



The Mountain Cavalier

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March 4, 1998

Watch your drinks- it could happen to you at anytime

Dr. Belinda Overstreet
Guest Columnist

Imagine yourself at a social gathering drinking your favorite beverage, what is it? Soda? Beer? Coffee? Wine? Juice? Water? A few minutes later your friends think you are drunk, REALLY drunk. The kind of drunk that leaves people hugging the porcelain for hours. Inhibitions? What inhibitions? Funny, what you drank doesn't match how you're acting. That's the beginning of the story I hear from people who had a drug slipped into their drink.

I'd like to tell you a story of a woman and a man who had this happen to them. * Let's call the woman Jackie. Jackie attends col-

lege and, like most people, enjoys being with people her age. Jackie originally came to see me because of a roommate problem. Nothing much. One day she came into my office, sat down, and began to silently weep. She didn't know how to tell me; she was so ashamed. Slowly, she told me what had happened.

Jackie had gone to a party with a group of friends. She was enjoying herself, dancing, laughing, having fun. She met an attractive and liked him. He was polite, attentive, interested. He was a little awkward when dancing, which she found amusing. They shared a number of interests. They talked and he bought her a drink. She remembers the drink; she remembers dancing

afterwards. After that, her memory was fragmented. There are flashes of memory. She remembers laughing, going out of the bar with him holding her up. She remembers bits and pieces of 12 hours during which she was sexually assaulted. She remembers getting up the next day in a strange place, finding her clothes neatly folded on a chair. She remembers pain and feeling confused. Jackie dressed and found her way back to the college.

Then there's Jim. Jim is average height, average build. He likes to play a little basketball. He comes to see me reluctantly, practically dragged there by a friend. Jim's story came out in bursts. His friend convinced him to come because he had stopped going to classes and

was hiding out in his room. He wasn't sure it was such a good idea to see me. Maybe he should leave. It was really tough for him to stay. Jim had also been socializing with some people he knew. He remembers getting a drink and then going to the restroom. That's about all he remembers. His friends tell him that he did some wild things. He remembers none of it. The next thing he remembers is waking up on the sidewalk. He had been beaten. It took him weeks to tell me the rest of what happened to him. I won't tell you; you probably don't think that it can happen to men anyway.

These are strong stories. You may have a strong response, or you may say, "not here, not to me." You're wrong. Rohypnol, GHB,

Ketamine— these drugs are out there. Rohypnol is a white pill a little smaller than an aspirin. It has no taste, odor, or color when mixed in a beverage. It dissolves quickly. GHB and Ketamine are liquids or white powders. If you insist that it can't happen to you, could you at least look out for your friends? Don't have parties where drinks are served out of punch bowls. If they look drunk, don't let them leave with someone, especially someone they just met. If they're unconscious, call an ambulance. GHB mixed with alcohol is lethal. As in dead.

If you're willing to look out for yourself, then start by watching

see Rohypnol, page 2

A note from our SGA President

Dear Fellow Students,

On behalf of the Student Government Association, I would like to wish you a fun and safe "Spring Break '98." For the remainder of March, there will be many SGA sponsored events that will take place. Be aware, get involved, and seek further information.

During the month of March, SGA will sponsor a walk-a-thon to raise funds for the Children's Cystic Fibrosis Foundation. This event will be great for your organization to participate in and receive community service credit.

Also, in March, the Multi-Cultural Alliance will bring the Richmond based production *The Meeting in CVC*. The Meeting tells the story of Martin Luther King and Malcolm X's first and last meeting.

The Student Government Association has taken the initiative to put our Honor Pledge on furnished plates to be hung in each classroom by the end of March. This will take the place of all paper copied versions in the classroom.

SGA is also making much needed changes to the Constitution. These changes will be voted upon by the student body towards the end of March.

Student Government is also teaming with the Chancellor's Office to work on goals to improve our campus in many ways. Tell your SGA representative, or come to the SGA meetings, if you would like to be a part of these action committees.

Registration for the Miss CVC Pageant will end on March 24. Be a part of this beginning tradition. No experience is needed and scholarships will be awarded as well as other grand prizes. The pageant will take place on April 4, 1998.

The Student Government Home Page is up and running. Check out this excellent Web-site through CVC's home page.

The Pi Lambda Phi fraternity and the SGA Suitcase Party will take place at the end of March.

Attention organizations, make it see SGA, page 2

Dr. Rex Baird bids his farewell

Christy Morgan
Staff Writer

Dr. Rex Baird, Professor of Biology, has announced his retirement here at CVC.

In the thirty years that Dr. Baird has spent here, he has seen CVC undergo major changes. In 1968, when he first arrived, CVC was only a two year college. He witnessed the first graduating class walk across the stage. He has seen many classes pass that stage, but he will see his final graduating class this year as he plans to retire.

Dr. Baird has been very involved in CVC affairs with his most recent role of being Chairman of the Planning Committee of the new building. He also feels good about the role he played on the Faculty Council which was the forerunner to the Faculty Senate.

There is no specific reason for his retirement. He explained it as "a mixed bag of reasons." He wants more time to conduct botany research. As the Chair of the Floor Committee of the Virginia Acad-

emy of Science and Botany Section, he will also have more time to concentrate on that. He also feels that he doesn't do as good of a job as he used to do in the last year or at least not at the level he prefers.



Photo by Graham Marsteller

After 30 years of service, Dr. Rex Baird says good-bye to Clinch Valley College.

Even though he is retiring, he will continue to work with the electron microscope and teach the Local Flora class.

For Dr. Baird, seeing his students succeed after college has brought him joy. "The experience I've had with the students has been a bright spot in my career." It means a great deal to him to know that he has played some part in their education.

He plans to do some traveling including around the world to Japan and other places after his retirement.

Dr. Baird sums up his total experience at CVC by commenting that "it's been a good ride. I've enjoyed it. Some of the finest people I know are right here. I couldn't have picked a more satisfying place to spend my career."

The Science Department is currently in the process of choosing a new Biology professor who specializes in Botany like Baird.

Dr. Baird will be missed next year as everybody adjusts to the new change. He has been a key factor in the development of the Science program and helped it to earn its respectable reputation it has today.

OPINION

Rules for Spring Break

Sports

Softball starts season

Style

Sphere reviewed

Have a fun and safe Spring Break!

Opinion

A Week at BSU...

Wednesday -- 5pm -- Supper At BSU
 Thursday -- 7:15am -- AM Bible Study at BSU
 Sunday -- 9:00pm -- Prayer Meeting at BSU

BSU Coffee Houses--

3rd Friday Night of each month

SGA, from page 1

a point to come to the organizational "Voice" meetings, where all SGA supported organizations send their leaders to exchange ideas to make their organizations more dynamic.

Information on the April and May events will be in the next Student Government Association President's column.

Until then, have a safe break, and make it a point to get involved in these student planned activities.

Student Government office hours are Monday through Friday 11:00-5:00 PM. SGA meetings are held every Wednesday at 1 PM. Office phone number is 376-0213, CVC Box 5606.

Sincerely,
Hasan Majied, SGA President

Rohypnol, from page 1

your drink. Take it with you when you go to the restroom, or throw it out. Open your own bottle or container, Politely and persistently refuse opened drinks. If you think you or someone you know has been drugged, get help. Call an RA, call the Crisis Center (1-888-540-4662), or go to the emergency room. Go, don't "wait and see."

You'll notice that I didn't tell you the age or race of Jackie and Jim. I didn't tell you what they had to drink. It could have been a bourbon and coke or just plain water. Think about that. Take care of yourself and your friends. And just as a reminder, the drug most often associated with sexual assault is alcohol. Have a fun, but safe Spring Break.

* Jackie and Jim have been disguised so as to protect their right to privacy. They have permitted their stories to be told in this disguised manner.

To those who are unappreciated

This is a tribute to all those who work at Clinch Valley College who don't seem to get the recognition they deserve for all the hard work they do.

I was prompted to make a comment about this because someone as an office the other day and as ranting and raving about how they were being unappreciated.

of Tamara Robinson and Margie Schoenwald. When I hear someone or even myself complain about the way the system is, I think of all the students that complain when they go to work.

When I think of all the people who are unappreciated, I think of all the people who are unappreciated.

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Student supplies a few rules for Spring Break

Well, Spring Break is here, and I know that some of us plan to go somewhere warm, clothing is optional, and illegal things are done on a regular basis. Of course, to have a really good time there are rules you need to follow. So, of course, to help you out, here are some of these rules will be told.

First, make a list of what you will need from the most important to the least. It might start something like this: alcohol (beer of all types and liquor that will make you drunk as soon as you take the cap off the bottle), condoms, money for the times in the bars, stuff for the beach, and maybe some clothes. Now, you should have some things taken care of in advance, like a hotel.

The hotel by some people should be a nice place with a view of the beach a couple of floors up. This might be what you want, but it doesn't have to be spacious or

at penthouse level. First, you just need a place to crash (away from the bars), and to put your extra beer. Second, try to get the ground floor. You would look pretty stupid climbing the stairs to the eighth floor or trying to reach the UP button in the elevator on your back.

Another thing that is very important- somebody sober! I know, I know- no one wants to be sober during Spring Break. But when you need to get out of trouble, this is the person to do it. For example, you're so drunk that you need help holding your mug of beer. You don't happen to notice the person next to you is trying to pick you up. You take up the offer, and go home with the person and have a good time (at least the part you remember was good). What are the things that could happen, huh? The person could be so ugly that he doctor slapped the mother at

birth; somebody of the same sex or the opposite sex, depending on your sexual preference; or, worse, you forget how to use a condom and all of a sudden your new name is mommy or daddy. See why a sober person is important. And if you drink on the trip to where you want to go, how the hell are you going to get there without a sober driver?!

On the drive to your paradise, you might want to have a map. If you just want to ask for directions, plan another couple of days to get to your destination. Plan for a lot of pit stops- you know that somebody will be drinking. Do the speed limit in case the police are out in full force. You don't want to waste beer money on bail money do you?

So how do you know if you had a good Spring Break? If you don't remember it, you might have had an excellent Spring Break! submitted by Thomas Rind

The Tutoring Center

Open Mon-Thurs.
8am-9pm
Friday 8am-5pm

Tutoring is free for all CVC Students

Math Lab in McCraray

Mon + Wed 9am-2pm

Tues + Thurs 10am-3pm

Friday 10am-2pm

Open to all students in Math 090-101



Corrections in last week's edition

The article last week, titled Highland Players present The Rainmaker, was written by Carolyn Hankins.

Please acknowledge our mistake, and give her credit for a well written article.

Also in the same article, the gentleman playing the Sheriff in The Rainmaker is William Harper. We accidentally left out his last name.

Readers will notify the HC staff of any corrections that need to be made.

The Highland Center

Melanie Farley Sports Editor Patrick Witten Faculty Advisor Christy Morgan Ad Manager Jeannie Mullins Business Manager

Jarred Williams Entertainment Maggie L. Ulrich Photographers Josh Jett, Graham Marsteller

UNIVERSITY OF VIRGINIA

Christy Morgan, Jeannie Mullins, Jarred Williams, Maggie L. Ulrich, Josh Jett, Graham Marsteller, Carolyn Hankins, Christy Morgan

Sports

1998 golf team hoping to begin play soon

Melanie Farley Sports Editor

The first match for the 1998 Clinch Valley College golf team is tentatively scheduled for March 10th, against Pikeville and Alice Lloyd Colleges.

The matches are not "official" to date, due to the on-going debate surrounding both high school and collegiate play on the Lonesome Pine Golf course in Big Stone Gap. Head Coach Jim Stewart said that a committee is still deciding whether or not to allow CVC to host golf matches on the private course, and hopes that the decision will be made soon.

Because the CVC golf team's first three matches are scheduled to be played on this course, the contests may have to be canceled if the committee votes to prohibit colle-

giate play.

A chance does exist, however, that the committee will only eliminate the high-school golf teams from play, and senior CVC golfer Richard Runyon feels that this decision may be fair in that, "16-18 players on the range at one time disrupts the members."

Runyon suggested that the high school teams practice on a separate range prior to play in order to determine the six men team which will actually compete. Runyon also mentioned that because CVC's golf team is already relatively small, that this team other teams like it should present no real problem to the members of Lonesome Pine.

This year's CVC golf team includes seniors Richard Runyon, Josh Hughes, Chad Rowland, Chris Ratliff, Todd Jackson, and Tim

Iddings, sophomores James Hughes and Mike Mintor, and freshman Jody Riggs.

In Stewart's words, seniors Richard Runyon and Josh Hughes are the "bread and butter for the team." Stewart also mentioned how impressed he was with the arrival and performance of freshman Jody Riggs.

Stewart feels that due to the abilities of the returning lettermen as well as the promising successes of new recruits, the CVC golf team should be "very competitive." Stewart then added, "This year should be the year to excel."

If Lonesome Pine decides to halt collegiate play, the CVC golf team will compete in their first match on March 30th, at the King College Invitational in Bristol. Best of Luck in the 1998 season!

Men's and Women's tennis heats up

Melanie Farley Sports Editor

The men's and women's Clinch Valley College tennis teams have been battling it out, as the men played Emory and Henry on Sunday, March 1st and the women went up against Lincoln Memorial University on Friday, February 27th.

The men were victorious in their matches, as they defeated Emory and Henry 8-1. Coach Danny Rowland explained that this win was extra special, because it represented CVC's first victory in six or more years over the Wasps in tennis.

While the women's tennis team was not able to capture a win against LMU with a final score of 8-1, Coach Rowland believes that everyone on the team, "played

well."

Both the men's and the women's tennis teams are currently shaken somewhat, as junior Kevin Rubink struggles with a foot injury and freshman Lacy Gilley is out for a few weeks with an illness.

The next scheduled tennis matches, for both the men's and the women's teams, are scheduled for this Thursday, March 5th, at Milligan.

After these matches, the women's team will resume play after Spring Break on March 18th against VI and the men will begin playing again as they travel to face Bryan College on March 21st.

The next home matches will be played on April 6th against King College. Matches usually begin at 2 or 3 p.m. Good luck teams!

First home softball game today

Melanie Farley Sports Editor

The first home game for the Clinch Valley College women's softball team is scheduled for today, as the Lady Cavaliers take on the Pioneers from Tusculum College.

This year's team includes Dana Booher, Stephanie Brumfield, Anee Duncan, Missy Gragg, Christy Morgan, Christy Plant, Carla Ratliff, Tiffany Stallard,

Christina Street, Wendy Street, Sara Vanover, and Jessica Varner.

To date the Lady Cavaliers have played two games. On February 26th, the team traveled to meet Pikeville College and on March 2nd, they hit the road again to face Walter State.

Although the Lady Cavs were defeated in both games, they have many more games ahead in this very busy 1998 season. Today's game will be played on the field located above the commuter lot.

Upcoming Games:

- March 7th.....Roane St.
- March 14th....Virginia Intermont
- March 17th.....Emory & Henry
- March 20th.....Roane St.
- March 21st.....Tn. Wesleyan
- March 26th.....Pikeville

CVC Intramural Report: volleyball championship games played

Melanie Farley Sports Editor

The intramural volleyball season is officially over as the championship teams have proudly established themselves.

All four top seeds in the men's volleyball competition advanced to the semi-finals which were held last Wednesday and Thursday. In an upset, the team

Rapid Fire defeated the previously undefeated Thugs to advance to the championship game against the team

Nation of

Nation of

Domination who entered into the final match via forfeit. The women's championship game saw the Doobie Sisters and Girl Power going head to head.

The Doobie Sisters overtook Girl Power in the first game of the championship match with a score of 15-11. Girl Power fought back in the second game, however, as they scored 15 points to the Doobie Sisters' 11. Finally,

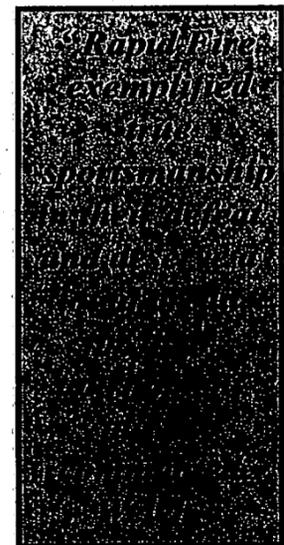
in the deciding contest the Doobie Sisters proved victorious as they defeated Girl Power with a huge 15-1 finish.

The men's championship match, which Student Activities/Intramural Coordinator Ronnie Welch called, "very exciting," had spectators lined up on the sides of the court

cheering the teams, and even some coaches watching from the upper windows of the gym.



Intramural men's volleyball champions: Nation of Domination



In game one, Rapid Fire rolled over Nation of Domination 15-5.

Then, in game two, Nation of Domination came back to defeat Rapid Fire 15-12. In the third and final game, Nation of Domination captured the win with an extremely close score of 20-18.

Of the men's championship match, Welch commented, "Rapid Fire exemplified true sportsmanship in their defeat and deserve a lot of credit for their tournament play."

For the regular intramural volleyball season, Mitch House and Rob Beverly became co-M.V.P.s for the men's teams, and Heather Austin's outstanding abilities placed her in the position of M.V.P. for regular season play in the women's division.

In tournament standings, Will Massey earned the M.V.P. title for the men and Thra McCall's performance took her to M.V.P. status for the women.

Both the men's and women's volleyball champions received T-shirts after their matches.



Intramural women's volleyball champions: Doobie Sisters

The first two rounds of indoor soccer took place on February 26th and March 1st. More games are planned to last through March 22nd and the tournament will start on March 28th.

As a reminder, intramural softball is right around the corner. Anyone wishing to play can stop by Ronnie Welch's office in Cantrell Hall to pick up a registration form.

Entertainment

There is nothing to fear but *Sphere* itself...

Jarrood Williams
Entertainment Editor

The new film *Sphere* disappoints offering little terror or suspense unless the horror of such a bad cinematic experience or the constant guessing of when the damned thing will be over counts.

The likes of such renowned actors and actresses as Dustin Hoffman, Samuel L. Jackson, and Sharon Stone offer much promise in the opening credits, but from there on out *Sphere* takes a quick trip down into the depths of movie oblivion.

The film starts with a psy-

chologist named Norman (Dustin Hoffman) who is being transported out into the middle of the ocean to help in what he has been told is a plane crash.

When Norman reaches his destination he soon learns that all is not as it appears.

The navy has uncovered a huge spacecraft that apparently crashed into the middle of the ocean in the 1700s and Norman is part of a team sent to make contact with any possible existing alien life.

Members of the team include Harry (Samuel L. Jackson), a math genius, Beth (Sharon Stone)

a biophysicist, and Ted (Liev Schreiber), an astrophysicist.

The navy has put a man named Barnes (Peter Coyote) in charge of the operation. Barnes accompanies the team as they travel to an underwater habitat where they will reside while exploring the spacecraft.

Inside the spacecraft the team uncovers an otherworldly sphere. From here on out, things get...bad, the acting the camera-work...you name it BAD.

Most of the films acting is horribly lack-luster and the camera work consisted mostly of extreme close-ups which became highly annoying.

Rated PG13 (violence, language)

Wedding Singer through the wringer

Carolyn M. Hankins
Entertainment Writer

Ah...Valentines Day, the day of romance, weddings, and Adam Sandler. February 14, 1998 *The Wedding Singer* opened starring Adam Sandler as Robby and Drew Barrymore as Julia.

This corny movie set in the 1980's was a blast from the past for generation X.

It had everything from the rad lingo to the funky red multi-zipper Michael Jackson jacket that everyone had but will not admit to.

As far as plot goes it was very basic. Engaged boy meets

engaged girl, boy gets drunk and realizes he is in love with girl and the chase begins.

There is a few interesting scenes with Julia's best friend (Christine Taylor) who is a Madonna look alike and Robby's best friend who is a limo driver. One cannot forget Robby's piano player George. George brought life to the show with his impression of Boy George singing the Culture Club classic *Do You Really Wanna Hurt Me*

However, the best scenes are the Wedding Receptions when Adam Sandler sings all of our favorite songs from the eighties (which can be found on the

soundtrack or on all your old records) and the ass grabbing barmitzvah when a "healthy" kid got to be the lucky man to dance with Barrymore and grabbed her bottom which led to a veritable plethora of ass grabbing fun.

This movie is okay but it does not hold up to the standards Sandler set for himself in *Billy Madison* and *Happy Gilmore*.

My recommendation is not to see this movie in the theatre wait for it to come out on video, unless you are a hopeless Adam Sandler fan like yours truly.

1/2 stars out of *

Rated: PG13 (for violence and ass grabbing fun)

Pro-Art presents *The Artie Shaw Orchestra*

Press Release

On March 18 area citizens can thrill to the best of Artie Shaw's big band music as directed by Dick Johnson.

The Artie Shaw Orchestra will appear at Powell Valley High School Auditorium in Big Stone Gap at 7:30 p.m.

Pro-Art Association, in collaboration with Clinch Valley College of the University of Virginia, presents the program as part of the W. Campbell Edmonds Memorial Concert Series.

Co-sponsors are the Town of Big Stone Gap, Mountain Empire Community College, and Bill and Pat Miller.

Playing and directing Artie Shaw's music is a labor of love for Dick Johnson.

Shaw once wrote a book entitled *The Trouble With Cinderella*, an autobiography of a

complex musical genius. When Shaw asked Johnson in 1983 to front his orchestra, Johnson realized this was his own "Cinderella" story.

Earlier, Shaw had heard one of Johnson's recordings and he wrote a note to Johnson's



Press Release Photo

Director Dick Johnson

manager. It said, "Dick's clarinet playing, as of this time, is the best I've heard, bar nobody, and you can quote me on that, anywhere, any time."

Johnson unabashedly idolizes

Shaw, the clarinet titan. He now performs his "Concerto for Clarinet" at every concert since it was the first big band recording Johnson ever purchased.

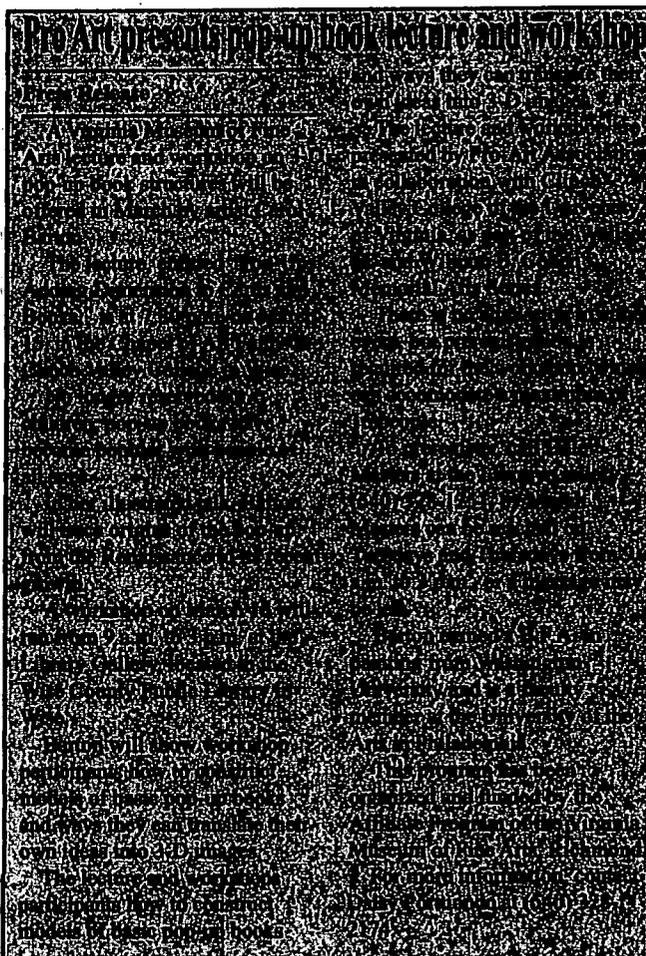
The Artie Shaw Orchestra has a formula for pleasing the full spectrum of an audience, from those who love "Begin the Beguine" to jazz fans.

Johnson's big band experience began with Charlie Spivak and it was followed by Buddy Morrow, Neil Hefti, Benny Goodman and Buddy Rich.

He is happy now to be directing the Artie Shaw Orchestra, carrying on the Shaw legacy, and giving audiences a chance to experience the big band era and plenty of jazz.

Admission is free for Clinch Valley College students who show a valid I.D. card at the door.

For more information contact Daisy Portuondo at (540) 328-2174 or 376-1083.



Storyteller comes to MECC

Press Release

A treat is in store for the audience when Angelyn DeBord appears March 12 at Mountain Empire Community College's Dalton-Cantrell Auditorium.

Admission is free. DeBord's program will begin at 12:15 p.m.

It is presented by Mountain Empire Community College as part of the Cultural Art Series, and co-sponsored by Mountain Empire Community College Foundation, Inc. and Pro-Art Association.

DeBord's years of performing experience are evident as she steps onto a stage and pulls the audience into a humorous, emotion-packed adventure.

She shifts characters, in the blink of an eye, from wild and raucous to tentative and tender.

Speaking with a voice reflecting her deep roots in the Smoky Mountains of North Carolina, DeBord's language is full of poetry and visions.

"Coming from a background with a very strong oral tradition," she says, "my work centers around the importance of being able to tell your own story with

pride and confidence."

She says she has "held on with ferocious determination to the belief that the individual's family and place are a source of immense information and education."

DeBord's "homemade tales" is an energetic, humorous and often personal collection of folk stories. These stories are heavily laced with real-life memories and have a strong emphasis on Appalachian culture and dialect.

An original member of Roadside Theatre of Whitesburg, KY, she has performed or lead workshops all over America and Europe.

Her original plays have appeared on PBS and have been featured at the Carnegie Museum, Los Angeles Art Center, and the John F. Kennedy Center for the Performing Arts in Washington D.C.

This program is made possible, in part, by a grant from the Virginia Commission for the Arts in partnership with the National Endowment for the Arts, a federal agency.

For more information, call (540)328-2174 or 376-1083.