Discrepancy causes changes in bookstore

By Gary Parsons
Highland Cavalier

Clinch Valley College's bookstore will remain Clinch Valley College's bookstore—at least for a time—because the college and Anderson Brother's Book Company were unable to reach a mutually satisfying agreement, according to Steve Mullins, Assistant to the Chancellor, yet there will be one change—absence of Estelle Meade, the former manager of the bookstore.

Mullins said that the bookstore's services and policies will remain the same as last year as far as students are concerned, although from a bookkeeping point of view some adjustments have been made in how books will be ordered by the store. Mullins said that the college originally had intended to contract the bookstore to a bookstore company who would then run the store for the college, in keeping with the college's policy to contract out many of the services that before this year had been provided in-house.

What brought about the discrepancy between the arrangement now operating in the bookstore and what the college intended was a contract dispute between the college and the company who originally had won by bid the option to run the bookstore, Anderson Brother's Book Company, which also operates a bookstore in the campus of the University of Virginia at Charlottesville, according to Mullins.

Mullins said that Anderson Brother's Book Company failed to provide a college educated manager, a requirement stated in the college's specifications for bidding on the store.

Mullins said that last years bookstore manager, Estelle Meade, was acceptable to the Anderson Brother's Book Company but did not meet the college's requirement of having a college degree.

Meade said she was given as her reason for being released a lack of work and a lack of money. Meade said she was confused about her release because the bookstore is still operating and "someone's running it."

Meade said that she was the person selected by the Anderson Brother's Book Company to run the college's bookstore. Meade said that while there was never an agreement "on paper, they hired me on a handshake."

The college didn't want me

See page Store, Page 4

Seminar deals with stresses of college

By Pamela Norman
Highland Cavalier

“Appea for help is a sign of courage—not weakness.” That's the message Norman Winegar is trying to relay to college students who are experiencing stress-related problems as they adjust to college life.

Winegar and fellow counselor Susan Sheridan, both from the Holston Mental Health Service in Kingsport, Tenn., conducted a seminar Monday for first-year college students to help them overcome the stressful atmosphere that is usually associated with entering a new environment.

Nineteen percent of freshmen entering college will experience some type of stress, drug or alcohol related problem in their first six months at school, noted Winegar.

For that reason, Holston Mental Health Service, at the request of Clinch Valley College, has established the Student Assistant Program which will offer free and confidential counseling services for students.

Winegar said the transitional period, when students are making the change from high school to college, is a complex problem

See page Health, Page 4

On the Inside

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Opinions

Give Fritz and Company a chance to harmonize

By Fischer Dunn

A friend of mine recorded an album a few years back. It was popular outside of our circle and captured the attention of the Mass Media. However, Fritz and Company has not acknowledged the album's release or credited the artist.

The latest episode was when Fritz and Company's album was hand-delivered to Chancellor Edmond Moesner a plate of food from the cafeteria. The album consisted of a hamburger, French fries, and a salad. Fritz and Company were not aware the food had been received until they saw the plate's contents.

Fritz and Company responded promptly. "We don't want to make a big deal out of this," they said. "We just want to be acknowledged for our work." Fritz and Company added that they are working on a new album and hope Fritz and Company will acknowledge it when it is released.

Do you ever have trouble getting started?

By Jim Collins

Do you ever have trouble getting started? I do. I don't have any trouble starting a new project, but the idea of starting a new project can be intimidating. It can be disheartening when people frighten me. I don't know how to say yes. And I suspect that others do too. We want to be perfect in everything we do. We want to be perfect in our perfectionism, too. We want everything to be just right. That first meeting, that first email, that first assignment, etc., has to be perfect. So, we put it off as long as possible. But when do we stop putting things off? The truth is, we are making new friends, enjoying classes, maybe even in love. If you can be a musician in school, and that's or us.

Festival

Dock Boggs Festival will move from Clinch Valley to Wise Fairgrounds

By Elkmor Hopkins

If you like traditional mountain music and want to see Dock Boggs then be at the Wise County Fairgrounds on October 4 for the Dock Boggs Festival. The festival will feature new locations and new performances, including Dock Boggs himself. The festival will also feature a map and a schedule of events that will be posted on the Dock Boggs Festival website.

Events planned for the day-long event will include workshops, performances, and an open-mic session. The festival will also feature a "Dock Boggs" concert, a tribute to the musician's career.

Registrar advises CVC students of rights

The Registrar's Office at Clinch Valley College would like to inform students of their rights concerning educational records. These rights are outlined in the Family Educational Rights and Privacy Act (FERPA), the Family Policy Compliance Act of 1974, and the Barlett Amendments, effective January 1979.

1. The registrar will provide all of its records, except those covered by FERPA, to anyone who has been enrolled by the College and which are related directly to the student.
2. To receive copies of those records upon payment of a fee.
3. To obtain copies of those records upon payment of a fee.
4. To receive a response from the Registrar in a reasonable time and at a reasonable cost.
5. To receive a transcript from the Registrar in a reasonable time and at a reasonable cost.
6. To receive a transcript from the Registrar in a reasonable time and at a reasonable cost.
7. To receive a transcript from the Registrar in a reasonable time and at a reasonable cost.
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Captive Audience

A friend of mine recorded an album the other day. I was listening to it the other day. I heard good things of his. I think about that statement every time I hear it. He's searching for a new perspective on a different perspective on a different perspective. The latest episode was when Fritz and Company's album was hand-delivered to Chancellor Edmond Moesner a plate of food from the cafeteria. The album consisted of a hamburger, French fries, and a salad. Fritz and Company were not aware the food had been received until they saw the plate's contents.
Jill Coleman
Highland College

The 1986-1987 edition of the Clinic Valley College yearbook, The Outpost, is not finished yet and the publication is in debt, according to Mrs. Linda Conley, faculty advisor to the yearbook.

By Leigh Ann Skelton
Highland College

The 1986-1987 edition of the Clinic Valley College yearbook, The Outpost, is not finished yet and the publication is in debt, according to Mrs. Linda Conley, faculty advisor to the yearbook.

At this point, Conley said, the yearbook staff has just sat completed the book, although no plans have been made at this time to get last year's seniors their copies of The Outpost, Conley said.

"I don't know if we'll be able to sell enough pictures to fill the book," Conley said.

"I don't know if we'll be able to sell enough pictures to fill the book," Conley said.

Chris Fields, Co-editor of the Outpost, said that the absence of a full time photographer during the spring semester of 1986 posed a great problem to the completion of The Outpost.

Fields October that another cause for the delay of the yearbook is the amount of time due to the ignorance of a photographer with the Highland College.

Conley said that the college yearbook is in debt about $4,000 dollars at this time. The reason for the large debt is because of outstanding bills from the past two years.

According to Conley, in 1986-87 the Outpost had a debt of $3,000 dollars which was added from 1985-1986 more debt, thus leaving The Outpost without enough money to complete last year's yearbook, Conley said.

A beam of light can travel around the Earth in just one-tenth of a second.

Black Diamond #5

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Located across from Wise Lumber Supply
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"Welcome to all new students at CVC."

10% Discount for CVC Students

"ISM" Sunset Tanning Bed
Stay tan through the winter

"ISM" Sunset Tanning Bed
Stay tan through the winter

Te'd Barret
Jill Coleman

Sessions
$30
$20

328-2875
Reagan declares war on substance abusers

**By Kelley Kennedy**

If you are eager to get a degree, be ready to undergo rigorous academic standards and maintain a good grade point average. Otherwise, you may end up公主在government. Director Mullins told the president that retired school teachers have advised students and encourage to crack down on the use and abuse of drugs at a national level. Mullins stated that the plan he followed was joining Mrs. Reagan in the war against drugs. Mullins has published a book on how to combat drug abuse.

**Get a headstart on the gift-giving season**

The Clinch Valley College Alumni Association is hosting a Christmas in October! This event will be held on October 22nd, from 8 a.m. to 12 noon, at the Clinic Valley Regional Library in Wise. The event will feature a stock of Christmas cards, napkins, wrapping paper, and other gift items. The proceeds will go towards the library's holiday needs.

**Clinch Valley alumni picnic and reunions scheduled**

The Clinch Valley College Alumni Association is hosting a picnic and reunions scheduled for this fall. The events will take place on Saturday, October 22nd, from 10 a.m. to 2 p.m., at the Clinic Valley Regional Library in Wise. The event will feature a stock of Christmas cards, napkins, wrapping paper, and other gift items. The proceeds will go towards the library's holiday needs.

**FOOD POLICY**

On September 9, 1988, the Food Service Committee met with Mr. Fritz, the Food Service Manager, to discuss the following issues:

- **Complaint Resolution**: Preference of surveys will be given to students so they can choose their favorite menu items. The survey results will be compiled and used to improve the food service.
- **Sorority rush week to begin**: The President of the Alumni Association has planned a series of events to welcome new members.
- **A Matter of Record**

The Highland College believes in the use of information to make informed decisions. We have set aside the need for more understandable communication. Call (703-328-2225, ext. 269)

It was Clayton Wills, not Stan Wills, whom we quoted on the page of the September Newsletter.
Outdoor recreation plentiful in SW Virginia mountains

By Roy Russell
Highland Cavalier

With fairly warm weather still upon us and winter quickly creeping up, it is a good time to take the opportunity to get out and discover the beautiful and interesting surroundings of Southwestern Virginia. There are many outdoor parks and recreation areas within reasonable driving distance of the college which offer such outdoor activities as hiking, camping, rock climbing, or just a peaceful retreat to nature for relaxation.

One of the most popular spots near the college is High Knob. Many students frequently refer to the entire area located in the Jefferson National Forest as High Knob, but there are many just as interesting areas in the same vicinity. You can reach High Knob by traveling through Norton on Rte. 23. There are plenty of signs to make it easy to find.

Hiking is one of the more popular activities found at High Knob. There are many trails to choose from, such as High Knob Trail which is 1.5 miles long and leads to the panoramic views of High Knob Tower (4,182 ft.). Other trails include High Knob Lake Shore Trail (0.6 mi.), and Mountain Fork Trail.

Along with hiking, High Knob Recreation Area boasts camping, swimming, fishing, and picnicking facilities - a spot for all tastes in very panoramic surroundings. Another very lush recreation area located in the Jefferson National Forest is Little Stoney, more commonly referred to as Bear Rock. The easiest access to Little Stoney is through the Hanging Rock Picnic Area located near Dungannon.

This area features three breathtaking waterfalls, two about 24 feet and one eight feet in height. Little Stoney possesses one of the most spectacular rock formations in Southwest Virginia. The rocks make for excellent climbing adventure. There is also a wide variety of vegetation growing in the Bear Rock areas which pose for a very profitable experience with nature.

Kitchen Rock Trail and Bark Camp Lake Trail are not as well known as High Knob or Little Stoney, but offer just as much beauty and excitement. Kitchen Rock Trail is an 0.5 mi. walking/hiking loop within a hardwood forest. Not far from the loop is Bark Camp Lake Trail. This trail begins at a beaver dam which crosses to a well-designed path around the lake for 0.7 mi.

Wildlife at both trails include Wood Ducks and Beavers. There is also fishing for species such as bass, muskellunge, and sunfish. However, there is no swimming allowed.

For the Speelunker, or cave excavator, the Cave Springs Recreation Area would be an excellent choice. The area is located near Big Stone Gap and Kookee. An exceptional example of rock outcropping is located within walking distance of the recreation area. The Stone Mountain Trail (originating at the area) leads to a cave which hides a subterranean stream. A lot of interest was shown last year at a place known as Lake Flannigan. Flannigan is equipped with cliffs that are excellent to dive off of as well as for climbing.

Lake Flannigan is located past Clintwood, back in the mountains. The water is surprisingly clear and makes for great swimming and rafting.

If you are at all interested in outdoor sports, you are located in one of the best areas in the state for such activities. You have at your finger tips, a world of trails, cliffs, and caves, to let the outdoor sportsman (or woman) in you free. Experience the vast wonders of nature provided by the Appalachian Mountains.

Anyone seeking more information on facilities in this area should check out the numerous books in the library, or visit the Ranger Station located adjacent to the CVC baseball field.

### Intramural football kicks off at Clinch Valley

**INTRAMURAL SCHEDULE**

<table>
<thead>
<tr>
<th>GAME TIMES</th>
<th>GAME1 6:15 pm</th>
<th>GAME2 7:00 pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sept. 22</td>
<td>1 - Wolverines vs. Phi Kapps</td>
<td>1 - Brew Crew vs. Beam's Best</td>
</tr>
<tr>
<td>Sept. 23</td>
<td>2 - V.E. vs. Brew Crew</td>
<td>2 - Phi Kapps vs. V.E.</td>
</tr>
<tr>
<td>Sept. 24</td>
<td>1 - Beam's Best vs. Phi Sigs</td>
<td>1 - Phi Sigs vs. V.E.</td>
</tr>
<tr>
<td>Sept. 25</td>
<td>2 - Blazers vs. S. Comfort</td>
<td>2 - Brew Crew vs. Phi Kapps</td>
</tr>
<tr>
<td>Sept. 29</td>
<td>1 - Wolverines vs. Brew Crew</td>
<td>1 - Wolverines vs. Beam's Best</td>
</tr>
<tr>
<td>Sept. 30</td>
<td>2 - Phi Kapps vs. Phi Sigs</td>
<td>2 - Blazers vs. V.E.</td>
</tr>
<tr>
<td>Sept. 30</td>
<td>1 - V.E. vs. Southern Comfort</td>
<td>1 - Southern Comfort vs. Phi Kapps</td>
</tr>
<tr>
<td>Sept. 30</td>
<td>2 - Beam's Best vs. Blazer</td>
<td>2 - Phi Kapps vs. Brew Crew</td>
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**CHAMPIONSHIP GAME**

**TOURNAMENT GAME**

**RAINDATE**

**TOURNAMENT GAME A**

**TOURNAMENT GAME B**

**CHAMPIONSHIP GAME**

***Top 4 teams qualify for tournament.***