul Kimmer and

Tabitha Hibbitts Falin, the understudy for the role of Mom. The understudies will be performing at 8 p.m. on Thursday, October 28th.

Directed by faculty member Dr. Laura Miller, the play is put on by students in every way imaginable. Led by adjunct faculty member Ben Mays, students are also performing backstage.

Students like Dan Witt, Joshua Jones and Pat Ryan are involved in set construction, lighting and sound.

Heather Eades is running the costume department, Heather Quinn and Theresa Blackburn are acting as stage manager and assistant stage manager, respectively, and Jennifer Vaughn is the assistant director.

These students and others too numerous to list here are all filling equally crucial roles involved with this production.

The show dates for *True West* are Wednesday, October 27th through Saturday, October 30th at 8 p.m. and Sunday, October 31st at 2 p.m.

Ticket prices are \$6.00 for adults, \$5.00 for children and, as always, admission is free to UVA-Wise students with a valid I.D. The play will be held at the College Theatre.

Please come out and enjoy the show to show your support for these fine performers!

Mary is Blige's Most Soulful Release

Damion Garrison
Copy Editor

"Deep inside I wish that you could see that I'm just plain ole Mary", exclaims Mary J. Blige on the track *Deep Inside* from her new album, simply titled *Mary*.

Ever since the release of *What's the 411* in 1992, Blige has continued to thrive on top of the music industry as the queen of Hip Hop/Soul.

Unlike her "sweet and happy" competitors, Mary J. Blige sings from the soul and with that comes all the trials and tribulations of a once wounded and tormented woman.

On the first track of the album, *All That I Can Say*, Mary makes her first entry and the result is a breezy, feel good melody that prompts the listener that the best has yet to come.

Deep Inside, the next noteworthy song on the album examines Blige's own inability to see through those people who backstabbed, used and abused her throughout her career.

Beautiful Ones is a plea by Blige to men everywhere to except women as they are. The lyrics foretell of a relationship between two people in which the very essence of their involvement revolves around physical changes that occurred once the relationship became serious.

Don't Waste Your Time, a powerful duet with Aretha Franklin, involves a vocal sparring match between two women in which they warn each other of the evils of their cheating lovers.

The next song, *Love Affair*, is a vocal reunion between Blige and

K-Ci Haley of Jodeci. The next two songs are by far Blige's best material to date.

The first song, *Your Child*, is a recollection of an incident in which a woman finds out that her boyfriend has a child by another woman that he does not support. The song states "She said it's your child, and it really messed me up, how could you deny your own flesh and blood."

Never before has a song dealt with a situation so realistic and familiar to so many couples.

On the whole *Mary* breaks the boundaries so many other albums even fail to reach. Blige examines the deficiencies in relationships in gives hope to those who feel like giving up. That's all that can be said about this amazingly emotional and realistic album.

My Grade: A.

Distance Worth the Journey

Angela Markham
Entertainment Editor

The Distance to Here, released October 5, is Live's fourth album and their first released since 1997's critically acclaimed *Secret Samadhi*, but the album *Distance* closely mirrors is their biggest commercial success, *Throwing Copper*. Rich with soulful lyrics and edgy music, *Distance* is a darkly inspiring album.

The first single from the new album "The Dolphin's Cry," is strongly reminiscent of *Copper*'s standout songs "I Alone" and "Lightning Crashes." As always, lead singer Ed Kowalczyk's lyrics are powerful and moving as "Dolphin's" tale of love. In the hands of another band, the song would come off as the kind of sappy ballad that dominates the

music charts. In Live's hands, however, the song is no power ballad. The music fits with the lyrics in an angry and angst-ridden blend that should not go with words so touching, but the combination comes off perfectly.

Other tracks that shine on the album include "The Distance," about a physical and spiritual journeys and "Run to the Water," a song that, if released, could easily find its way to the top of the charts.

Despite the fact that Live has retained most of the sound that they pioneered with their debut release, *Mental Jewelry*, the band has by no means grown stale. *The Distance to Here* proves that Live is a band who knows how to evolve while not straying from what made their original albums inspiring and unique.