



The Highland Cavalier

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Clinch Valley students attend rally for Dole



Students attending the Dole rally include from left to right: Steven Sproles, Andrea Waldron, Autumn Carroll and Shawn Furr. The photo was taken by Mylene Deltlar.

Andrea Waldron
Staff Writer

Several members of the Clinch Valley College's Young Republicans attended an election rally for presidential candidate Bob Dole on Thursday, Oct. 3, 1996.

Those attending the rally included Mylene Deltlar, Andrea Waldron, Autumn Carroll, Shawn Furr and Steven Sproles.

The former Kansas senator spoke to an exuberant crowd of supporters on the issues of taxes, economy, and smaller government.

Along with a discussion of current issues at hand this election year, Dole outlined his plan to alleviate the tax burden on the

middle class.

Contrary to Dole's reputation as a dull, monotonous speaker, his speech roused the crowd with enthusiasm.

The speech evoked an overall feeling of unity and direction among those in attendance.

Dole urged all Americans to vote, and encouraged the audience to bring registered voters with them to the polls on election day.

A large number of twenty-something Dole supporters also attended the rally.

Dole's visit provided Southwest Virginians, East Tennesseans and local students with an opportunity to see american politics directly at work.

Decision on yearbook postponed during SGA meeting

Amy Howard
News Editor

Members of the Student Government Association decided to investigate the progress of the 96-97 yearbook before making a final decision to cut funding of *The Outpost* completely, during last Wednesday's meeting.

Student Government President Mike Murrell-Fields said a decision must be made soon concerning the fate of the yearbook.

"The money has already been allocated for this year, but this vote is for next year's *Outpost*," Murrell-Fields said.

A suggestion was made by Clinch Valley student Laura Deel to review the progression of this year's yearbook before a final decision was made. If *The Outpost* was developing at an appropriate rate, than producing a yearbook might be a option in the future, Deel suggested.

SGA Vice President Soren Bakken said the SGA and the students of Clinch Valley, "have reviewed the progression of *The Outpost* in the past three years."

Bakken also added, "Look what has been produced so far. I don't think we should have to review it anymore."

Murrell-Fields accepted Deel's suggestion to postpone

SGA, see pg. 2

Importance of honor code stressed at conference

Stacy Nicholson
Editor-in-Chief

Clinch Valley's Honor Code was debated last month by student leaders during the Student Leadership Conference at the Garden Plaza Hotel in Johnson City, Tenn.

"We are trying to build more prominence for the Honor Court," said Vice-Chancellor of Student Affairs Dr. Gary Juhan, "that's why we swore in the Honor Court Chairman, Jim Porter, the same time that we swore in the SGA President Mike Murrell-Fields."

Juhan said that the Honor Code has not fallen by the wayside, but went through a period of neglect. "We need to pass the Honor Code along to every Freshman class. There is just no tradition," said Juhan.

Juhan said that this generation faces a great deal of pressures from a more complex world. "We still need to value honesty and integ-

riety. We still need to honor our word, although there are some that will argue this generation will resist popular thoughts," said Juhan.

Juhan discussed the differences between Clinch Valley's Honor System and the University of Virginia's Honor System. "The big difference between UVA's system and ours is that if you are caught cheating at UVA, you are expelled. Here at CVC, we have a multiple sanction system," said Juhan.

The multiple sanction system here at Clinch Valley allows for the more control over verdicts by the Honor Court.

There are also only eight students on the Honor Court, while there are more than eight on UVA's Honor Court.

Members of the Honor Court were invited to attend, as well as its advisors, were invited to the conference.

This discussion was part of the Leadership Conference that



Photo courtesy of Chris Clise

Students recently met at the annual leadership conference in Johnson City, Tenn., to discuss the responsibilities of leadership qualities on campus and the importance of the honor code.

brought together leaders of campus organizations. "I think it went real well. We had a good diversity of students and staff from across the

campus," said Juhan. \$2000 was spent on the conference.

HONOR, see pg. 2

Editorial, page 2

Editor discusses relationships

News, page 3

Jones crowned CVC's Queen

News, page 4

SGA's Ace programming board

Sports, page 5

Cavs take on Wesley in Norton

Entertainment, page 7

Stone presents jam session lesson

Opinion

Editor-in-Chief comments on the realm of relationships

Stacy Nicholson
Editor-in-Chief

I'm concerned about the world of relationships this week in my editorial. We have a great deal of relationships in our lives that affect our very existence.

Like a bad version of Sartre's play *Huis Clos*, the way we see ourselves is often the way other people see us. Our generation is influenced by the way we look or how "cool" something appears.

We may feel sad, but we may present ourselves as the happiest person on the face of the Earth.

We are afraid of showing a person our true selves, simply because of fear of ridicule.

There is a fear of the truth in modern America. Where did this

fear come from? There is a school of thought that believes that the media has presented an image of how we are supposed to act; characters like Rambo or the Terminator have placed a thought in the back of our heads that the ideal person needs to be this strong silent type.

Another school of thought believes that we do as our parents did.

For example, someone's father may not cry because he didn't want to show that he was weak or that he was scared.

Or maybe we live in a world where no one is supposed to fear anything, or maybe we cannot hurt openly.

We go behind closed doors and

talk, but openly, we cannot admit that we have a problem. Everything is a secret.

Over the past week, I have made



the discovery that I am not a super-human force of nature, but a mere human.

Over the past few weeks, I've felt that I've had to bear the weight of the world upon my shoulders, but I wound up hurting some close friends around me.

It took someone honest to approach me and confront me about what was going on. I thought I was doing well and right, but she pointed out that I failed horribly at trying to be superman. Over the past week, someone else told me I had to share my responsibilities.

She said that it was okay to ask for help, because it didn't mean that I was weak, but that I was human.

Sometimes, we get lost in the microcosm that we fashion for ourselves.

We become the center of our own universe and we do not listen to those around us. Sometimes, those voices try to save us from ourselves.

Although this has been a trying

week of college for a lot of people, it has been a learning week as well. Thanks to those voices around me and sorry for letting things slide. I'll bear the weight, but I will be a little more honest with not only you, but myself.

Don't be a rock, because you'll crumble without support. As a rule of thumb, please be honest with those around you. Things may build up and it may be to late for discussion.

In the heat of an argument, we sometimes say things that hurt others and sometimes, we cannot correct what has been wrought.

We need to remember that those around us have feelings too. Always remember that, sure, life stinks sometimes, but life is good as well.

Young Democrats' president gives thanks to all involved

Dear Editor,

I want to take this opportunity to thank the members of the Young Democrats, Young Republicans, Pi Kappa Phi, and Don Trivitt for all their hard work during the registration drive this week.

You are the giving the students of this campus a chance to make a difference in a way that no other country can.

You are making it easier for the students on this campus to exercise the most important right they have, the right to Vote.

Voting is something that we all take for granted as Americans. What we do not realize is how powerful a actually is.

For example, in the election of

1992, The United States of America had a revolution.

We changed the controlling party of Congress from Democrat to Republican, and we changed our leader from Bush to Clinton.

In just about every country this kind of drastic change only happens after many have paid their lives, but in the United States of America the cost of a revolution was a few million votes.

I don't know about you but I think this is pretty amazing.

So remember, a vote is a powerful thing, so use it, and use it wisely.

Carolyn M. Hankins
President of the CVC Young Democrats

Pi Kappa Phi Fraternity pins six new associate members this fall

David Grimes, Nicole Fleming, Jason Hulvey, Seth Blanton, Jon Bliscoe, Jerry Stone, Brian Brantley

On Thursday, September 26, the brothers of Pi Kappa Phi Fraternity pinned six new associates. Pining is when an associate is given his pledge pin by the fraternity. This is the beginning of their journey towards brotherhood.

In conjunction, each new associate class is assigned a Greek letter to represent them. The current class is Alpha Iota. The new members of the Alpha Iota class are David Amos, Doug

Arrington, Brian Dwyer, Nicholas Hervey, Jason Hulvey, and Jon Bliscoe.



The Pi Kappa Phi Fraternity was founded on December 10, 1904 at the College of Charleston, South Carolina by Lawrence Harry Nixon, Simon Fogarty Jr., and Andrew Alexander Kroeg Jr.

The Omega Chapter of the Fraternity was originally founded in 1988 by brotherhood and Gamma Xi membership.

The chapter on campus, which was originally the Beta Chi, initiated 22 members to the Eastern Epitaph Chapter of Pi Kappa Phi on March 1, 1992.

The fraternity currently has 24 members and seven associates.

The brothers of Pi Kappa Phi would like to congratulate these new associates, and wish them luck in the up and coming months in their journey towards brotherhood.

Jones crowned 1996 Clinch Valley Homecoming Queen

Amy Howard
News Editor

Kiera Jones was crowned Clinch Valley College's 1996 Football Homecoming Queen during the CVC-Butler half-time festivities on Sept. 28.

Jones is a senior English communications major and a native of New York City. She currently resides in Woodbridge, Va.

Jones is involved in several organizations on campus including the Highland Players and the Multi-Cultural Alliance. She is a senior representative for the Student Government Association, and the head residence assistant

for McCrary and Crockett residence halls.

According to Associate Professor of Philosophy David

Rouse, Jones is the first African-American woman to win a football homecoming crown at Clinch

"We were all really honored to be on the homecoming court"
—Kiera Jones

Valley.

"I just want to thank everyone who voted for me. We were all really honored to be on the homecoming court," Jones said.

The 1996 homecoming court included seniors Jessie Kettler, Keri Messer and Renee Roberts, junior Katie DeFore, sophomore Bridgette Stallard and freshman Angel Mefford.



Photo courtesy of Hassan Majeed

Pictured left to right are: Jessie Kettler, Keri Messer, Kiera Jones and Renee Roberts.

HONOR, from pg. 1

which included: dinners, breakfasts, transportation, t-shirts, rooms, and space rental for the conference. "I felt this investment was worth every cent," said Dr. Juhan.

Clinch Valley's Leadership Conference has become an annual event in which student representatives from each campus organization are invited to participate.

The conference hopes to develop leadership skills of attendants.

The Highland Cavalier needs staff writers and photographers with darkroom experience! Interested? Call 328-0212!

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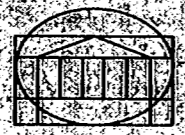
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Photo by Roger Proffitt

Students dance the night away at the Homecoming dance at Holiday Inn last weekend sponsored by the SGA.

Coffeehouse offers atmosphere, place to gather

Andrea Waldron
Staff Writer

Having grown up near Washington, D.C., I spent a great deal of my adolescence in cafes and coffeehouses.

I found them to be relaxing, if not usually quiet spots where I could slip away to read or write.

When I relocated to Richmond at the age of 20, it was only a matter of days before I found myself submerged in some back corner booth; book in hand, coffee having grown cold. So, upon my moving to Wise, I found myself in quite a panic — surely Wise County would have no such place!

As luck would have it, the Wise Inn happens to provide just such a hideout. In fact, it only took me one day to find out about it, so it comes as a great surprise that at this late date, so few people on campus now of its existence.

Living on a tight budget, in addition to being extremely reluctant to eat more cafeteria food



Photo by Roger Proffitt

The Wise Inn Coffeehouse

than necessary, I have found that for about \$15 three people can enjoy a really fantastic lunch.

Everything is prepared from original recipes, all of it delicious and affordable.

However, much to my chagrin, the coffee sometimes leaves something to be desired. Sometimes it's weak and sometimes it has an almost deadly strength.

Unfortunately for those who do not enjoy just a regular cup-a-joe, cappuccino and its evil cousin, flavored coffee, are not available yet. Don't fret — the management is working on it, along with getting

a license to serve beer. The atmosphere is excellent. The historic Wise Inn is located on Main Street (make a left at the light down the street and is kept going straight), and is open Monday through Thursday. Through the week, the shop closes at 9:30 p.m. On weekends, the Inn closes at 10:30 p.m.

SGA, from page 1

a final decision and agreed to monitor The Outpost for an additional month.

The Outpost has been under fire recently since a yearbook has not been published since 1994.

A poll was taken during SGA elections in September in which a majority of students voted to discontinue the \$19,000 funding of the yearbook.

Also SGA Treasurer Cam Arthur announced funding amounts for each Clinch Valley campus organization.

Arthur said, "A lot of organizations asked for money that was not under the guidelines of U.Va. For example, we can only give \$55 for prizes, and many organizations asked for prize money."

The total amount of money given to campus organizations is \$12,960.

The amount does not include \$2,500 allocated for travel expenses

which are provided when organization turn in travel receipts.

Funding was provided to these organizations: CVC Art Guild, \$690; Multi-Cultural Alliance, \$720; College Republicans, \$300. Omicron Delta Kappa, \$70; Phi Sigma Sigma, \$505; Highlanders, \$732; Government and Law Society, \$975.

Also included are the: Student Activities Board, \$150; Phi Beta Lambda, \$1,140; Darden Society, \$150; Phi Kappa Phi, \$765; Commuter Club, \$226; Zeta Alpha, \$993; Alpha Delta Chi, \$1,695; Inter-Greek Council, \$1,368; Pi Lambda Phi, \$1,950, and the Psychology club, \$600.

The SGA is allocated a total of \$20,317 to use toward events such as homecoming, the spring formal and the annual Jam for Man concert.

Miss ACE Programming Board meetings, lose organization funds

Andrea Waldron
Staff Writer

Every meeting the ACE Programming Board holds is mandatory. If a campus organization misses one meeting, that organization is served with a warning. If an organization misses two meetings, their allotted funding for that year will be revoked.

All organizations on campus which are funded by the SGA must attend a mandatory ACE Programming Board meeting before any funds are approved, or any reimbursements made.

Soren Bakken, SGA vice-president and chairman of ACE, said prior to the development of ACE, communications between organizations and the SGA were deficient. The ACE Programming Board was developed in 1993 to coordinate interaction between all of the organizations on campus, and to offer a forum for these organizations to tell the SGA what they have planned. ACE also was designed to help with activity scheduling. Since the inception of the Student Activities Board, ACE is no longer involved with activity programming. Instead, ACE serves primarily as an indicator to determine the success rate of organizations.

Organizations are preparing to present their annual budgets to the Student Government Organization this week.

Students pay an activity fee with their tuition. This fee funds the SGA and the ACE Programming Board. These activity fees fund not only the SGA, but all organizations on campus. When asked how the SGA or ACE has the authority to pull any organization's funding, both Mike Murrell-Fields, SGA president, and Bakken cited rules and regulations that have been handed down from The University of Virginia.

Sports

CVC defeats Wesley, roll to 5-0 on the season

Jason Hulvey
Staff writer

This past weekend the Clinch Valley Highland Cavaliers played their second straight home game against the Wesley Wolverines.

The Cavs came into the game ranked eighth in the NAIA weekly Coaches Poll. They also hoped to put together another solid game both offensively and defensively.

The Wolverines came into the game also undefeated, after knocking off Townson State 24-0 a week ago.

Offensively, Wesley ran from a single back formation without a huddle. The Wolverines big threat was offensively was running back Brandon Steinheim.

Coming into the game Steinheim has rushed for at least 100 yards in 14 straight contests. Defensively, the Wolverines showed different formations. Their dark horse defense had only given up 10 points all season.

Clinch Valley got on the board late in the first quarter, following great defensive efforts by both teams, up to this point, in the football game.

Quarterback Ron Hicks, who was 11 for 28 passing for 162 yards, hit wide receiver Anthony Richards striking down the left sideline. Richards raced the rest of the way for a 65 yard TD.

Jay Withrow added the extra point and with 0:11 left in the first quarter, CVC had a 7-0 lead.



HC photo by Dave McMillian

Quarterback Mike Burns sets up the offensive line to begin another series of play for the Highland Cavaliers in thier 25-15 win over Wesley.

Wesley finally got on the board early in the second quarter, following more outstanding play by the Cavalier defensive unit.

Running back Brandon Steinheim, who finished with 119 yards rushing on 29 carries, got outside of defense and went 14 yards for the score. The point after was good and with 10:25 left in the first half the game was tied 7-7.

Both teams then traded punts for almost the rest of the half. The Cavs then got a good drive going late in the half.

The Wolverine defense stiff-

ened, however, and the Highland Cavaliers had to settle for a 22 yard field goal from Withrow and with 2:31 left in the half CVC had a 10-7 lead.

Clinch Valley went into the locker room up 10-7 in a defensive struggle.

Clinch Valley started the second half at their own 7 yard line following a fumble on the kickoff. The Wesley defense came up big and forced the Cavs to punt.

The snap, however, sailed over Withrow's head and through the endzone for a safety and the CVC

lead was cut to 10-9 with 14:03 left in the third quarter.

Wesley's offense then started to show signs of life following the safety. The Wolverines drove down the field to the Cavalier 5 yard line. From there, Steinheim went off right tackle for the score, his second of the game. The try for the two point conversion failed and with 10:04 left in the third quarter Wesley was up 15-10.

The Cavalier offense then got things going again early in the fourth quarter.

Great passing by Hicks, who was injured on the drive, and strong running by Ralph Carter and Greg Thomas got the ball down to the Wesley 20 yard line.

After Mike Burns replaced an injured Ron Hicks, the hand off went to Thomas, who then went around right end for the score.

Backup quarterback Mike Burns hit wide out Rod Burnette in the end zone for the two point conversion, and CVC regained the lead, 18-15, with 10:08 left to play in

"It was a total team effort", said in unison by Greg Thomas and Rod Burnette

the game. The Cavs defense stepped it up a notch and stopped Wesley's high octane offense the rest of the way.

Clinch Valley added some insurance late in the ball game. CVC went on a 99 yard scoring drive that was capped off when Thomas, who finished the day with 143 yards rushing on just 15 carries for a whopping 9.5 average, went right up the gut and bolted 70 yards for

WESLEY, see pg. 6

CVC runners split Chancellor's Cup after tough weekend in Bluefield

Randolph Forest
Asst. Sports Editor

Having the home course advantage, the CVC Cross Country team stepped it up a notch by splitting first place with King College at the Inaugural Chancellors Cup Cross Country Open.

This historical happening was held on Saturday, October 5th.

This marked the first time in team history that a race was run on the beautiful CVC campus.

After rain and fog all week long, the day was a perfect day for running as the temperature was in the high 50's and the sky was very clear.

The course was designed by CVC runners Hugh Salyers, Don Trivett, and Eric Thomas in the early part of the week. After the rain however, the course turned out to be much harder than it was de-

signed to be.

The womens race, which was started around 10a.m., started at the bottom of the hill that leads up to the football practice field.

Ginger Branham, who finished sixth, was once again the only CVC woman runner.

Also competing in the womens division of the Chancellors cup were Emory & Henry, who eventually won the womens title, King College, and Tusculum College who finished second.

The men's race started and finished at the chancellors house right next to the Martha Randolph Hall. Competing were Clinch Valley, Tusculum College, and King College.

The Cavaliers started off strong, but slowly died out as two runners from King finished first and second.

Following King colleges second

man was Hugh Salyers who finished a very close 3rd place. Jason Marshall finished in 5th place behind another King runner.

Both Salyers and Marshall received ribbons for finishing in the Top 5.

Also finishing this rugged course were Eric Thomas (7th), Randolph Forest (9th), Don Trivett (11th), and Robbie Mullins (14th).

The total points scored by the Cavaliers were 35, the same total of points scored by King College, thus the split for first place. The finish was the best the Clinch Valley College runners had obtained during this season.

Chancellor Jay Lemons presented the awards, which were ribbons and trophies, to the excited winners.

One King runner said "This was absolutely the toughest course that I've ever run."

Maybe running in front of the home crowd more often will give the CVC runners a good boost to take the TVAC Championship.

The team has continued to show improvement through each race, making the possibility of a championship more and more realistic to the runners as well as all of the supportive fans.

In Bluefield, the Cross Country team managed an eighth place finish at the Big Blue Challenge that was held on Saturday, September 28th in Bluefield, West Virginia.

Despite the course being very muddy, the Cavaliers showed a strong performance in the race, as they competed against very talented schools.

Besides the course being very muddy, it was mostly on flat grass, a dirt road, and one giant-sized hill. These conditions made the race very difficult for the runners to

compete at their best level.

"With all the rain and mud, the course was very difficult," said Hugh Salyers as he led the Cavaliers finishing in 37th place.

Eric Thomas who finished 44th said "This course was so muddy, it was like ice-skating barefoot."

Also finishing the race for the Cavaliers was Jason Marshall (39), Rob Mullins (51), and Don Trivett (53).

When asked about the meet, coach Jim Collie said "Despite the weather, a good effort was turned in by everyone. If a couple of our runners would have been here, we might have placed higher in the meet."

The Cavaliers will look to improve on this tough run as they are still preparing to try to bring home a TVAC championship.

Hopefully the Cavaliers will do just that.

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Clinch Valley College Intramural Report

Jasan Rodriguez
Sports Editor

As the intramural season rolls on, more and more students are getting involved. This may be due to dire boredom, but more likely because of the hard work of Todd Gambil and the Students Activities Board.

This weeks report centers on the end of the flag football regular season. All-teams will make the single elimination tournament that begins on Wednesday.

This tournament not only establishes the best from the rest here at Clinch Valley, but it also allows for a lucky few to continue their dream season.

Both the men's and womens champions have the opportunity to travel to New Orleans wherethey will have a chance to participate in

a national touney.

"There are three or four teams that would represent us well in New Orleans" said Gambil. Obviously, there are high hopes for this years flag football champions.

The cost for this trip, however, is split between three groups: the SGA, the Office of Intramurals, and the pockets of the winners. That's right, save your beer and laundry money, you champions have to help foot the bill for this all expenses not paid vacation.

Thus far, the fa-

vorites seem to be warming up for the post season. In the mens divi-



Courtesy of Todd Gambil
The Vipers, in blue, try to advance the ball against DPL, in red. DPL won the game 64-6.

sion teams Brand X and Strange Brew look to clash for the crown.

They are chased by a number of teams who could pull off an upset at any time.

In the womens' division, it looks to be the Doobie Sisters in the finals. The other teams seem to be packed together, so watch out for a close finish.

In a jump from the football field to the clay courts, we swing over to intramural tennis.

Scott Kiser (2-0) and Kara Goins (2-0) remain the only undefeated. Their only threat seems to be

from Andre Agassi and Monica Seles.

As far as the intramural season is concerned, the past was good, the present has been better, but just wait until you see what's coming in the future.

Its time to dust off the cross-over, iron out the no-look passes and work on your vertical. Five on five basketball season is almost here, with sign-ups ending on October 23.

Also, Strat-o-matic football, maybe the world's safest football game, ends its registration on October 28. Be sure to sign up in Cantrell Hall for any of these events before the deadline ends.

This should close-out this weeks update of Clinch Valley's Intramural Report. Keep an eye out for all of the highlights here, in the next edition of the *Highland Cavalier*.

WESLEY, from pg. 5.

the touchdown.

With throw added the point after and with 1:48 left to go the Cavs were up 25-15.

The CVC defense held against a final Wesley Wolverines offensive charge, which gave the ball back to the Cavaliers.

The Highland Cavaliers offense then used the powerful running game to run out the clock.

The Highland Cavaliers had knocked off a

very good Wesley team 25-15 in a battle of undefeated teams.

"It was a total team effort" said

"The field was awful, we had

no traction" next week to host Cumberland, KY. The game is the third home game in a row for the Cavs.

The win ran the CVC record to 5-0 on the season while the Wolverines fell to 3-1. Clinch Valley College continues to play an extremely tough schedule that features six

returns home again next week to host Cumberland, KY. The game is the third home game in a row for the Cavs.

Game time is set for 1:30 at Carroll Dale Stadium in Wise. The Cavs are on a quest to keep their undefeated season alive this week against Cumberland.



Photo by Dave McMillian
Mike Burns drops back to pass against Wesley on Saturday. Clinch Valley won the game 25-15 against the NCAA Division III powerhouse.

in unison by Greg Thomas and Rod Burnette.

NCAA football teams. Clinch Valley



Photo by Dave McMillian
Coach Ramseyer calls a play for the Cavs against Wesley College.

Love sports? Like to write? Come and join the Highland Cavalier staff! For information, call Jasan Rodriguez at 376-4001.

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Entertainment

Tool guts your soul and sings you a tortured lullaby

Brian Brantley
Staff writer

Hidey ho there good neighbor. Yes its your friendly reviewer once again here to bring you the scoop on new music. This week I'll be reviewing the long awaited release from the industrial band Tool.

The album is entitled *Aenima* and it is a must have! Four years ago the quartet released their monumental debut album *Undertow*. Featuring such classics as "Prison Sex" and "Sober", Tool grabbed audiences and hit them square in the face. The music videos for the two hit singles were cutting edge, featuring creepy claymation type footage.

With hammering drums and crushing guitars, *Aenima* not only bashes you in the face, but continues to pummel your senses into oblivion. The first cut, "Stinkfist", is a combination of

his and lows. Starting you off on the low end, you are suddenly ripped into a whole new world as singer Danny Carey hurls you then skulls you.

Carey's singing diversity is more than amazing. The man has the ability to put you asleep or have you grabbing the edge of your chair with white knuckles and blood shot eyes. Tool also shows that not all bands have to go all out all of the time.

"Hooker with a penis" is a piano driven relaxation piece that only goes to show the diversity and dexterity of this band. It would sort of remind you of the type of music you might find on a yoga tape. The beauty and elegance they display will blow your mind out right.

Not only is the music more than just good but as an added bonus you have two different albums to choose from. You have the regular 15 song release minus the nifty full motion cover

and special inserts and you have a special limited edition version which features 4 extra songs.

The special release features a nifty little jewel case that includes motion pictures of such things as California appearing and disappearing beneath a watery grave. It also features an insert motion picture of a guy performing felatio on himself. So lets see if we can sum this up. *Aenima*, the new release from Tool is 77 minutes of non-stop gear pounding, nerve popping, teeth grinding, ear damaging, guttural decadent torture chamber music. Its really good too.

However, I've given away far too many secrets already. I'd like to keep this album to myself for just a little bit longer. I know that as soon as people get their hot little hands on this one, it will spread like a plague and I'll hear it everywhere. Then again, that might not be so bad.

This release is definitely one for the collection. Unlike some albums that clog toilets, Tool cleans the whole bathroom spotless. Hell, this album cleans the whole house spotless.

WALL OF SOUND

CVC's weekly guitar column by Jerry Stone

This week's synchronizing your playing

Now we've own a guitar, how do we play it? One of the problems I see with young players is that the right hand never is right with the left, without that there is no consistency.

One thing that helped me out is a little exercise (Figure A) I made up and will warm up with. My little exercise helps consistency with the use of alternate picking.

Alternate picking is a concept which involves up strokes as well as down strokes on single strings. My exercise also includes pull offs, which are made by pulling the note after it is picked and releasing and plucking it with your finger to sound another note.

In this case that note will be the open note of D. I end it with a standard D chord but this is usually after practicing the exercise faster and faster. It not only helps with consistency, the pull-offs help my hand strength and speed.

This exercise can be applied to any string, I just prefer D. Don't be discouraged if you can't do it at first. It is a hard exercise. Another good exercise for picking is the beginning of Kirk Hammett's ending solo (Figure B) in Metallica's song "the 4 Horsemen (Kill 'em All)".

For beginning players, the above exercise may seem too advanced. The next exercise (Figure C) involves the C chord, the Am chord

and my own version of a "walkdown B chord" (Figure D).

This exercise follows a very basic downstroke, up stroke combo. With the walkdown from the C to this Am gives you better control of your left hand-right hand technique.

The walkdown is especially important because you must complete the C in good time for it to sound right. But like all things, timing will take practice.

Look at it this way, once you master this technique, you will have mastered one of rock's old guitar cliches. One example of a classic alternate picking and walkdown is in Boston's "More than a Feeling" (Figure E). Here the walkdown is more complex, but a great feat when it is achieved. Anyway, I've practiced on long enough. Get practicing! C-ya next week.

If you have any questions or comments about the tablature or have any suggestions or requests, contact Jerry Stone at the Highland Cavalier office. Also, if anyone has access or information about a tablature writing program, contact either Adam Burrell or Jerry at 328-0212.

Wild Kingdom

By Anthony Rubino, Jr.

Squeaky's Big Day

Once upon a time, there lived an adorable little white mouse named Squeaky. One day he was scurrying about happily. His tiny pink nose wiggled as he sniffed the air in search of food. When suddenly, he happened upon a tasty morsel of cheese. Squeaky's favorite! The treat was attached to a large and deadly mouse trap. Uh oh! Squeaky eagerly snatched the cheese and... Oh happy day! The trap didn't go off! Squeaky got away!



Unfortunately the cheese was tainted with a generous portion of rat-poison which caused Squeaky to hemorrhage internally and die a slow, painful, bloated death.



The End.
Other Children's Stories By Wild Kingdom:
"Timmy and His Tapeworm"
"Friendless Doug and His Slimy Pet Slug"
"Betty The Cow Meets The Stun Hammer"

- ^ up stroke ~ pull off
- v down stroke
- e high E string E low E string
- 1 Index Finger 3 Ring Finger
- 2 Middle Finger 4 Pinky Finger

[Figure A]

C									
3	0	5	0	3	0	5	0	3	0
E									
3	0	5	0	7	0	5	0	3	0

3	0	2	0	3	0	2	0	3	0
E									
3	0	5	0	3	0	5	0	7	0

0	0	7	0	5	0	3	0	2	0
E									
0	0	7	0	5	0	3	0	2	0

[Figure B]

12	13	14	12	13	14	12	13	14	
E									
12	13	14	12	13	14	12	13	14	

[Figure C]

0	2	1	0	2	0	3	2	2	1
E									
0	2	1	0	2	0	3	2	2	1

[Figure E] [B chord]

2	3	2		2	3	2		1	
E									
2	3	2		2	3	2		1	
0			0	0	0	0		0	
0			3	0	2	0		3	0
0			3	0	2	0		3	0

Richmond boys working it up late ni^t

UNIVERSITY' by FrankCho

Jon Biscoe
StaffWriter

Yes, Avail is back. Most people are saying to diemselves: "who (or what) die heck is AvaU? WeU, Avail is a four-piece band from good old Richmond, Va, Their new album, *4AM Friday*, is their third offering of super-charged melodic punk/hard-core.

If you're into bands like Fugazi or CIV, then Avail is probably right up your alley. They might even appeal to fans of bands like Rage Against the Machine, 311, although they have none of those band's hip-hop affectations.

Singer Tim Barry is a master at crafting insanely fast songs with indistinguishably barked vocals on die verses and catchy, sing along choruses.

While *4AMFriday* isn't quite as accomplished as the record preceding it (*Dixie*) it still offers a lot of intensity, the root of the hard-core scene.

I draw quite a few parallels between Avail and Green Day. While the two don't sound very similar musically, (Green Day is pure Southern California pop-punk while Avail is an amalgam or Busker Du, Bad Religion, Mfaior Threat, and all the points in-between) Avail is in tlie same place that Green Day was a few years ago- on indie giant Lookout!

records, having released a few albums which were well received on the underground music circuit, having a huge and devoted grass-roots fan base, and a radio-friendly sound.

Not many people knew who Green Day were before MTV devoured diem, and it wouldn't surprise me if Avail mded up the same way in a year or two. If your average suburban kid had heard Avail four or five years ago, he would've run screaming. Now that kid is buying music like this at any discount store. The face of the music industry has changed. What once was non-acceptable, now is.

So, there is Avail, waiting to become popular pop culture icons like Nirvana. They, and dieir style of music, would be perfect to come along and stir up die stale and nonchalant world of "alternative" MTV generation pop rock; i.e. bands like Silverchair and the Refreshments who recycle Nirvana riffs and call it cool. We could all use-a little change, and Avail could provide that

AvaU has an undeniable fiity and power, tempered just enough by their sense of mekxlicism and harmony to be die "Next Big Thing." Of course, then hard-core would become die next fad, and all of die "alternative" rock music Tor the next two years or so would be Black Flag, FUpper, and Husker

Du rip-offs, but, hey, at least it, woiUd be different But I presume too much, no doubt This is all just my opinion.

4AM Friday doesn't offer a broad diversity of material, it is simply one up-tempo, punky song aftw another, pummeling your eardrums mto submission. I've got no problem with diat But Avail is also intelligent en o i ^ to throw in a few surprises and keep things interesting.

There's an acoustic version of "Swing Low," complete with chicken pickin' guitar solo that segues into "F.C.A.," one of die best tracks on the CD. It's sort of fimny to hear "swing low.sweet chariot.." explode into a raucous punk tune.

The only song that really deviates from the Avail formula is "Hang." It sounds like...well, I'm not sure what it sounds like, but it's not dieir normal style. A few points of interest include "Simple Song," "Order," "McCarthy," "Monroe Park," and "Nameless."

For more information about Avail or Lookout! records, you can write to them at: Lookout Records, PO Box 11374, Berkeley CA 94712.

Also, if you do manage to track down some Avail, and you like it, check out bands like Ashes, Oti-zen Fish, Kepone. and Sick Of It All. Thanks for reading. Scale of *1-10, 4AMFridaygeisal.*

A s - H t M n w w r

4.11ES > KfM

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